

June 2021 News & Events



Parent to Parent Intern Kristen Hanson

by Angie Witt

I would like to introduce Parent to Parent's intern, Kristen Hanson. Kristen is attending WWCC in the Human Services Social Work program. She got into this program and is interested in social work because of her beautiful daughter Hannah who is 8 and is diagnosed with Autism. [Read More](#)

For more family stories, please visit our Parent to Parent page:

[Parent to Parent](#)

A Note from Parent to Parent

Spring is winding down and summer is upon us and with that, Covid restrictions are lifting. We are opening up for more events in person, but do ask that you self-screen and check your temperature before attending. Also, masks will be required unless we are able to be outdoors and/or 6 feet apart. We want to keep everyone healthy to enjoy the summer months and the many activities that are happening. I encourage you to check out our [website](#) and also the opportunities with our community partners like the [City of Walla Walla](#) and the [YMCA](#) or the school [Summer Sol](#) program for all Walla Walla Public School students.

Remember we are here for you and would be happy to meet in person or via zoom. Please call us to set up an appointment.

Sincerely,
Angie and Ysabel



Helping Parent Training

June 12, 11:00 am to 3:00 pm

[More Information & Registration](#)

Father & Kids Cornhole Tournament

Saturday, June 12

5:00 pm at Menlo Park

Toss the bean bags and make it a competition or just for fun.



[Information & Registration](#)

Better Together: Youth Social Club

June 15, at 4:00 pm

[Information & Registration](#)



Better Together: Adult Social Club

June 22, at 6:00 pm

[Information & Registration](#)

Both social clubs are meeting at the Center for Children & Families located at 1150 W. Chestnut St, Walla Walla



Monthly Activities & Events

June 2021

[See Calendar of Events](#)

Mamas Especiales

Fridays, June 4, 11, 25 - 1:00 pm Spanish Speaking Support Group

Monday, June 14 - 6:00 pm at Center for Children & Families

Columbia County Art in the Park

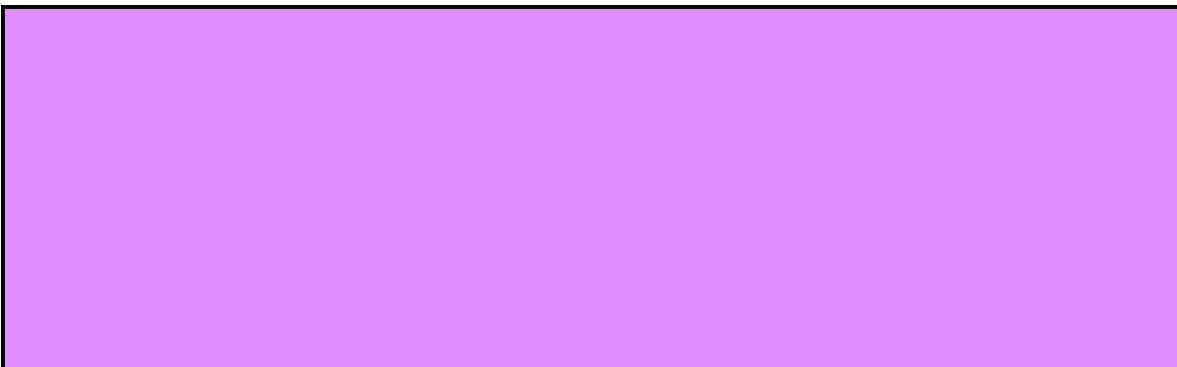
June 11 - 5:30 pm ([RSVP](#) to insure enough supplies)

Senior P2P Appetizer Party

June 16 - 6:30 pm (at Center for Children & Families)

Autism Family Meeting

June 24 - 6:00 pm (at Center for Children & Families)





LIVE LONGER, BETTER.

BLUE ZONES PROJECT WALLA WALLA VALLEY EVENTS

**JOIN US ALL
MONTH FOR FREE,
community-wide
events to kick off
Blue Zones Project
in Walla Walla
Valley.**

Each week, we're focusing
on a core theme that helps
people live longer, healthier
lives: Connect, Eat Wisely,
Move Naturally, and
Right Outlook.

**Scan QR code with
your phone to learn
more and sign up:**



CONNECT

June 5th

Coco

June 6th

Finding Nemo

Outdoor family movie night
in Walla Walla and
College Place



EAT WISELY

Week of June 6th

Plant Start Dining: a guide
to eating like a Blue Zone
resident here in the Valley

Virtual and In-Person Cooking
Demos with Local Chefs
(Tues. & Thurs.)



MOVE NATURALLY

Week of June 13th

Community Walkability
Assessments
(Mon, Thurs. & Sat.)

Walking Moais
(Sun, Mon., & Wed.)



RIGHT OUTLOOK

Week of June 20th

Purpose Workshops
(Mon, Wed., & Fri.)

Yoga in the Park
(Thurs, Fri., & Sat.)

Virtual Meditation Sessions
(On Demand)

RSVP: wwwvalley.bluezonesproject.com/kickoff



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Live Longer, Better.

Join us all month for free, community-wide events to kick off Blue Zones Project in the Walla Walla Valley!

Each week we're focusing on a core theme that helps people live longer, healthier lives: Connect, Eat Wisely, Move Naturally, and Right Outlook.

The fun begins on Saturday June 5th and Sunday June 6th for family movie nights in Walla Walla and College Place. Followed by cooking demonstrations, walking moais, Yoga in the Park and much, much more throughout the month of June!

more information & reserve your spot



Childcare, Respite,
Community Engagement



Education



Employment & Finances



Equipment & Assistive
Technology



General Resources



Government Agencies &
Programs



Health (Mental & Physical)



Housing



Social & Recreation

Website Highlight:

Did you know that our website (www.vdn.org) contains a great deal of information about local resources in several different categories?

[Go to Local Resources Page](#)

Accessible Communities Advisory Committee

Seeking applicants for openings on the County Accessible
Communities Advisory Committee (ACAC) - Due by June 11, 2021

[More Information & Application](#)

Looking for help due to Covid-19 (Coronavirus)?

Covid-19 Resources



Do you know how to contact your legislators?

Share your story with your elected officials.

They need to know how their decisions affect your life.

Find my representatives here

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