



Tufts

UNIVERSITY CHAPLAINCY

E-NEWS 7.12.23



Fran and Peri Barest, A24 smile enjoying an ice cream treat

A Greeting from Your Good Humor Chaplain (Intern)

Dear Tufts community,

I have been the graduate chaplain intern here since September, and as I wrap up my time at Tufts, I'm reflecting on what I'm calling my ice cream summer. I've always had a soft spot for ice cream. When I was a student at Tufts, I was an expert on the Dewick soft-serve dispensers, a frequent customer at J.P. Licks, and would persuade friends to take the long walk to Porter Square for gourmet Honeycomb Creamery. But I didn't know that ice cream is a tried and true way to build community.

In May, I stumbled across an article called "My Dreamsicle Job: Good Humor and Becoming a Chaplain," by Sharon M. K. Kugler, the former university chaplain at Yale. She describes how as a young chaplain she rented a Good Humor ice cream cart during first-year orientation, using delicious treats to nurture the "inner eight-year-old" of new students settling into college life. The Good Humor cart was so popular that she bought one to keep in her office full time, always stocked with ice cream and popsicles!

Kugler writes, "I see the ice cream as a gift that has no strings attached. It's just here to lighten people's days, to express a different sort of hospitality." I was inspired by Kugler's example, and decided to see what I could learn

from the Good Humor chaplain's way of inviting people in.

In early June, I loaded up two big coolers with ice cream - fudge popsicles, strawberry fruit bars, ice cream sandwiches, green tea mochi - and hosted a University Chaplaincy ice cream social. Even though it was raining, more than twenty students, four chaplains, and two adorable dogs piled into Goddard Chapel. The lightness, humor, and hospitality Kugler spoke of was there. With no agenda other than to eat ice cream and connect, I watched as students showed up authentically, swapping stories about the end of the semester and upcoming summer plans.

As the rain cleared up, the dog owners took them outside and several people followed to watch them play. The rest of the group stayed in the chapel, laughing, sharing, and eating for nearly two hours. It's a wonderful memory I will carry with me as I wrap up my year at Tufts, reminding me that we all hunger for community and are all sated by something as simple as dessert. Maybe being a university chaplain is like eating an ice cream cone: sweet, time-bound, sometimes messy, requiring your full attention.

As the summer rolls on, I invite you to consider how to embrace joy, rest, and hospitality. How can you lighten a friend's day? How can you nurture your inner child? What gifts can you offer with no strings attached?

May your summer be full of ease, community, and satisfying your sweet tooth!

Francesca Rubinson
Tufts University Chaplaincy Graduate Intern

New section: What's the carillon tune this month?



Carillon bells in Goddard Chapel tower, photo by Verdin Company

A carillon is a set of tuned bells arranged so that music can be played on them. At Goddard Chapel, we have 25 carillon bells that are stationed in the top of the tall stone tower (pictured above). Today the bells are playable from an electronic keyboard console made by the Verdin company of Cincinnati, Ohio, which also enables the recording of anything from a sequence of chimes to an elaborate tune. Usually the carillon plays a hymn tune at 5:03 p.m. daily, after the 5:00 p.m. chime. The monthly tune is chosen and recorded by the music director of the chapel, Suzie Carreine. We will be highlighting the monthly tune in enews now, thanks to Suzie. **This month you can hear "By the Light of the Silvery**

Moon" (1909, Edward Madden/Gus Edwards). The tune is a Tin Pan Alley love song, celebrating the magic of moonlit summer nights. We hope you enjoy! Please [contact Suzie](#) with any questions about the Goddard Chapel instruments.

[Read about Goddard Chapel Instruments](#)



New this year!

Goddard Chapel Choir.

An interfaith, intergenerational choir for the greater Tufts Community!
Students, staff, faculty, alum, and neighbors are welcome to join.

Please contact Music Director Suzie Cartreine at chaplaincymusic@tufts.edu for more information

Students with work study can apply to be a paid Choral Scholar - reach out to Suzie for more information!

Join the new Goddard Chapel Choir

Email Music Director Suzie Cartriene now if you are interested

Do you love to sing? Spend your Thursday lunch hours this fall singing in our new Goddard Chapel Choir. All are welcome; no experience is necessary!

The Goddard Chapel Choir is an interfaith, intergenerational choir whose membership is drawn from the entire Tufts community – graduate and undergraduate students, faculty, staff, alumni, and neighbors. We welcome experienced choral singers and people who are brand new to choral music. Supported by 4 Choral Scholars, we will rehearse weekly and perform a few pieces for the Goddard Chapel's In Living Memory: A Concert of Story and Songs celebration in November and a spring event annually. University Chaplaincy Music Director Suzie Cartreine has years of experience conducting choirs of all ages and abilities. If you can talk, you can sing! Bring your friends and colleagues and come check it out. For more information, or [to sign up please contact Suzie](#).

Summer Programming with the University Chaplaincy



Weekly Decompression Walks

Last walk is Thursday, July 20, 12:00 p.m., Tisch Roof

If you are local and need a quick break, come join graduate intern Francesca for a Medford/Somerville campus walk and a chance to enjoy the summer weather. All are welcome - students, staff, and faculty! Please note, there will not be a Decompression Walk on Thursday, July 13.

Resources, Scholarships, and Opportunities



REL-0102/CVS-0150 Special Topics: Rel Diversity & Civic Life
Fall 2023, Tuesdays 1:30 p.m. - 4:00 p.m.

Many (but certainly not all) of the world's people are religious, and religions offer core ideas and values as well as organizations through which people can affect the world. In the United States and in many other countries, people with different religions and no religions at all interact with each other in civic life and politics. How should religious people navigate a religiously diverse democratic society? How should active participants in civic life relate to religious traditions, congregations, and communities? What is there to learn from religions about civic change and social justice? What should we all know about religions to be good members of diverse communities? How does religious diversity relate to other kinds of difference, such as race and gender? In this seminar, our sources for discussion will include case studies, classic and contemporary religious texts, examples of religiously pluralistic political action, and personal testimonies. We will consider core questions using tools from Civic Studies and the scholarly study of religion as well as drawing on the expertise of the multifaith Tufts University Chaplaincy team. Students will earn the 4th SHU by engaging directly with religious communities, with guidance from chaplains. The Friday session is for those activities. (Students who would have a regular conflict in Fridays can earn the SHU with alternative assignments.)

Note: Due to a technical glitch, this course was closed to enrollment all through the spring but is now available now on SIS.

Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the [Harvard Divinity School calendar](#).

Tisha B'Av

Wed., July 26, 2023

Tradition: Judaism

Tisha B'Av is an annual fast day in Judaism, on which a number of disasters in Jewish history occurred, primarily the destruction of both Solomon's Temple by the Neo-Babylonian Empire and the Second Temple by the Roman Empire in Jerusalem. Begins at sundown on the first day.

Ashurah ('Ashurah)

Thu., July 27, 2023

Tradition: Islam

For Sunni Muslims, it is a voluntary fast day. Many important events are believed to have occurred on this day, such as Noah's leaving the Ark and the freedom and departure of the Children of Israel from Egypt. For Shi'i Muslims, it is a time of mourning commemorating the martyrdom of Husain (the grandson of the Prophet Muhammad) on the 10th day of the lunar month of Muharram.

Lammas/Lughnasa

Mon., July 31, 2023

Tradition: Wicca/Paganism

The first harvest festival, celebrating the sacrifices of the Earth and the sun for the harvest and the diminishing strength of summer.

Assumption of the Blessed Virgin Mary

Tue., Aug. 15, 2023

Tradition: Christianity-Protestant, Christianity-Roman Catholic

Commemorates the assumption of Mary, mother of Jesus, into heaven.

Dormition of the Theotokos

Tue., Aug. 15, 2023

Tradition: Christianity-Orthodox

Raksha Bandan

Wed., Aug. 30, 2023

Tradition: Hinduism

Also abbreviated to Rakhi, it is the Hindu festival that celebrates brotherhood and love. It is celebrated on the full moon in the month of Sravana in the lunar calendar.

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ABOUT US

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

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