

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP

CALENDAR

EAT

DISCOVER

TRAVEL

TOWN GUIDES



Hi,
After the weirdest
spring ever, it's
Memorial Day
weekend and the
kick-off to
summer on the

Shoreline! And to celebrate, we're offering
up our annual issue of all things summer:
Farmers' Markets, Fun & Festivals, and
Summer Music. Just compiling these lists
gets us excited about locally-grown food,
long, lazy weekends and SUN. Save this
list so you can refer back to it, or find all
our articles on our website: theelist.com.
You can always browse around there if
you've missed something.

Enjoy!

Erica

Annual Memorial Day **WEEKEND SALE**



THIS FRIDAY THROUGH SUNDAY

[SH

SAYBROOK HOME

SAYBROOKHOME.COM



Summer Fun & Festivals

Lobster, BBQ, oysters, strawberries and more! There's a festival to please everyone this summer.

[See the List](#)



Summer Music

Whether you're looking for live tunes on the beach, in a vineyard or in the garden, you'll find it here on our list...



[See Our List](#)



NORTH BY NORTHEAST ENTERPRISES
CUSTOM GLASSWARE
SPECIAL SPRING OFFER



Farmers' Markets

You don't have to go far for the best offerings with farmers' markets in practically every town...

[See all the Markets](#)



Shop The E List: Kurtas!

Alicia Bell has been designing hand-printed Kurtas since 2000 and arguably could have single-handedly brought this summer staple back to life. These are the originals: classic tunics in a lightweight, soft and flowy silk and cotton blend, hitting mid-thigh, and work well as a beach cover-up, or pair with jeans or white pants in high summer. Hand-printed in India.



[Shop Kurtas!](#)



Come see us in Chester, or [shop online 24/7](#).

Shop Hours at 1 North Main Street:

Tuesday & Wednesday 11 - 5

Thursday and Friday 11 - 6

Saturday 10 - 6

Sunday 11 - 4

[Shop The E List](#)

Sponsored Story

JUL Yoga Studio, East Haddam

We all know yoga gives you super powers and a certain glow no one can put their finger on. JUL Yoga is offering a Beginner Series with the amazing and famous Emrys Tetu. To all those yoga newbies out there, if you can



breathe you can do yoga. If you're a practicing yogi, maybe it's time to try AcroYoga (partner yoga, anyone)?

Come fly at JUL with your bestie or sweetie.

Beginner Series: June 4, June 11, and June 18 at 6 PM

AcroYoga Series: July 9, July 16, and July 23 at 6 PM

There's always something new at JUL Yoga. Sign up for the Beginner & AcroYoga series or check their schedule for new class times (starting soon!) at [JULYOGA.com](https://www.julyoga.com).

[Visit JUL Yoga](https://www.julyoga.com)

From The E List Events Calendar

10th Anniversary Appetite for Life Kickoff Party, 5/29

Attend a launch party for Appetite for Life and support Middlesex Health's Cancer Center by dining at a participating restaurant during the month of June. [Read more...](#)

Summer Special at Squared Circle Studio, 6/1 - 8/31

Take advantage of summer specials and achieve your fitness goals in a supportive, judgment-free and fun environment. [Read more...](#)

The Little Folks Fair on the Guilford Town Green, 6/1

Bring the kids to the Green for donkey rides, a petting zoo, train rides, moon bounces, and more. [Read more...](#)

Spring Wine Dinner at Alforno Trattoria in Old Saybrook, 6/4

Enjoy a four course meal paired with the perfect Italian wine pairings from Tuscany, Sardinia and Sicily. [Read more...](#)

The Big Barn Bash at High Hopes, 6/8

Treat yourself to a night of dinner and dancing while giving back at High Hopes' biggest fundraising event of the year - supporting therapeutic horseback riding programs. [Read more...](#)

Looking for more things to do? Find tag sales, concerts, lobster festivals, and more on The E List events calendar:

[Browse the Calendar](#)



In case you missed it:

We shared some new favorite spots, our annual roundup of plant sales, garden tours, galas and more on last week's list.

[Read the List](#)

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