

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP

CALENDAR

EAT

DISCOVER

TRAVEL

TOWN GUIDES

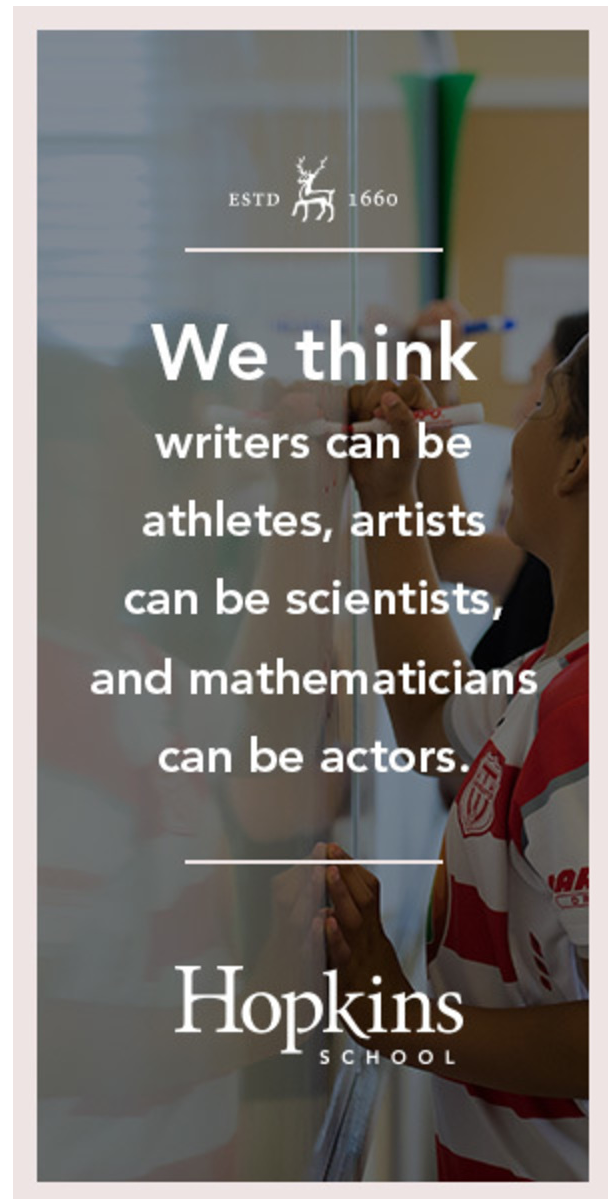


I was in NYC buying for next Fall (!!) last week so I sent my right-hand-gal, Laura Williams, out to

see a slew of new(ish) biz in Deep River. While she was working off her breakfast (and beer!) at the cycling studio, I was perusing cashmere, houndstooth and tweed. I made time to see Moulin Rouge with my family (over-the-top and ridiculous fun!) and brunch at the newish and English-owned Whitby Hotel. This place is a happy feast for the eyes, from the art and wallpaper to the Waterford china and upholstery. Next time I'll go for the glorious and authentic tea, tempting tiered trays of which kept whizzing by my table.

Hope you check out some of these fun finds in Deep River.

Love,
Erica





The Nest Coffee House: Community, Compassion & Coffee

If you're looking for a warm and friendly place to escape for a latte or tasty snack, The Nest Coffee House is a welcome spot to do so. I dropped in with a friend recently...

[More on The Nest](#)



Fun and Games at High Nine

Brewing

There's no shortage of breweries in CT these days, but each newbie seems to bring their own unique swagger. High Nine is the latest to land on the shoreline and it's full of fun and games (and yummy beer).



More Beer

SEASIDE PERIODONTICS, LLC

CHOOSE to be
HEALTHY

(203) 318-8327

Taking that first step
can be scary, but
it doesn't have to be.

Come see what
we can offer you!

Periodontics & Dental Implantology
Nicole A. Marquis, DMD

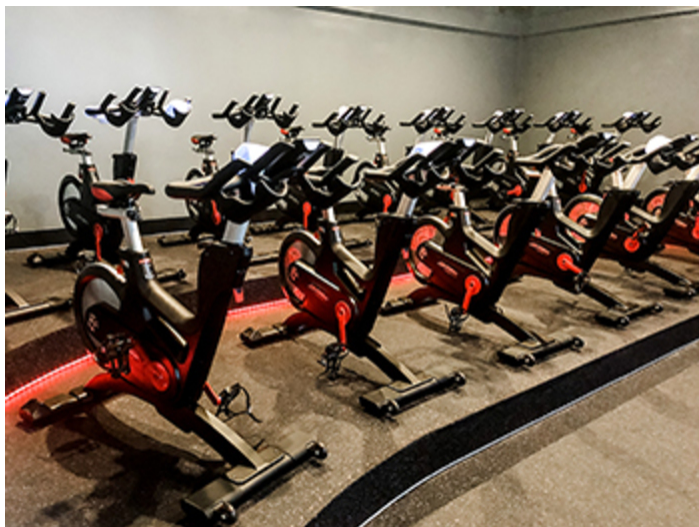
learn more



Kelley Norcia
PHOTOGRAPHY

Modern
Headshot
Minisessions

March 29
860-287-0443



Club Cycle: Spin Classes in Deep River

I'll admit, I am not much for a spinning class. But with the popularity of Peleton, Soul Cycle, and Orange Theory, my interest has been elevated. Knowing there was a spin studio above my gym, Anytime Fitness, I finally gave it another go...

More Spinning



Elegance Your Way
Live Comfortably With Style

TIMELESS INTERIORS
— by Rachel Schenckling —
DESIGN CONSULTANTS

Call Today!
203-500-9500

rachel@timelessinteriorsct.com
www.timelessinteriorsct.com



Nostalgie: A Vintage Shop

It's easy to miss this little gem of a vintage shop on the main drag in Deep River but if you love fashion, it's definitely worth a visit. The spot that's housed everything from a skate shop to a yoga studio is now occupied by Nostalgie...

[More Vintage](#)

Healthy Options at The Whistle Stop Cafe

The trusty Whistle Stop Cafe, a family-owned business since the 1930's, is now owned and run by a member of its youngest generation. Norma's now following up her mom's 25-year stint at the griddle and adding some healthy



touches to the scratch-made and treasured menu...

More Whistle Stop

Sponsored Story



Water's Edge Resort & Spa

Join us for Seasonal Cuisine and Stunning Views at Dattilo Fine Italian at Water's Edge Resort & Spa, The Premier Dining Experience on the Connecticut Shoreline featuring seasonal menus and creative weekly specials to reinvigorate your social lives this winter – Experience New England's changing seasons next

to panoramic views of the Long Island Sound.

Private Dining: Dattilo Fine Italian features private dining rooms to ensure the most intimate settings for birthday parties, anniversary celebrations, and so much more. Choose from our select group menus or order a la carte!

Weekly Specials: Join us for Tuesday's Prix Fixe dinner for a date night with someone special or wind down with us midweek at Dattilo's Wine Down Wednesday!

Sunday Brunch: Refresh your weekend plans with our Award Winning Sunday Brunch! Our diverse weekly menus feature an array of options – perfect for family gatherings or boozy brunches with your girlfriends.

Find us at watersedgeresortandspa.com or call (860) 399-5901 ext. 2021

Learn More

WINTER VACATION

Our retail shop in Chester is closed for Winter Break.

SEE YOU
IN MARCH!



Our Online Shop is Open!

[Shop Online!](#)

From The E List Events Calendar

Deepak Chopra: The Nature of Reality at the Palace Theater, 2/20

A world-renowned pioneer in integrative medicine and personal transformation, Deepak Chopra will help you manifest your deepest dreams, wishes, and desires. [Read more...](#)

Sex n' the City A (Super Unauthorized) Musical Parody at the Shubert,
2/21

See what your favorite city girls are up to in this hilarious trip through the Big Apple of the 1990's. [Read more...](#)

Fourth Annual Festival of Women's Plays at the Ivoryton Playhouse, 2/22

Support women playwrights, chosen from around the country to develop new works, culminating in a festival of stage readings. [Read more...](#)

Will Evans at the Garde Arts Center, 2/22

Catch the former frontman of Barefoot Truth, now with a solo career and hear him deliver a collection of socially conscious songs filled with messages of love, possibility, and inclusion. [Read more...](#)

Connecticut Restaurant Association Presents: CT Eats Week, 2/24 - 3/1

Over 100 restaurants from across the state will be participating in this week-long culinary celebration. [Read more...](#)

A One Day Retreat: Holistic Wellness and Beyond at Water's Edge, 2/29

Enjoy a full day of interactive workshops, holistic health vendors, gourmet lunch, prizes, goodie bags and much more. [Read more...](#)

Looking for more to do? Find wildlife cruises, live music, Sunday Brunch, and more on The E List events calendar:

[Browse the Calendar](#)

p.s. from Erica

Get your word out to our 25K subscribers! We still have some limited banner advertising for 2020 and Event Listings on our calendar available. [Click here for our media kit and free tips for digital advertising.](#)

CONNECT



[ABOUT ERICA](#) / [ASK ERICA](#) / [OUR WEBSITE](#) / [ADVERTISE](#)

Don't miss a list, sign up here:

[SUBSCRIBE](#)

VISIT OUR CLOTHING SHOP!

1 North Main Street
Chester, CT
860.322.3388

SHARE



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

P.O Box 5
Old Lyme, CT | 06371 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma

[Subscribe](#) to our email list.