

March update

KEEPING YOU IN TOUCH



Thank you to everyone who joined us on campus for [LSU Family Association Spring Family Fling!](#) We had a blast and hope you had an awesome time celebrating with your Tiger and enjoying some Louisiana culture and cuisine! Check out all of the photos from the weekend at https://bit.ly/lsu_springfamilyfling23_photos.

A NOTE FROM THE VICE PRESIDENT

Dear LSU families,

It was great to see those of you who were able to make it to Spring Family Fling! If you could not be in attendance, you missed a good time! I have just a few items that I would like to share with you today.

[Midterms](#) are here, and it's a great point in the semester to send a care package to your



Upcoming Dates & Events

[Click on underlined events for more info](#)

March 6-10: Safety Week

March 10: Midterm grades are due

March 13-17: Spring Break

March 16: [Intramural Softball Registration Closes](#)

Tiger. Favorite snacks, gift cards, and notes of encouragement are all wonderful items to send to show support and let them know you're thinking of them.

Please continue to encourage your Tiger to go to class and share the importance and benefits of attendance. One simple way you can do this is to end conversations with your student with reminders like, "I love you. Go to class." Another thing to encourage is asking for help when they need it. LSU has a wealth of resources we want your Tiger to take advantage of. Among those is the [Center for Academic Success](#), a nationally certified Learning Center of Excellence. The center is a wonderful go-to resource for supplemental instruction, tutoring, academic coaching, and overall support to help your student put their best foot forward academically.

Speaking of academics, LSU consistently ranks high in numerous areas, both nationally and globally. One of the many examples is oceanography, where we rank 24th in the world and 15th in North America. To provide an unparalleled student experience, we also continuously seek to improve our research and classroom facilities, like the newly renovated [Barnes Ogden Art & Design Complex](#).

We recognize students' need to be well-rounded and match their outstanding academic experience with exciting events, programs, experiences, and opportunities, to fill their 153 hours outside the classroom each week. While you are speaking with your Tiger, ask how they are filling their spare time. There are plenty of options to recommend to them:

- Check out [TigerLink](#) to find a student organization to get involved in.
- Meet with a [career coach](#) to review their résumé and start finding summer experiences.
- Join an [intramural sports](#) league.
- Meet with a wellness coach at the [Student Health Center](#).
- Engage with the community through service. [Geaux Big](#), LSU's largest single day of student service to the Greater Baton Rouge community, will be held on April 15.

As always, we are here for you and your Tiger. We appreciate your partnership in supporting our scholars, encouraging their growth, and challenging them to excel. I hope you have a fantastic month!

Geaux Tigers!

March 20: [March Movie](#)

[Night: Don't Worry](#)

[Darling](#), 7 p.m.

March 22: [Kayak the LSU Lakes](#)

March 22: [Intramural Flag Football Registration Closes](#)

March 22: [CAS Workshop: Study Strategies](#), 6 p.m.

March 23: [CAS Workshop: Study Strategies](#), 6 p.m.

March 23: [Goat Yoga](#)

March 24: [Rock the Square](#), 4-7:30 p.m.

March 26: [CPR/AED Class at UREC](#)

March 26: Course scheduling for the fall semester and wintersession begins

March 26: [Miss LSU Pageant](#), 5 p.m.

March 27-31: [Tiger Wellness Week](#)

March 28: [Climbing Techniques at UREC](#)

March 29: [LSU Giving Day](#)

March 29: [Trivia Night at the Libraries](#), 5:30-7:30 p.m.

March 30: [Kinesiology Career Fair](#)

March 31: [School Professionals' Networking Day](#)

March 31-April 2: [Self Defense Class for Women](#)

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APPLICATION DEADLINE:
MARCH 10, 2023

GEAUX GLOBAL!

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The graphic features a purple airplane icon with a dashed trail, a circular photo of students in front of a red telephone booth and Big Ben, and a large yellow brushstroke background for the 'GEAUX GLOBAL!' text.

April 2: Geaux Run 5K Color Run, 11:30 a.m.-3 p.m.

April 6: Final date for dropping courses, 4:30 p.m.

April 6: Final date to request rescheduling a final examination when three examinations are scheduled in 24 hours

April 7: Good Friday Holiday

To view the 2022-2023 Academic Calendar, please [click here](#).

ASK YOUR TIGER

What are your plans for this summer? (e.g. where will you live; have you investigated job/internship/classes)

With the stress of midterms and classes getting more difficult as you get deeper into the semester, how are you taking care of yourself?

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CAMPUS HIGHLIGHTS

Bursar Operations: It may be helpful to know that through [myProxy](#), parents (and other interested parties) can request access to a student's online Fee Bill as well as other records.

Center for Academic Success (CAS): Help your Tiger succeed with CAS! The Center for Academic Success offers [free services](#) to help students perform their best in class. For courses with [Supplemental Instruction](#), students who regularly attend typically earn a higher grade than students who do not attend. Visit our website to learn more: lsu.edu/cas

First-Year Roommate Matching Opens: On March 13 at 10:00 a.m. roommate matching will open for fall 2023. Incoming students will be able to create a roommate group of people who they prefer to live with [[...read more](#)].

Gumbo Yearbook: Calling all parents of graduating seniors! The LSU Gumbo Yearbook and Reveille student newspaper are offering full, half, and quarter page ad spaces to families who want to congratulate their special graduate. For more information and pricing, please visit [lsureveille.com/gumbo](https://sureveille.com/gumbo)

LSU Bookstore: All March Long:

- 20% off newly released books
- Select Titles 50% Off
- Buy One Get One 50% Off Select Titles

New Bookstore Hours: Monday through Friday: 8 a.m.-6 p.m. and Saturday and Sunday: 11 a.m.-4 p.m. Bookstore will be closed on April 1 for Year End Inventory.

LSU Cap & Gown: Come to the bookstore or order your Cap & Gown online! Orders can be placed online at <https://lsu.shopoakhalli.com/purchasewizard/Welcome>

- The last day for Bachelor and Master Student Cap & Gown ONLINE orders is April 16th.
- Bachelor and Master Students may purchase regalia IN STORE up to the day of Commencement.
- The deadline for PhD Purchase is March 19, in store and online.
- The deadline for PhD Rental is April 7 in store only.

LSU Campus Life:

- **Movie Night, Don't Worry Darling:** Monday, March 20. Name a better way to ease back from the break than an evening featuring Harry Styles and your friends. Grab a blanket and head over to the LSU Student Union, where we will premiere Don't Worry Darling. We'll provide popcorn, candy, and drinks. Presented by LSU Campus Life and LSU Dining. Don't Worry Darling (Rated R) Royal Cotillion Ballroom, Monday, March 20, 7 p.m.
- **We are Rocking the Square!** Friday, March 24, Join us for music, food, and fun on the rooftop of the Union Square Parking Garage, 4:00-7:30 p.m. Featuring Local Bands: Neon Luck, Speak Easy, and Wave Runner. Presented by LSU Campus Life and LSU Parking & Transportation Services.

LSU Giving Day: Feeling BOLD, Tigers?? On Wednesday, March 29, join the LSU community for LSU Giving Day! This will be the boldest, most ambitious year yet, with the goal of 5,000 donors. Be a part of the magic unfolding by visiting geauxgive.lsu.edu.

LSU Shield: Have you heard of the LSU Shield app? It's an easy to download app for students and it has several safety features that are simple to use. Check it out now by clicking on the link below! [LSU Shield App | LSU Police](#)

LSU Student Health Center Begins Partnering with Our Lady of the Lake Health: LSU is [now partnering](#) with Our Lady of the Lake Health – Louisiana's largest acute-care provider – to operate the [Student Health Center](#). Our Lady of the Lake provides services for the Medical Clinic and Mental Health Service, while LSU maintains services for the Gynecology Clinic, Wellness and Health Promotion, and the Lighthouse Program. Our

students continue to receive the same high-quality, inclusive healthcare they have come to rely on, and all providers and staff continue to serve in their current roles. Patients at the Student Health Center will soon begin seeing Our Lady of the Lake branding on medical statements, bills, and websites, and your Tiger will now have access to Our Lady of the Lake's secure online health portal, MyChart. To learn more, visit the [partnership page](#) of the Student Health Center's website.

Olinde Career Center: Hi parents and families! Happy March - the Student Employee of the Year program has kicked off, we have a few more career fairs coming up and information on internship funding. [\[...read more\]](#)

Residence Hall Tours: First-year student housing tours will include a one-hour walking tour of on-campus residence hall options with various bathroom styles, including hall and suite-style baths. Tours will depart from the [Housing Tour Center](#) at 2:30 p.m. Plan to arrive on campus 30 minutes before your tour to allow time for parking and check-in [\[...read more\]](#).

Safety Week: March 6 through March 10: Residential Life, LSU Police, Wellness & Health Promotion, Civil Rights & Title IX, the Women's Center, Campus Life, and Greek Life are putting on events all over campus to give students the resources and knowledge they need to stay safe on spring break.

Self-Defense Class for Women: The Student Health Center and LSU Police Department will be hosting a 12-hour self-defense course for women March 31-April 2. This personal safety course will include lecture, discussion, and development of self-defense techniques suitable for women of all ages and abilities. The training is free for LSU students. You can [register here](#).

Stress & Time Management Coaching Available at the Student Health Center: It's a stressful time of the semester. Encourage your student to get support managing their stress and building healthy habits and routines by meeting with a Wellness Coach at the Student Health Center. Wellness Coaching is free for full time students and is available for one-time sessions or weekly short-term coaching. You can make an appointment by calling 225-578-5718.

Summer Camps - Summer Programs for Your Student and You: LSU offers a variety of summer camps and programs for all ages. There's something for everyone from the academic to the athletic, from the classic arts to the latest technology. Whether you're looking for a high-quality summer camp for your child, to get a head start in your college curriculum, or to learn a new skill as an adult, [LSU has a program for you](#).

Team TAF: Join Team TAF today to help support LSU student-athlete scholarships! Every dollar donated to Team TAF will directly offset the \$16 million annual student-athlete scholarship bill. Joining Team TAF is not only the best way to support all of our student-athletes, but also the best way to maximize your LSU experience! All Team TAF donors have access to the new [BENEFITS CHART](#), earn 4 points per \$1000 [PRIORITY POINTS](#) for postseason tickets, SEC Championship tickets, season parking and upgrading season ticket locations as a season ticket holder. Whether you are supporting from the stands, or are a Tiger supporting near or far from the boot, Team TAF is the best way to show your support! [\[...read more\]](#)

Tiger Wellness Week: Connect with a variety of campus departments about available services that support student health and wellbeing. The schedule of events are below:

- Mon, Mar 27: Dimensions of Wellness Fair – Quad (10 a.m. -1 p.m.)

- Tues, Mar 28: “Kneaux Your Status” STI/HIV Day of Testing – 9 Sites Across Campus (10 a.m.-3 p.m.)
- Wed, Mar 29: Sleep Awareness Health Hut with Peer Educators – Free Speech (10 a.m.-1 p.m.)
- Thurs, Mar 30: Yoga with Student Government (Time TBD)
- Fri, Mar 31: “Dietitians Eat Donuts” Nutrition Outreach – Free Speech (11 a.m.-1 p.m.)

Undergraduate Research: Did your Tiger forget to submit their application to LSU Discover Day 2023? No worries – the deadline has been extended to March 12th. Learn more about LSU Discover Day here: <https://www.lsu.edu/discover/events/index.php>

University Recreation (UREC):

- **“Climb to new heights!”** All levels of climbers are invited to join the climbing community on March 23 at 6:00 p.m. at the UREC Top Rope Climbing Competition. [Learn more about the rules and how to register.](#)
- **“UREC Tiger’s Den Summer Camp for your tiny tigers.”** You may have a tiger aged 6-12 who is looking for summer camp plans. Registration is now open for LSU faculty, staff, and UREC members and registration opens April 1 for everyone else. All campers get snacks, lunch, t-shirt, and of course tons of fun is include. [Check out the 9 different sessions along with planned field trips.](#)

What Parents Need to Know about Spring Semester Blues: Your Tiger might need a little extra support this semester. Here are the signs to look for [[...read more](#)].



LSU Summer Session Courses: Encourage Your Student to Strategize Their Summer. Your student can get summer course credit both in the classroom and through study abroad, internships, or research. As they’re making plans for summer, ask them to consider [summer session](#)! Enrollment is open now. LSU students who take a summer course are twice as likely to graduate in four years than those who do not. Plus, your student may be able to enroll in that in-demand class they missed out on last semester, while studying with the same professor. They may also be able to use financial aid and scholarships to study abroad or help finance internship or research costs.

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APRIL 13, 2023 @ WALK ON'S

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Students can join the Collegiate Club at LSU today for exclusive access to the best experiences LSU has to offer!

Sign your tiger up today for the Collegiate Club at LSU! Students who become a member before March 31 will be invited to the Collegiate Club crawfish boil on April 13. For additional information on the LSU Collegiate Club and benefits visit www.lsualumni.org/collegiate-club.



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LSU Parent & Family Programs hopes you have enjoyed reading the March email update and that you found the information helpful. Please contact us if we can be of assistance to you and your family.

Geaux Tigers!

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