

WWVDN 10-Year Anniversary - 2024



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## March 2024 News

*March is Developmental Disabilities Awareness Month*

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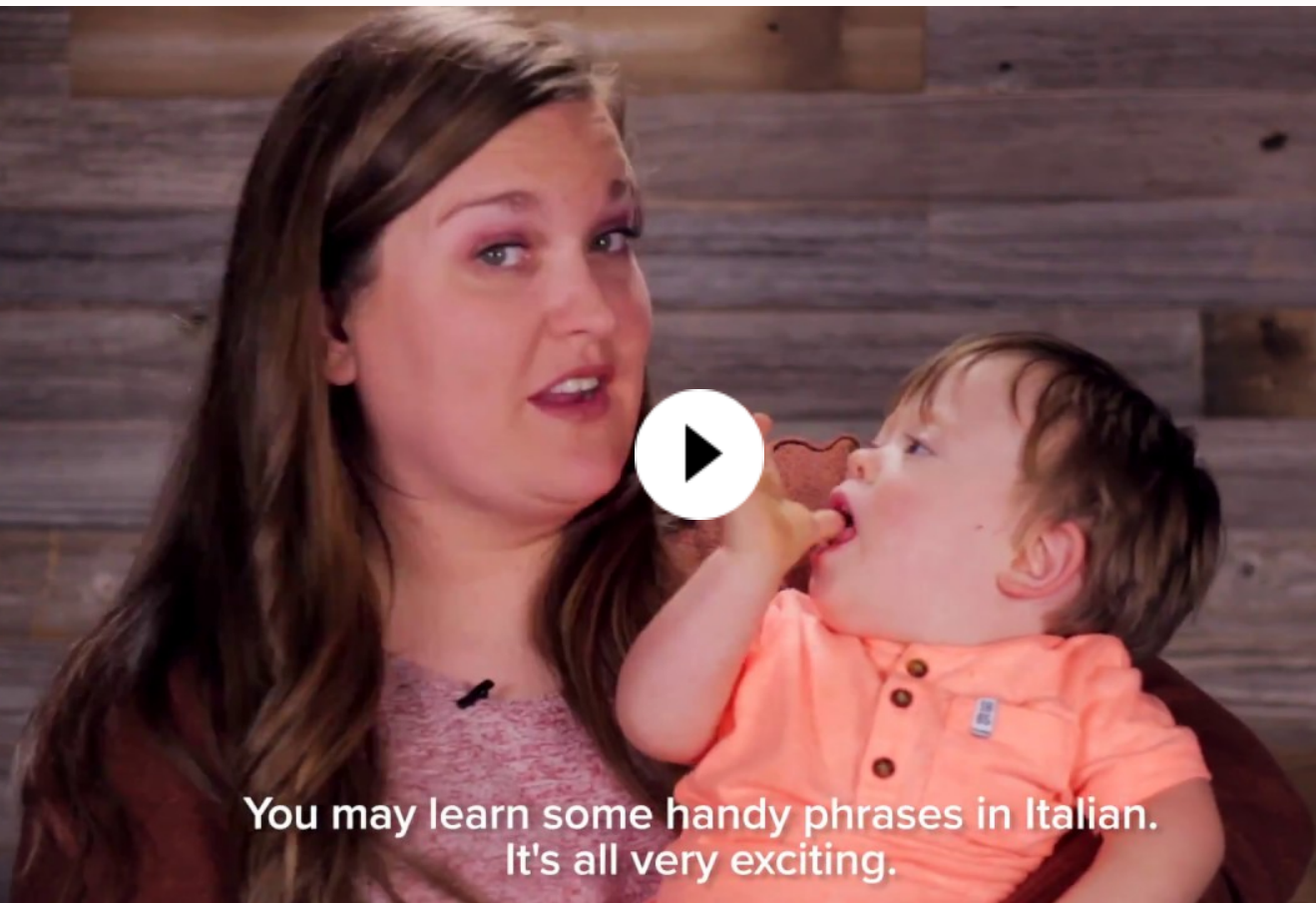


### 2024 Challenger Basketball

WWVDN wrapped up its 2024 season for Challenger Basketball and it was phenomenal! There were 16 participants in our Youth League and 21 in our Adult League. Kudos to Coach McFetridge and Coach VanOcker for a great year! [Read more](#)

**In honor of Developmental Disabilities Awareness**

# Month, *Welcome to Holland*



## A Note From Parent to Parent...

March is a very busy month for Parent to Parent and Walla Walla Valley Disability Network. We have some great guest speakers to round out our Transition Workshop Series - one on Guardianship and alternatives and another one on Healthy Relationships. We will be having a No Host Dinner at the Big House Brew Pub for any parents/caregivers. There will be Family Bowling each Saturday at Bowlaway Lanes from noon to 2:00pm for recreation. We will round out the month with the Transition Expo - over 20 agencies in one location available to answer your questions on life after high school, with food and raffle prizes as well. Finally, we will celebrate Easter with an Easter egg hunt and potluck. This will be fun for the whole family. Consider joining us for one or all of these offerings this month. See all the details on the calendar at our website, [www.wvvn.org](http://www.wvvn.org).

If you can't make one of these offerings but want to chat or have questions, feel free to reach out to myself or Ysabel. We can schedule a time to meet with you. We can come to you, or meet at our office or in the community. There is so much information about resources and opportunities that it can be overwhelming. We would like to help ease some of the burden.

We look forward to seeing you this month.

Angie and Ysabel, Your Parent to Parent Coordinators



# **Family Bowling**

**Saturdays in March**  
(2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup>)

**12:00 p.m. – 2:00 p.m.**

**\$7 per bowler each week\***

**Bowlaway Lanes**  
411 Ash Street  
Walla Walla

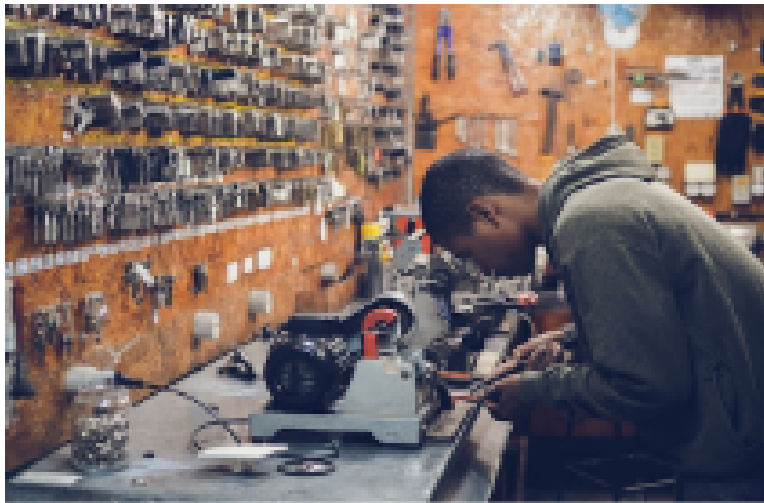
\*When you enter Bowlaway, please sign in and pay Carla before you bowl each week. (Some scholarships available. Must check with Carla 509-520-2249.) Be sure to sign up on [www.vdn.org](http://www.vdn.org) under calendar of events.

**Look forward to seeing you!**

Look forward to seeing you!

RSVP for Family Bowling

# Transition Workshops



**Wednesday, March 6 at 6:30 pm**

**Guardianship with Mona Giedl.** Mona Giedl, lawyer with Minnick Hayner, will join us to discuss guardianship for adults with intellectual and developmental disabilities.

RSVP for Guardianship Workshop

**Wednesday, March 20 at 6:30 pm**

**Healthy Relationships Webinar.** Blaine Huizinga from the ARC of Spokane will join us

to break down how to help our teens and adults with intellectual and developmental disabilities determine what healthy relationships are and how to keep themselves safe. You can attend in person or via Zoom.

[RSVP for Healthy Relationships Webinar](#)



## **SOAR Events - For age 13 and over**

### **March events open for registration:**

**Friday, March 8 - Ninja Warrior Training Night**

**Friday, March 15 - Swimming Night**

**Sunday, March 24 - Games & Easter Crafts**

[\*\*Visit the SOAR Events Page\*\*](#)

**Check your inbox for a reminder email with dates, times, and locations after you register.**





Parent to Parent

Inform | Support | Connect

# Please join us for a **NO HOST DINNER**



Friday, March 8th  
at 5:15 PM

Big House Brew Pub, 11 S. Palouse St., WW

RSVP at [www.wwvvn.org](http://www.wwvvn.org)

or call Angie at 509-255-3727

Drop off your kids/adults age 13 and older at  
the SOAR event and join us for good food  
and good company.

RSVP for No Host Dinner

## March Kids Playgroup

Friday, March 15 at 4:00 pm



Join us for the Walla Walla Symphony Instrument Petting Zoo (or Legos and other activities for those who don't want to try musical instruments). See you there!

RSVP for March Kids Playgroup





# Family Celebration

**Saturday, March 16**

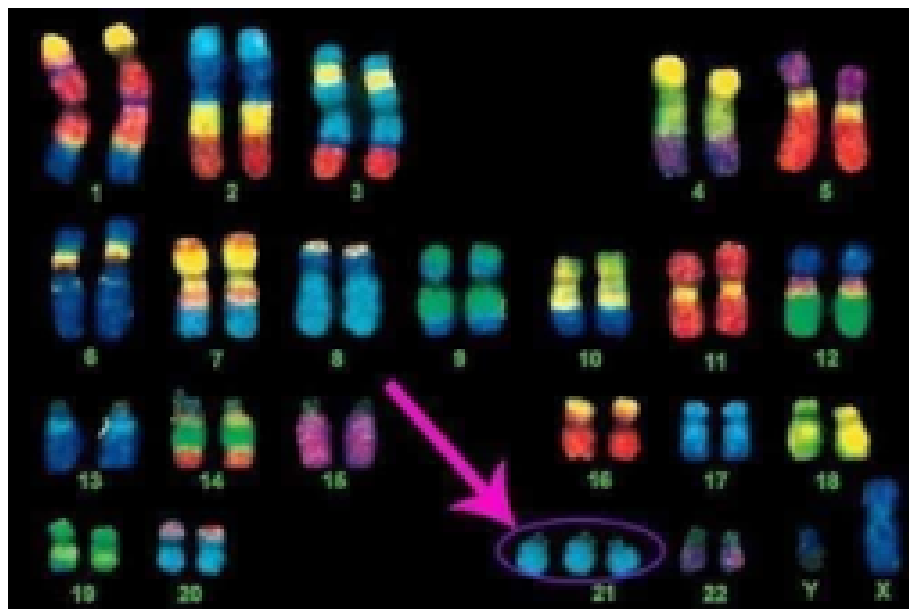
**12:00 p.m. – 2:00 p.m.**

*March is Developmental Disabilities Awareness Month and also Down syndrome “Rock Your Socks” on March 21.*

## **Bowlaway Lanes**

**411 Ash Street, Walla Walla**

Join us for pizza and dessert to celebrate World Down Syndrome Day (which is March 21) and Developmental Disabilities Awareness Month (the entire month of March). Wear your wildest, most colorful socks to represent colorful chromosomes (see picture below). Bowling is available for \$7 per person\*. Be sure to sign up on [www.vdn.org](http://www.vdn.org) under calendar of events.



*People with Down syndrome have 3 copies of the 21<sup>st</sup> chromosome.*

**Look forward to seeing you!**

*\*some scholarships available. Contact Angie 509.255.3727 for details.*

**RSVP for Family Celebration**

# **Papás y Mamás Especiales**

**martes 19 de marzo, 5:30 - 7:30 pm**

Reunión de apoyo solo para personas que hablan español.

**RSVP a Ysabel**

## **Transition Expo - Mar 27**

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# 2024 **TRANSITION** **EXPO**

Walla Walla Valley Disability Network and Parent to Parent invite you to the 2024 Transition Expo. This is an opportunity for students (8th grade and older) and adults with disabilities to start preparing for life after high school. This event is for parents, caregivers, teens and adults with disabilities, and professionals to learn about services and supports in the community and interact with agency representatives.



**Wednesday, March 27, 2024**

**WALLA WALLA HIGH SCHOOL COMMONS**

**800 ABBOTT RD, WALLA WALLA**

**6:00 TO 8:00 PM**



**CHARCUTERIE  
BOARDS PROVIDED  
BY  
WA-HI CULINARY  
ARTS.**

**RAFFLE TICKETS**

**GIVEAWAYS**

Participating agencies:

Developmental Disabilities Administration (DDA); Valley Residential Services; Valley Transit; Division of Vocational Rehabilitation (DVR); Goodwill; Blue Mountain Industries (BMI); Noble Hunt; Opportunity Services; Walla Walla High School; College Place High School; WSU ROAR; WWCC; Department of Community Health (DOH); WW City Parks and Recreation; Step Ahead; Social Opportunities and Recreation (SOAR); Special Olympics; Blue Zones; Blue Mountain Therapeutic Riding; BMAC; Informing Families; Partners4Housing; Senior Center; CDWA; ALTC; Walla Walla Housing Authority; Endowment Trust Fund and more

**RSVP @ [WWVDN.ORG](http://WWVDN.ORG) OR CALL ANGIE WITT (509) 255-3727**



**WALLA WALLA VALLEY  
Disability  
Network**



# Easter Hunt & Potluck

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# Easter Hunt and potluck

Saturday  
March 30th  
11:00 AM

1150 W. CHESTNUT ST.  
WALLA WALLA  
IN THE LIBRARY

Join us for a fun day with an  
Easter egg hunt, Easter craft,  
and photos with the Easter  
bunny.

If your last name begins with

A-F Bring a Dessert

G-Q Bring a salad or side

R-Z Bring a main dish

Fun for the whole family

For more information and to RSVP  
visit the calendar at [www.wvcdn.org](http://www.wvcdn.org)



visit the calendar at [www.wvvn.org](http://www.wvvn.org)

**RSVP for Easter Potluck & Egg Hunt**



**Walla Walla  
Summer Theater**



Walla Walla Summer Theater  
presents

Disney's  
**BEAUTY AND THE BEAST**

Music by Alan Menken  
Lyrics by Howard Ashman & Tim Rice  
Book by Linda Woolverton

Directed by Brad Willcuts  
Music Directed by Robb Harrison

August 9-17th | Cordiner Hall

Beauty and the Beast is a captivating tale of love and acceptance that follows Belle, a young woman with a passion for books, as she finds herself drawn to an enchanted castle inhabited by a fearsome beast. Despite their initial differences, Belle discovers the kind heart hidden beneath the Beast's exterior, leading to an unexpected romance that challenges societal norms. With the help of charming enchanted objects and their unwavering belief in true love, they embark on a transformative journey that teaches them the power of inner beauty and compassion.

**Walla Walla Summer Theater, in partnership with Walla Walla Valley Disability Network, is offering an accessible showing Saturday, August 10 at 2:00 pm. Pre-register thru [www.vdn.org](http://www.vdn.org) before June 1, 2024 and receive a promo code for a 50% discount on your seats. SOAR participants please register through the SOAR program.**

# Save the Dates

***We have many exciting events taking place in 2024, so mark your calendar!***

**March 20 - Deadline to Sponsor the Ability Walk & Roll**

April 20 - Ability Walk & Roll (Registration is OPEN)

July 14 - WWVDN 10 Year Birthday Party

September 26 - WWVDN 10 Year Fundraiser Dinner



## Monthly Activities & Events

### March

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#### Papás y Mamás Especiales

- Mar 19, Centro para niños y familias - 5:30 pm

#### Parent to Parent Walla Walla

- Mar 8, P2P No Host Dinner - 5:15 pm

#### Parent to Parent Columbia County

- Mar 15, Dinner & Meeting - 6:00 pm

[See Calendar of Events](#)

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## Community News & Activities

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# 2024 "Chief For A Day" Nominations

Due March 15



## Who can be nominated? -

Children in grades 4 - 8, who currently have a permanent disability\* or chronic health condition\*\* are eligible. A selection committee will pair the selected student with an emergency services agency.

[More Information & Nomination Here](#)

## Adult Day Center

### At the Walla Walla Senior Center

Our mission is to enhance the physical, cognitive and social experience of adults so that they can remain independent as long as possible. The program is open to all adults 18+ with any physical or mental impairments. We create a safe environment for participants to find community and support. The ADC also offers respite (rest) to caregivers.

The ADC is a program of the Walla Walla Senior Center.

## Child Care Accessibility Surveys



### Take part in a survey about child care accessibility!

The Government Accountability Office—a nonpartisan agency that conducts research for the U.S. Congress—has been asked to conduct a survey on child care accessibility.

**If you would like to share your experience accessing child care, please take a few minutes to complete one of the following surveys:**

Are you a parent or guardian of a child with a disability?

Are you a person with a disability who is a parent or guardian?\*

[Take one or both surveys here](#)

## Family ECHO: Autism

## Project ECHO Family Series Offerings - 2024 Quarter 1

Family ECHO: Autism is a virtual learning program for families and caregivers, regardless of geographic location, who are raising children with autism. The sessions are designed to shift medical and behavioral information into the hands of parents and caregivers so they can learn to better support and care for their autistic children.

Nationwide Children's Hospital offers Family ECHO: Autism groups covering a range of topics. See what sessions are coming up during the first quarter of 2024.

**March 20 - "Transition to Adulthood"**

**April 10 - "Behavior Management Strategies and Discussion: RUBI for Families"**

# Blue Zones Project

## March Events

March events include: Winter Walking Group, Why and How to Declutter Your Home, Volunteer with BMAC Food Distribution.

[Details & Registration for Events](#)





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