





# **December 2023 News**



## **November Parents Day Out**

Parents Day Out, an opportunity for parents and caregivers to get a few hours to do whatever they want, was held at the YMCA on Saturday, November 18. Read More Here



Walla Walla County Outreach & Transition Specialist

Hello WWVDN Families/Supporters. My name is Krystal Ceron. I was born and raised in Portland until 7 years ago when I moved to Walla Walla. I am a mother of six children and a small farm.

Read more here

## A Note From Parent to Parent...

Winter is in full swing and Christmas is right around the corner. I think back to the year behind us and I can't help but be thankful for the WWVDN network and the families and agencies that support us by showing up to meetings, events, trainings and recreation opportunities. I get the gift of working with some fabulous people who have become more like family to me. I am thankful for each one of you.

December is a busy month for all and our staff slow down to spend time with family during this month. We hope to see you at the Parade of Lights and at our Holiday Party. I have included a few other community offerings that may be of interest to you.

We will be available to meet with you personally, over phone, or email until the end of business day of December 22 and our office will reopen on January 2, 2024.

Have a Merry Christmas and a Happy New Year!

Your Parent to Parent Coordinators, Angie Witt and Ysabel Fuentes

#### Community Events:

Holiday Barrel Weekend-Enjoy a glass of wine with friends at the many wineries in the area December 1-3, 2023

Holiday Light Parade on Alder and Main St.

December 2, 6:00-7:00 PM

Feast of Carols-Chism Recital Hall on Whitman Campus

December 3, 3:00 PM

Different school and musical groups perform; free entrance with a nonperishable food donation

College Place Winterfest

Thursday, December 7

4:15-6:00 PM-Vendors, Santa and tree lighting @ College Place Fire Station

6:00-7:30 PM-Parade along College Avenue and fireworks.

2023 Holiday Party
Friday, December 15 at 6:00 pm





Bring a dozen of your best baked cookies to share with everyone, or just bring your appetite and enjoy sweet treats with cocoa. Put on your dancin' shoes and enjoy some holiday tunes. Visit Santa and get your photo taken. Meet new friends and connect with old ones. All this and more at the holiday party!

**RSVP for Holiday Party** 



## **SOAR Events - For age 13 and over**

Come to the Holiday Party on Friday, December 15 from 6-9pm and enjoy the festivities.

SOAR is taking a break from December 15 until the New Year and has lots of fun things in store for 2024 - including Challenger Basketball in January!

**Visit the SOAR Events Page** 

Check your inbox for a reminder email with dates, times, and locations after you register.

Sign Up is Open for those age 18 and over who wish to join the Whitman Buddy Program. Activities will resume in February.

**Whitman Buddy Program** 

# Mamás Especiales

Martes 19 de diciembre, 5:00 - 7:00 pm

Reunión de apoyo solo para mamás que hablan español.

**RSVP** a Ysabel

# **Parent to Parent Gives Back**

Tuesday, Dec 19 at 5:00 pm



Gather with us to make holiday cards that will be shared with area senior citizens to brighten their day. Please RSVP so we make sure there are enough card-making supplies for everyone.

**RSVP for P2P Gives Back** 



# Monthly Activities & Events December

Dec 19, Centro para niños y familias - 5:00 pm

#### Parent to Parent Walla Walla

Dec 19, P2P Gives Back - make cards for seniors - 5:00 pm

#### **Parent to Parent Columbia County**

Dec 10, at the Dayton Eagles - 5:30 pm

See Calendar of Events

# **Community News & Activities**

# **YMCA Adaptive Swim Lessons**

Class size limited to 4 participants

**Registration Ends Dec 7** 

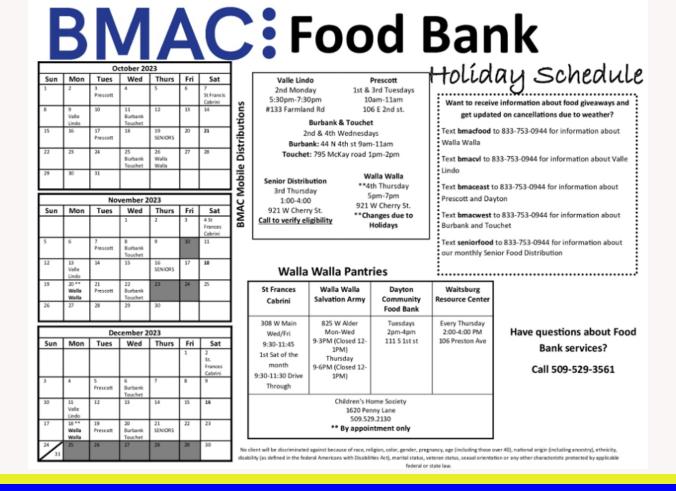


Session Dates: Dec 11 to 21, 2023

Lesson Time: 6:20-7:00 PM (Mon - Thurs)

Cost: \$50 for the 2-week session

**More Information** 



# **Blue Zones Project**

## **December Events**

December events include: Reduce Stress with the MELT Method, Walk & Roll Moai, Pottery Painting, Snowshoeing Excursion, Address the Stress Presentation, Healthy Holiday Cooking, From LEGO to Living Room: The Stuff and Spaces of Real Family Life, Purpose Workshop with YMCA, Volunteer with BMAC Food Distribution.

Details & Registration for Events

### Order Free At-Home Covid Tests Now

Every U.S. household can again place an order to receive four more free COVID-19 rapid tests delivered directly to their home. To order from covid.gov, click <a href="here">here</a> and to order from usps.com, click <a href="here">here</a>.

## **VRS Cooking & Craft Classes**

Please visit their <u>Facebook page</u> for more information or call 509-540-0935 if that works better for you.





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