May 2026 Newsletter

Your partnership and support of our programs, activities, and the families we serve—those who have a loved one with an intellectual or developmental disability—mean the world to us.

Donate to Support WWVDN Programs

Save the Date: Ability Walk & Roll 2026

Saturday, May 16 from 1:00 pm to 2:30 pm



Join friends, family, and community members with disabilities and those that love them as we walk and roll at College Place High School in celebration. Register now or in-person at the event.

Deadline for online registration is Thursday, May 14

Register to attend AW&R

P2P Family Story: Walla Walla Special Olympics - Living on the Court



"On Friday, February 27, 2026 Special Olympic Washington (SOWA) Basketball Team the Walla Walla Warriors embarked on a 3-hour road trip to the city of Wenatchee, Washington to compete in the 2026 Winter Games." **Read More**

Note From Parent to Parent

As we step into May, there's a sense of renewal all around us. The days are longer, the weather is warmer, and there's an energy that comes with this season of growth. It's a natural time to reflect on where we've been and look ahead to what's next, both for our families and our community.

Over the past few months, we've continued working to create spaces where families feel supported, connected, and understood. Whether it's through small gatherings, resource sharing, or simply checking in, each interaction matters. Even when attendance is low or schedules are busy, the heart behind what we're building remains strong. A place where no one feels alone in their journey.

We know that for many families, this time of year can bring both excitement and uncertainty. Transitions, like the end of the school year, changes in

routine, or planning for summer, can be challenging, especially for children with developmental differences. If that's where you are right now, you're not the only one navigating it. Support looks different for every family, and we are here to help you find what works best for yours.

Looking ahead, we're excited about opportunities to gather and connect in new ways. Summer is just around the corner, and with it comes programs, events, and chances to build meaningful experiences together. We encourage you to stay connected, share your needs, and let us know how we can continue to support you.

This month, we also invite you to reflect on the small wins. Progress doesn't always look big or obvious, but it's there. Whether it's a new skill, a moment of connection, or simply making it through a tough day, those moments matter.

Thank you for being part of this community. Your presence, your stories, and your resilience are what make this work meaningful.

WWVDN Events

WWVDN MAY EVENTS OVERVIEW

May 2026

WALLA WALLA VALLEY Disability Network

No cost to attend. For more Information and to register for any event, visit wwvdn.org Calendar of Events or use the QR code pictured

For children, adolescents, and adults with intellectual and developmental disabilities, as well as their families, who may feel isolated, overwhelmed, and exhausted. We offer information and connection.

WALLA WALLA VALLEY Disability Network ABILITY WALK & ROLL

For Everyone: Ability Walk & Roll, Saturday, May 16, 1:00 pm to 2:30 pm

For parents and caregivers of children and adults with disabilities

Parent to Parent
Inform | Support | Connect

Parent to Parent in May

Mon, May 4, 5:00 to 7:00 pm
Papás y Mamás Especiales: Cinco de Mayo

Sat, May 9, 10:00 to 2:00 pm
Mom's Day Out

Fri, May 15, 6:00 to 7:30 pm
Columbia County No Host Dinner

Parent-to-parent coordinators are available to provide one-on-one assistance with paperwork or to answer questions about disability services and support agencies.

Connect&Play

Caregivers connect while children (12 years old or younger) play

Tuesday, May 12, 4:00-5:30 pm
Relax & Enjoy an afternoon at the playground

For Parents: Relax and enjoy the company of other parents raising kids with disabilities.

For Kids: Fun at the park. Run, play, have a great time outdoors.

For children, teens, and adults with disabilities.

LIFT Learn Imagine Friendships Thrive Ages 5 - 8 & RISE Reach Inspire Socialize Explore Ages 8 - 12

LIFT & RISE: For children with disabilities aged 5 to 12

Mon, May 4, 3:30 to 5:00 pm
Tinker & Create Lab

Mon, May 11, 3:30 to 5:00 pm
Messy Science Lab

Mon, May 18, 3:30 to 5:00 pm
Game Makers Lab

We are combining LIFT & RISE into one group in order to facilitate friendships, offer activities for children 5-12 more frequently, and provide more opportunities to practice social skills and learn through play.

SOAR Social Opportunities And Recreation Ages 13 and up

SOAR: For adolescents and adults with disabilities aged 13 and over

Tues, May 5, 5:00 to 6:00pm
Whitman Buddy Program: Bowling Night

Mon, May 11, 5:50 pm
Movie Night (The Sheep Detectives)

Tues, May 19, 5:00 to 7:00 pm
Music BINGO

Tues, May 26, 5:30
Movie Night (The Mandalorian and Grogu)

For more information on all of these events and to RSVP, please visit the Calendar of Events (button below)

Calendar of Events

Volunteers Make a Difference



Opportunities Available:

Fridays, May 8, 15 & 22 - Challenger Baseball: Buddy

More Info Here

Community Offerings

- **BMAC Housing Application Clinic** - Every Wednesday 10:00 am
- **DDCS: Community First Choice Video Playlist**
- **Developmental Disabilities Administrative Appeal Project**
- **Food Pantry Resources**
- **Parenting, Patience, and Disability Study** - Concludes after May 2026
- **Project ECHO: Parent Education Series** - Thursdays, May 7 to June 25 12:00 pm
- **WA Developmental Disabilities Council History & Visioning Project**
- **Walla Walla Food Resources**
- **Washington State ABLE Savings Plan**

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