



LSU Family Weekend

Family Weekend is almost here! We are looking forward to a fantastic weekend with over 760 LSU families. Registered families, don't forget to follow LSU Parent & Family Programs on Facebook, Twitter and Instagram for updates and announcements throughout the weekend!



LSU Holiday Shuttle

Registration is now open!

LSU Student Government, Parking & Transportation Services and the LSU Family Association are excited to collaborate once again to sponsor a holiday shuttle program. Shuttles will be provided for both the Thanksgiving and Winter Breaks to transport students to and from the Baton Rouge and New Orleans airports. **Click here** for an outline of the program dates and times and to register.



Campus Updates

Upcoming Dates & Events

Thursday, October 6: Fall Holiday begins, 7:30 a.m.

Monday, October 10: Classes resume, 7:30 a.m

Monday, October 10-Saturday, October 15: Mid-semester examination period, 7:30 a.m

To see the 2016-2017 Academic Calendar, please click [here](#).

LSU Library Hours

Middleton Library is operating on a 24 hour basis between Sunday and Thursday. For a full calendar of hours for the fall semester, please click [here](#).

FYI

The tuition-and-fees deduction is back. This staple of higher education tax breaks, which officially expired after 2014, was reinstated by the Protecting Americans from Tax Hikes (PATH) Act, retroactive to 2015, and extended through the end of 2016. Click [here](#) for more information.

A Note from the President

Dear Tiger Families,

I am so very proud of our Tigers, and I know you are, too. I think we can all agree this semester started during some very challenging times for LSU's surrounding areas, and not only did our students step up and take care of one another, they took care of our community, as well. They did all this on top of hitting the books and putting in the time to make sure their academic careers stay on track. For the rest of this week, they get a well-deserved break, and then come back in time for mid-terms.



I hope you get to spend some time with your Tiger during Fall Break. Make sure that, in addition to having a little fun and relaxation, they're ready for those all-important exams. Mid-terms set the stage for the next half of the semester, and preparation is the key to success. LSU has exceptional student support services, such as our Center for Academic Success, so if your Tiger is struggling, please remind him or her to take advantage of such opportunities for personalized study plans, tutoring, and more.

As always, thank you for trusting us with your Tiger.

F. King Alexander

LSU President



Bengal Book Group Meeting

LSU Bookstore Upstairs Meeting Room, Oct. 10 at 5:00 p.m.

Does your tiger enjoy reading? Encourage them to attend this month's Bengal Book Group meeting as the group discuss Life After Life. Click [here](#) to contact Maggi Spurlock for more information.

Seaux Stressed

LSU Parade Ground South, Oct. 11 from 12:00 p.m. - 2:00 p.m.

Encourage your Tiger to attend [Seaux Stressed](#), so they can learn healthy ways to manage their midterm stress. There will be health presentations, pet therapy dogs, UREC yoga and more!

Commuter Student Appreciation Week

Oct. 10-14

[Commuter Student Appreciation Week](#) is an entire week of programs for students who commute to campus. Each program, is designed to help make the commute to classes an easier one, connect students with the University and other commuter students.

Taste of Home

The 5 & The 459 Dining Halls, Oct. 13 during Lunch

Is your Tiger from out of state? Encourage them to attend Taste of Home, where they can enjoy all of their favorite hometown foods right here in the LSU Dining Halls.

First Friday

Johnston Hall Lobby, Oct. 14 from 8:30 a.m. - 10:30 a.m.

Every first Friday of the month FYE hosts a free breakfast for students to connect with FYE staff, other first year students and get answers to their questions.

Bengals Beyond the Bayou Swamp Tour

Your out of state Tiger can take a tour of a traditional Louisiana swamp at FYE's Bengals Beyond the Bayou Swamp Tour. There is limited seating, and students must RSVP by Oct. 15 to attend.

Fall Harvest

LSU Parade Ground, Oct. 20 from 6:00 p.m. - 9:00 p.m.

Your Tiger can enjoy all the best parts of fall at FYE's Fall Harvest! There will be an outdoor screening of the movie, Lights Out, pumpkin painting, costume contest and more! The first 20 students to donate 2 nonperishable food items will receive a free ticket to the 13th Gate Haunted House, the third most haunted House in America.

Student Strategy Sessions

The transition to college can be overwhelming, especially in light of the recent flooding in Baton Rouge. At FYE it's our goal to provide students with the resources and support that they need to be happy, healthy and successful their first year at LSU. All incoming freshman have an assigned FYE staff member to make the transition smoother. Email, call or stop by 128 Johnston Hall anytime.

*Any student with the last names N-S, can contact anyone on the FYE staff.

Students can make appointments by clicking [here](#)





It's That Time of Year...Settling in to Real Life on Campus

The newness of your student's roommate might be wearing off, late night noise is distracting, or completing college assignments is proving harder than expected. Res Life is here to help! We want your student to be safe, happy, and healthy on campus.

If there's a problem or if your student just needs to talk, encourage your student to work with his or her in-hall staff. Each building has a team of Resident Assistants (RAs), a live in graduate student, and a live in professional staff member called a Residence Life Coordinator. This team of people is one of the many things that sets life on campus apart from the rest. Everyone is here to see your student succeed, so encourage your student to meet with the in-hall staff on roommate issues, adjusting to campus, moving rooms, and anything else!

Resident Resources Online

Everything your Tiger needs to know about living on campus is online at LSU.edu/housing under "Current Residents." You can even keep up with what we're sending residents with the [email database](#).

Looking Ahead to Thanksgiving and Winter Break

Residence halls and apartments remain open for fall break and Thanksgiving break. The residence halls close over winter break, but ECA and WCA remain open for students who are returning for spring 2017. Look for details about winter break closing procedures soon at www.lsu.edu/housing.

Where Will Your Student Live Next Year?

On-campus residents are already thinking about their next year at LSU, and the contract renewal time is right around the corner. Encourage your student to consider staying on campus, either in a residence hall or one of two on-campus apartment complexes. [East and West Campus Apartments](#) (ECA & WCA) are beautiful, convenient, and affordable options

for upperclassmen. The only truly all inclusive option in Baton Rouge, on-campus apartment rent includes cable TV, wired & wireless Internet, and ALL utilities, including electricity! On-campus convenience and security – PRICELESS! Watch for Campus Housing Contract Renewal info coming soon.

Housing Applications for Incoming Students Open October 1

Know a new Tiger coming to campus for fall 2017? Remind new Tigers to [apply for housing](#) as soon as they are admitted to LSU, which can be as early as October 1. Not convinced life on campus is the best option? Take a [look at the facts](#) and [come see us on a tour](#), and we're sure you'll see life on campus is best for first-year Tigers.



Visit the Shell Tutorial Center in Middleton Library!

Trained peer tutors help with homework, test preparation, and study strategies.

No appointment is necessary.

Monday-Thursday: 9:30 a.m. - 7:00 p.m.;

Friday: 9:30 a.m. - 3:00 p.m.



For a successful semester, add these October workshops to your calendar!

SMART Strategies for Math 1021

Select one date:

10/11/16, 5 p.m. - 6 p.m., 285 Lockett

10/12/16, 5 p.m. - 6 p.m., 285 Lockett

No registration required.

Prep for Midterms

Prepare for midterms with strategies on how to study effectively, ease test anxiety, and improve time management skills.

10/3/16, 3:30 p.m. - 4:00 p.m. | B2 Coates Hall

Regroup After Midterms

The semester is half over, but there's still time to work hard and positively affect your grades. Get motivated, organized, and ready to take on your remaining exams and projects.

10/25/16, 3:30 p.m. - 4:00 p.m. | B2 Coates Hall



LSU CARES. As the fall semester progresses, you may see some shifts in your LSU tiger's energy level, concentration, focus and positive engagement. Settling into the fall semester can be a challenge for returning students as well as first years. The return to studying, assignment deadlines and balancing academics with social activities tends to wear out even our most engaged students. Don't worry! If you want to give some encouragement or guidance to your student, try suggesting physical activity like walking the lakes or joining a group fitness class at the URec. Maybe your student needs

to get out of the library during the day and have lunch with friends or they are looking for some affirmation from you that they can do this. If you are concerned about your LSU Tiger or any other student, please report your concern at lsu.edu/LSUCARES.



Now that your student is settled into the semester, it's time to take a breath and check off a couple of career-related items from the Four Year Career Plan...

Freshmen and sophomores should clarify their commitment to a major and explore career options using "What Can I Do with This Major?" Not sure about that major? Career Assessments will help in finding the right match. Some are free and produce immediate feedback, while more in-depth career assessments can be taken online for a \$10 fee. Choosing Your Major Workshops are also being offered throughout October for those who enjoy exploring with a group and individual meetings with a career counselor are always available by appointment. Course scheduling for Spring will begin in late October, so help your student explore options now so they will be prepared!

All students are invited to explore a career in the Health Professions. The Health Professions Fair is being held on Monday Oct. 3, 10 AM – 2 PM in the LSU Student Union Ballroom. 35 or more schools will be here to answer student questions about medical school, dental, physical therapy, nursing, and physician assistant programs and many more. See who's coming!

Juniors and seniors seeking career opportunities or internships should keep their eye on On-Campus Interviewing opportunities in Careers2Geaux. Those considering continuing their

education beyond the bachelor's degree should mark their calendars to attend the Graduate School Workshop Series October 5-8 to learn more about law school and grad school applications and strategies for getting into the program they want. Learn more about these workshops!

Check out our resources and services at the LSU Olinde Career Center by visiting lsu.edu/careercenter or 158 LSU Student Union. Office hours: Monday through Friday 8 a.m. to 4:30 p.m. Contact us at 225-578-2162 or career@lsu.edu.



We hope you and your student enjoyed a packed September, including the annual LSU Homecoming Week! Our events don't end and we have a number of different opportunities for your student to get involved, lead, or serve.

Involvement on the Geaux and Leadership on the Geaux will be highlighting our leadership sector throughout the month, also including Coffee with Campus Life.

If your students want to get involved, the popular Thursday Night Live program, run by LSU Student Activities Board, will be featuring their monthly Open Mic Night, Movie Night (this month's movie night is The Purge: Election Year), and Karaoke Night.

Lastly, we have a lot of service opportunities to take part of. Adopt-A-Road, Take Back the Night, Friday Night Out, and the Old Lutheran Cemetery Restoration events will all highlight a month of service.

There are countless ways to get involved, lead, or serve on campus and we are there to help every step along the way.



True Colors Interactive Workshop

True colors registration is easy. Students should register with University College by phone at 578-6822, stop in 150 Allen Hall or schedule on online by clicking [here](#).

University College will host six interactive true colors workshops on October 11 – 13, 2016 at 150 Allen Hall (located next to

Middleton Library in the QUAD – LSU campus).

True colors are interactive workshops that assist in discovering your natural strengths and talents, determining your ideal career, and claiming your path to success. The workshops utilize personality assessments and character traits and apply these findings to academic/major selection for the greatest impact in career choice and future success.

Free and open to all LSU students – students who are undecided; students seeking to confirm their choice of major; and students interested in learning more about their unique strengths and talents. Come explore what your color says about your major.

LSU Auxiliary Services



The New American Garden: The Landscape Architecture of Oehme & van Sweden

October 19 - December 9, 2016

LSU Student Union Art Gallery; 2nd Floor of the Student Union

The LSU Student Union Art Gallery is proud to present The New American Garden: The

Landscape Architecture of Oehme, van Sweden, a photographic landscape architecture exhibition which chronicles the careers and influence of Wolfgang Oehme and James van Sweden. The exhibit boasts a variety of contemporary and newly commissioned photographs of important residential, civic, and commercial projects. It will be on display October 19-December 9, 2016 & is free & open to the public.

Farmer's Market Returns to LSU!

LSU Dining invites all students, faculty & staff to come out and grab a cornucopia of delicious produce while enjoying this fun, sustainable and nutrition filled event! The Farmer's Market, held in Free Speech Alley, in front of the LSU Student Union Theater, will offer a bountiful harvest of fresh, local fruits and vegetables available for purchase. The Farmer's Market will be held each Wednesday in October from 10:00 a.m. - 1:00 p.m! Rain or Shine! The event is free & everyone is welcome!



• TigerCASH Lagniappe Program

Your Mom's Restaurant is the TigerCASH Lagniappe Merchant of the Month for OCTOBER!

Grab a bite with your friends and enjoy a free drink with your meal at Your Mom's Restaurant. This incentive offers a FREE

soft drink or tea to go with your meal when you pay with TigerCASH. Wash down that burger and fries with a drink on the house all month long!



The Moscow Ballet's Great Russian Nutcracker !

The BIGGEST Christmas experience of the year is coming to the LSU Student Union Theater! The Moscow Ballet's Great Russian Nutcracker dances it's way into the hearts of the LSU and Baton Rouge community on Saturday, November 12, 2016. Enchant the whole family with larger than life magical props, a 60 foot growing Christmas tree and spectacular Russian-made costumes and sets. This is a must-see event, witness the world's best dancers on stage right here at LSU! Get your tickets today before they sell

out. Excited? Here's even more good news! It's Christmas in July and Moscow Ballet has a gift for you! Get your early bird tickets today for Great Russian Nutcracker on November 12th using discount code SANTA!

Academic Programs Abroad

The Fall Semester is in full swing and the Academic Programs Abroad Office is ready to help your student discover all of the exciting opportunities available. Study Abroad Programs are available both nationally and internationally with time spans of one week to one year. Peer Advisors are available to meet with your student in 103 Hatcher Hall to talk about the many options we have to offer!

The Study Abroad Fair is quickly approaching. Representatives from many of our programs will be present with information on your student's options. The fair will be held in the Royal Cotillion Ballroom on October 18 and 19, from 11 am until 3 pm. Please encourage your student to stop by!

Student Health Center

Flu Shots on the Geaux- October 17-21

Flu vaccinations are free for full-time students and those who paid the SHC fee. Part time students will be able to get the vaccination for \$10, while faculty, staff, retirees, and non-student spouses can get the vaccination for \$20. See website for times and locations.

Take Back the Night- October 11

6–9PM at the LSU Memorial Tower

The 29th annual Take Back the Night is a candlelight vigil and walk to honor the women, men, and children who have survived violent crime and to remember those who are victims of rape, murder or domestic violence in the Baton Rouge area.

Emotional Wisdom Seminars

Come learn and practice skills for effective management of anxious and depressed moods!
Dates and times can be found on our website.

Post-Flood Support Groups

LSU Mental Health Service will offer a support group for students affected by the recent flood in Baton Rouge and surrounding areas. For dates and times, please visit our website.



FrankenFaire: LSU Libraries Open House

Middleton Library, October 26 from 11 a.m. to 2p.m.

Encourage your student to participate in FrankenFaire, the 4th annual LSU Libraries Open House. At this Halloween-themed event, students will learn about library services and resources that will be helpful as they navigate homework assignments and research papers.

FrankenFaire will also feature games, prizes, free food and Trick or Treats. Visit our [website](#) for more details.



Discover LSU



LSU Discover Day Applications Now Open!

LSU Discover is looking for outstanding students to present their research or creative work at our 4th annual symposium, LSU Discover Day, to be held on April 4, 2017 in the Student Union. Students can apply to compete in one of the following categories: Poster Presentation, Visual Display, Oral Presentation, and Performance. Awards are presented to the top submissions in each category. The event is free and open to the public. Learn more at

lsu.edu/discover

Safety Information

Parents, be sure your son/daughter has signed up to receive emergency text messages. [Click here to learn how they can sign up via myLSU.](#)



The Cook Hotel



Parent & Family Programs hopes you have enjoyed reading the October Email Update and that you found the information helpful. Please contact us if we can be of assistance to you and your family.

Sincerely,
Aimee Frierson

Assistant Director, Parent & Family Progrmas

Louisiana State University

Office of Orientation

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