



Clinical Supervision  
Research Collaborative

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# CSRC Collaborator Newsletter

September 2023

## Collaborator Research Highlight

### Qualitative Meta-Analysis of Clinical Supervisee Experiences

Angie Chircop Coleiro, Ireland





The authors conducted a qualitative meta-analysis of 29 qualitative studies to explore what aspects of individual supervision therapy trainees find helpful and unhelpful. Their synthesis yielded 6 main meta-categories in two domains. In the helpful aspects of individual supervision domain, the three categories were (i) Supervisor establishes a secure learning environment, (ii) Supervisor demonstrates ability to facilitate learning, and (iii) Supervisor demonstrates willingness and ability to acknowledge and negotiate differences. In the unhelpful aspects of individual supervision domain, the three categories were (i) Supervisor demonstrates behaviour that lacks sensitivity, accountability, and ethical consideration; (ii) Supervisor fails to create a safe and supportive environment; and (iii) Supervisor demonstrates limitations in the appropriate maintenance and sharing of knowledge and skills. Overall, findings indicated individual supervision can be helpful, but trainees also may experience it as unhelpful and potentially harmful, all based in the quality of the supervisory alliance. In addition, issues of power and diversity need to be negotiated in a manner that maintains ethical and professional standards of practice and care.

Chircop Coleiro, A., Creaner, M., & Timulak, L. (2023). The good, the bad, and the less than ideal in clinical supervision: A qualitative meta-analysis of supervisee experiences. *Counselling Psychology Quarterly*, 36(2), 189-210. <https://doi.org/10.1080/09515070.2021.2023098>

For a copy of the article, email Dr. Chircop Coleiro at [chircopa@tcd.ie](mailto:chircopa@tcd.ie).

## Stay Connected

### Upcoming Webinar Series:



**The many faces of clinical supervision: Supervisees' perspectives on what helps and what hurts**

Wednesday, October 4, 2023, 1:30 pm (NYT)

Clinical supervision is the central mechanism of training for helping professionals (Bernard & Goodyear, 2019). In spite of its centrality, the quality of supervision has been found to vary to a remarkable degree (Hutman et al., 2023). Thus, some supervisees report receiving supervision from relationally competent and knowledgeable supervisors whereas others report practices that fall short in significant ways, with profound implications for both themselves and their clients (Ellis et al., 2014, 2015). This webinar will highlight the findings of a qualitative study that built on Ellis and colleagues' (2014) taxonomy of harmful, inadequate, and exceptional supervision by exploring supervisees' subjective experiences of these phenomena. Prevention, intervention, and empowerment opportunities will be emphasized, and discussion will be encouraged.



## **Caring for Carers: A clinical supervision program for mental health practitioners in humanitarian settings**

Dr. Ruth Wells and Colleagues, School of Psychiatry, UNSW Sydney

November, Date and Time TBA



## **Anti-Racism in Clinical Supervision: Considerations for Practice and Research**

Dr. Alex Pieterse, Director, Institute for the Study of Race and Culture, Boston College, USA

December, Date and Time TBA

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## **Share your recent clinical supervision research publications!**

We love featuring recent clinical supervision research studies authored by CSRC members in the newsletter!

CSRC members are invited to share their recent publications of empirical work for upcoming newsletters!

Just email a brief blurb (no more than 150 words) of the study, along with a copy of the article, to DiAnne at [borders@uncg.edu](mailto:borders@uncg.edu). In the blurb, please summarize the **goal and main findings** of the study and state **clear and specific implications for supervision researchers, practitioners, and/or educators**. Finally, include the article DOI and indicate whether the full article is available to CSRC members through ResearchGate, open access, or another source.

Note. By submitting your article to share in the newsletters, you are also agreeing for your write-up to be shared on our CSRC social media accounts. English summaries of non-English research publications are welcome!

## In Case You Missed It...

### Database of Clinical Supervision Measures

Looking for a brief, practical measure of evidence-based supervision interventions? Check out the latest measure - the Evidence-Based Clinical Supervision Strategies scale (EBCSS; Choy-Brown et al., 2023) - added to the database of clinical supervision instruments on the CSRC website. (use the Learn link, then Resources)

### Webinars

Recordings of April and May CSRC webinars are now available on the CSRC website to view at your convenience. Learn about evidence-based practices in providing supervision (April webinar), and tips for obtaining external funding for clinical supervision research from CSRC members in three countries (May webinar). [You can watch these most recent webinars here](#), in addition to all previously recorded webinars.

### Blogs

[Read blog posts](#) written by CSRC Collaborators, advisory board members, and founders. Interested in writing a blog post? Email us at [info@csrcollaborative.org](mailto:info@csrcollaborative.org) for guidelines.

### Clinical Supervision Connection Podcast

Did you know the CSRC has a podcast focused on clinical supervision across disciplines and the globe? Catch up on [previous episodes](#) on our website.

### Newsletters

Previous newsletters - with other research highlights and information - also are on the CSRC website. Use the Learn link, then Newsletters to view the archive.

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