

# February update

KEEPING YOU IN TOUCH



## A NOTE FROM THE VICE PRESIDENT

Dear LSU families,

I hope everyone's year has gotten off to a good start! As the new interim vice president for Student Affairs, I'd like to take a minute to introduce myself. My journey at LSU began in December 2020 when I accepted the position as Associate Vice President for Student Affairs and Dean of Students. As a native of St.



Louis, the first time I was on campus and in Baton Rouge was for my interview. I can still remember the first time I traveled down Dalrymple Drive and around the LSU lakes, I knew this was a special place. As I explored campus and was introduced to the places and things that make LSU special, the stately oaks, Dairy Store, Quad, Free Speech Alley, and of course Mike the Tiger, It felt like LSU epitomized what a college campus should be! This is truly the most beautiful campus I've seen in my professional career.

I've dedicated my life to being an educator, first as a secondary teacher, then as a student affairs professional at a variety of institutions of higher education. I've always valued my time with students and been grateful for my opportunity to create authentic and meaningful relationships with the best and brightest minds in the world! My belief is that student affairs

## Upcoming Dates & Events

**Click on underlined events for more info**

**February 17:** CAS Math Strategy Workshop, 2 p.m.

**February 20-22:** Mardi Gras Break (classes resume at 12:30 p.m. on February 22)

**February 24:** CAS Math Strategy Workshop, 2 p.m.

**February 27:** CAS Math Strategy Workshop, 1 p.m.

**February 27:** Crate Stacking Challenge at the UREC Climbing Area

**March 1:** Business Networking Reception, 5-7 p.m.

**March 1-2:** LSU Grad Fair, 10 a.m.-5 p.m.

**March 2:** Diversity and Inclusion Networking

educators should always be intentional about the ways we can best serve our students. It is my desire to ensure that the Division of Student Affairs continues to be innovative and strives for excellence, while upholding our three priorities by delivering quality service in all that we do, acting in a way that assures students they matter and belong, and continually working to foster inclusion and access in our policies and practices. These ideals, although designed for working with students, I believe also translate to my work with LSU families—I value your role in supporting your Tiger's success.

As a parent, you strive to give your adult in training a safe environment where they can learn, grow, and thrive. As educators, we do the same. Yet, as hard as we try to shield them from harm, there exists unforeseen moments that bring us to our knees. I would be remiss if I did not mention the recent loss of one of our Tigers, Madison Brooks. Her tragic death and the loss of EVERY tiger leaves each member of our community forever altered. We fully believe justice will be delivered to those who harmed her and hope that her family is able to obtain some level of peace. For our students, we offer resources, like the [LSU Mental Health Service](#), to help them process their grief during this difficult time. For student survivors of sexual assault, interpersonal violence, stalking, and harassment, we also offer [The Lighthouse Program](#), which helps them navigate the aftermath of what may be the worst moment of their lives. As a community, we must do all we can to keep one another safe. And should the worst happen, despite our best efforts to prevent it, we must come together in solidarity and support.

With Mardi Gras just days away, on February 21, please encourage your student to exercise good judgment and practice safety guidelines if they are going to participate in parades and festivities. Share these tips with your Tiger to ensure their Carnival experience is as safe and easy as it is fun.

- Travel together, and be accountable for one another. Before heading out, make sure your phone is fully charged. Always communicate where you're going, designate meeting spots, and have a plan for getting back home.
- Be aware of your surroundings, especially in crowded areas. Keep belongings in your front pockets to avoid pickpockets. In addition to cash and a personal ID, consider bringing your student ID for secondary identification and a health insurance card.
- Respect any barricades, and always listen to police. Be considerate of others, including those participating in the parade.

[Event](#), 10 a.m.-2 p.m.

**March 3-5:** [LSU Family Association Spring Family Fling](#)

**March 7:** [Deadline to register for the Spring Break Shuttle](#)

**March 7:** [Advertising and Communications Networking Fair](#)

**March 9:** [Art and Design Career Networking Day](#)

**March 10:** Midterm Grades are Due

**March 13-17:** Spring Break

**March 26:** Course scheduling for the fall semester and wintersession begins

**March 29:** [LSU Giving Day](#)

*To view the 2022-2023 Academic Calendar, please [click here](#).*

## ASK YOUR TIGER

What are your plans for spring break? Are you coming home? Are you going on a trip with friends? What kind of decisions will you be making on spring break, and how are you going to remain safe?

Have you thought about what classes you'll need to schedule for the fall?

- Don't park in front of driveways, fire hydrants, or anywhere you wouldn't normally be allowed to park. Lock your car and don't leave anything valuable in plain sight.

It is my greatest pleasure to serve you and your student. If I have not yet met you at one of our events, like Bengal Bound, Family Weekend, or Homecoming, I look forward to doing so in the near future. Until then, please do not hesitate to reach out.

Geaux Tigers!

Brandon Common, Ph.D.  
Interim Vice President for Student Affairs

## HOLIDAY SHUTTLES

Shuttles will be offered for Spring Break to transport students to and from campus to the New Orleans (MSY) Airport.

Registration is now open. Visit [lsu.edu/holidayshuttle](https://lsu.edu/holidayshuttle) to register and learn more about shuttle dates, times, and costs.

Course scheduling for fall and wintersession begins on March 26.

What kind of experiences have you had related to your major? Is this something you can still see yourself doing after graduation?

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**Our Lady  
of the Lake  
Health**

## CHAMPIONSHIP HEALTH PARTNERS

Dear Parents and Families,

We are excited to announce that LSU is partnering with Our Lady of the Lake Health – Louisiana's largest acute-care provider – to operate the Student Health Center, beginning Feb. 22.

Our Lady of the Lake will provide services for the Medical Clinic and Mental Health Service, while LSU will continue to maintain services for the Gynecology (GYN) Clinic, Wellness and Health Promotion, and the Lighthouse Program.

Patients at the Student Health Center will continue to receive the same high-quality, inclusive healthcare they have come to rely on, and all providers and staff will continue to serve in their current roles.

Additionally, several services at the Student Health Center are being enhanced to meet students' evolving healthcare needs, including:

- Increased financial assistance for uninsured and underinsured students
- Prescription deliveries to residence halls and off-campus housing for students who are unable to access a community pharmacy
- Expanded access to telehealth with after-hours and weekend availability
- Access to a free 24/7 nurse advice line in Lakeline Direct
- An integrated and personal electronic health record that will follow a student needing advanced medical care beyond campus

Patients at the Student Health Center will begin seeing Our Lady of the Lake branding on medical statements, bills, and websites later this month. Billing structure and the look of bills may also change in the coming weeks. Other affiliated branding that patients may see includes Franciscan Missionaries of Our Lady Health System and the Our Lady of the Lake Physician Group.

Your Tiger will also have access to Our Lady of the Lake's secure online health portal, MyChart, which helps patients track their appointments and test results and get direct messages from their providers. MyChart will replace the Student Health Center's online portal for most services; however, the center's existing portal will still be used for some services, such as immunization records for students.

Our goal with this partnership is to provide students with comprehensive health resources and education that empowers them to take ownership of their personal health and wellness – preparing them for a lifetime of excellent health.

We have already emailed your Tiger to let them know about this change and you can expect more information on this transition as the semester continues.

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## CAMPUS HIGHLIGHTS

**Center for Academic Success (CAS):** Support your Tiger with CAS! The Center for Academic Success offers [free services](#) to help students perform their best in their classes. Attend a [Math Strategy Workshop](#) to learn about resources and effective strategies for Math 1021, 1022, and 1029. Our [Small Group Strategy Sessions](#) teach students about efficient study strategies and how to manage their time.

**FAFSA Reminder:** If your Tiger is interested in receiving financial aid, it's time to renew their FAFSA! The Free Application for Federal Student Aid is available for the 2023-24 school year at [studentaid.gov](https://studentaid.gov).

**Gulf Coast Scholars Program:** Does your Tiger have summer plans? Encourage them to apply to participate in a [Gulf Scholars Summer Impact Project](#) in which they will work alongside an LSU faculty member on a project related to the Gulf South. Students can earn up to \$6,000 in wages while working on their project. Applications are accepted on a rolling basis and close on April 23. Email questions to [lsudiscover@lsu.edu](mailto:lsudiscover@lsu.edu) [[...read more](#)].

**Gumbo Yearbook:** Calling all parents of graduating seniors! The LSU Gumbo Yearbook and Reveille student newspaper are offering full, half, and quarter page ad spaces to families who want to congratulate their special graduate. For more information and pricing, please visit [lsureveille.com/gumbo](http://lsureveille.com/gumbo).

**LSU Bookstore: All April Long:**

- 20% off newly released books
- Select Titles 50% Off
- Buy One Get One 50% Off Select Titles

**New Bookstore Hours:** Monday through Friday: 8 a.m.-6 p.m. and Saturday and Sunday: 11 a.m.-4 p.m.

**LSU Dining:** Bowl Life next to Zippys! Geaux Halal - Greek chicken bowls, pita bread, and more! New Nutrition Tea food truck and others located by the Patrick F. Taylor building. Popeyes... is COMING SOON... VERY SOON!

**LSU Foundation:** Let's hear from you, Tigers! LSU Giving Day is March 29, and this year is going to be bigger and bolder than ever. Share your LSU spirit and join us as a Social Media Ambassador. [\[...read more\]](#)

**LSU Shield:** Have you heard of the LSU Shield app? It's an easy to download app for students and it has several safety features that are simple to use. Check it out now by clicking on the link below! [LSU Shield App | LSU Police](#)

**One-on-one Wellness Coaching Available at the Student Health Center:** Does your Tiger need support managing their stress and building healthy habits and routines? Wellness Coaches at the Student Health Center are here to support your student in setting and achieving their wellness and life goals. They are available for one-time meetings, and or weekly short-term coaching. You can make an appointment by calling 225-578-5718.

**Team TAF:** Join Team TAF today to help support LSU student-athlete scholarships! Every dollar donated to Team TAF will directly offset the \$16 million annual student-athlete scholarship bill. Joining Team TAF is not only the best way to support all of our student-athletes, but also the best way to maximize your LSU experience! All Team TAF donors have access to the new [BENEFITS CHART](#), earn 4 points per \$1000 [PRIORITY POINTS](#) for postseason tickets, SEC Championship tickets, season parking and upgrading season ticket locations as a season ticket holder. Whether you are supporting from the stands, or are a Tiger supporting near or far from the boot, Team TAF is the best way to show your support! [\[...read more\]](#)

**The Lighthouse Program:** provides free and confidential interpersonal violence support and advocacy, including assisting survivors with:

- Coordinating evidence collection
- Obtaining medical care
- Obtaining emotional support
- Arranging safe housing
- Securing academic accommodations
- Filing a police report
- Filing a university judicial report

**The LSU Student Health Center Mental Health Service:** offers a variety of group seminars and counseling groups for students. Group counseling offers a safe environment in which to give and receive support, explore healthy behaviors, and develop new ways of coping. It allows an opportunity to learn more about oneself and others in a climate of trust and mutual support. Group counseling is also a great way for students to learn more about topics such as anxiety, body image, and managing emotions just to name a few. If a student is interested in group counseling, they can call Mental Health Service at (225) 578-8774 to schedule a new consult appointment or can attend our walk-in hours Monday-Friday, 10 a.m.-4 p.m., and meet with a counselor to discuss group options. Dates and times for each group are listed at [lsu.edu/shc](https://lsu.edu/shc).

**Undergraduate Research:** Applications open for 10th annual LSU Discover Undergraduate Research and Creativity conference! Encourage your Tiger to submit an application by March 5 to present their work at LSU's largest academic showcase. Discover Day 2023, which is free and open to the public, will take place on Friday, April 23 and parents are invited to attend! [...[read more](#)]

**Upperclassmen Apartment Selection:** The Housing Portal for Upperclassmen Apartment Selection is now open. For details on the selection timeline [...[read more](#)].

**Upperclassmen Apartment Tours:** Tours of a 4-bedroom, 2-bathroom unit in East Campus Apartments and 2-bedroom, 2-bathroom unit in Nicholson Gateway [...[read more](#)].

**UREC: Start building a fitness routine with UREC GroupX classes:** Building routines at college is important for students' success and part of that routine should include physical activity. One way your student can easily build this routine is incorporating UREC GroupX classes into their weekly schedule. Classes include Pilates, cycle classes, ZUMBA, dance, full body HIIT workouts, and more. No registration is required and all students need to do is show at the class location and time. Share the weekly class schedule with your Tiger, and encourage them to attend a class this week!



**GRAD FAIR**

**MARCH 1-2, 2023**

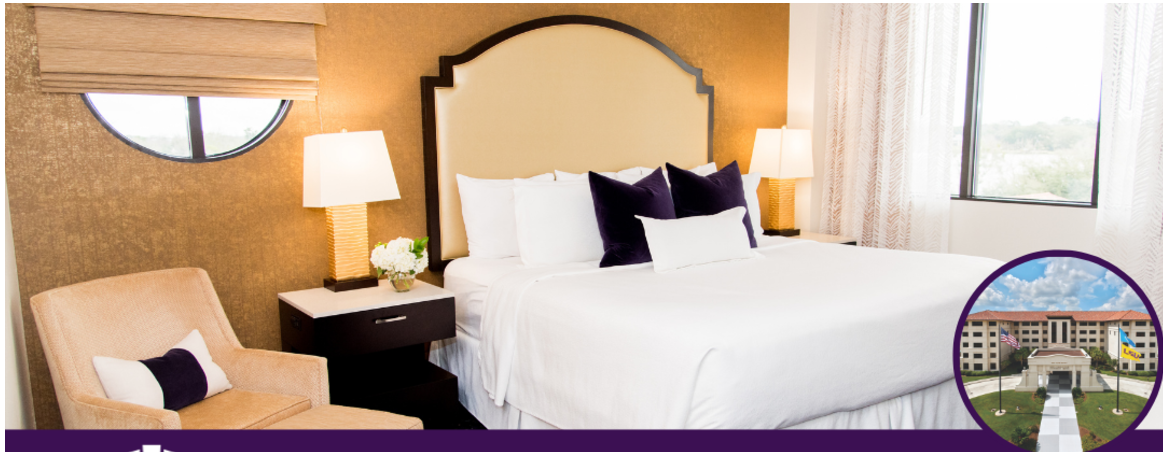
LSU BARNES & NOBLE BOOKSTORE

**JOIN RECENT GRAD AND  
BECOME AN ALUMNI MEMBER!**

**LSU** | ALUMNI  
ASSOCIATION

Do you know a soon-to-be grad? Grad Fair will be at the Barnes and Noble at LSU Bookstore on March 1-2. Students will have the opportunity to sign up for a Recent Grad

Membership, making them an LSU Alumni Association and Tiger Athletic Foundation member for only \$50! Learn more at [lsualumni.org/recentgrad](https://lsualumni.org/recentgrad).



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## FOLLOW US ON SOCIAL MEDIA



LSU Parent & Family Programs hopes you have enjoyed reading the February email update and that you found the information helpful. Please contact us if we can be of assistance to you and your family.

Geaux Tigers!

**Lindsay McCrory Kelly**  
Manager, Parent & Family Programs  
479 LSU Student Union  
Baton Rouge, LA 70803  
225-578-1173

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