

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP

CALENDAR

EAT

DISCOVER

TRAVEL

TOWN GUIDES



Today is MY
60th
BIRTHDAY!
(I really
can't believe
it!). I'm in
NYC for the

shows, so I'll be doing a little
celebrating tonight with my family.
I'm planning a birthday bash in the
gallery at the shop for E List
subscribers only on Thursday,
August 22nd and I hope you can
join me. Details to come. In the
meantime, enjoy some of our
favorite summer recipes here.

love, Erica

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Salad Nicoise

One of my absolute favorite summer dinners (and my husband's): a super simple, fresh and delicious idea for dinner tonight!

[Make This Salad](#)

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Attorney Linda L. Mariani
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Perfect Pears' Perfect Easy

Cocktail

Here's what to drink when you've had your fill of rosé and Aperol Spritz. I tasted this refreshing concoction at a party catered by Laura Grimmer, owner of The Perfect Pear, one of the best kitchen shops on the Shoreline. It's hard to believe that she whips up...



[Get the Recipe](#)

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Blueberry Pie For Joe

Summer is not over yet! Even though it's officially "back to school season", I'm clinging desperately to a few more weeks of summer. I had but one teeny goal this summer, which I ignored until yesterday. Bake a pie...

[Make This Pie](#)

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What's New in The E List Shop (In Chester and Online)



Lots of fun new fall arrivals in lighter weight, wear-now fabrics. I LOVE

Avenue Montaigne's stunning stretch flannel pants (pictured above in wide-leg plaid and a straight leg with cuff), plenty of new wrap dresses and dressed-up blouses from France by See U Soon, Hartford's perfect striped tee and stacks of pretty cashmere by CT Plage.

Come see what's new in-store and shop SALE items while they last!

Don't forget! CT Tax Free Shopping week -- Sunday, August 18th through Saturday, August 24th.

1 North Main Street, Chester 860 322 3388

For more info [**shop@theelist.com**](mailto:shop@theelist.com)

Store hours:

Mon - Wed: 11 - 6, Thurs - Fri: 11 - 6:30

Saturday 10 - 6:30, Sunday 10 - 4

Visit us during Chester Sunday Market (10 - 1)!

Shop The E List ONLINE

Sponsored Story



JUL Yoga, East Haddam

For all the Type-A yogis out there, is it time for a little yin to your yang? We know that we're guilty of pushing too hard and not taking the time to slow down. We tend to hit the hardest and hottest classes when we probably need to pump the breaks and bring the awareness inward. Here's your chance for a

quiet, deliberate and meditative yoga class! Join Emrys Tetu at JUL Yoga for a yin, candlelit practice. All levels, including beginners and those with injuries,

are welcome. Get those bones ready for winter—Yin is great for helping with joints and arthritis.

Reserve your mat — Mondays at 4PM, starting September 9th.

[More JUL Yoga](#)

From The E List Events Calendar

Madison Beachcomber Night, 8/15

Madison's 10th Annual Beachcomber night features live music, food trucks, in-store sales, and more in Downtown Madison. [Read more...](#)

Bubblemania at the Ivoryton Playhouse, 8/16

Discover the magic of bubbles with a show for all ages that combines comedy, big band music, quick wit and the beauty of spherical liquids. [Read more...](#)

Creating A Writing Life: Retreat for Emerging Writers at Mercy by the Sea, 8/17

Join a retreat for emerging writers or those that just need a nudge. Be inspired and embrace the possibilities in a judgment-free zone with a waterfront view. [Read more...](#)

3rd Annual Appetizer & Dessert Crawl at THE SHOPS AT YALE, 8/18

Join the fun in downtown New Haven for an afternoon of food, tax free shopping and a dog adoption. Proceeds from the Appetizer & Dessert Crawl benefit the Robin I. Kroogman New Haven Animal Shelter. [Read more...](#)

'Sips & Wickets' Highclere Castle Gin Launch Party at Ocean House, 8/20

Attend in your finest elegant whites as Lady Carnarvon hosts a cocktail party for the history books celebrating the launch of a super-premium London dry gin, made using botanicals from the Highclere Castle's herb gardens. [Read more...](#)

Win-a-Subaru and Help Change-a-Life, thru 11/17

Enter to win a 2019 Subaru Forester 2.5i at High Hopes Holiday Market in Old Lyme. [Read more...](#)

Looking for more things to do? Find river cruises, 5k's, art workshops, and more on The E List events calendar:

[Browse the Calendar](#)

p.s. from Erica



In Case You Missed It: Best Breakfast Sandwiches

We shared our roundup of our favorite local breakfast sandwiches on last week's list.

[Read the List](#)

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