The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We offer a diverse array of spiritual practices, including nature walks (independently and/or together), meditation, reflection, prayer, and study groups. These activities are designed to nourish the highest expressions of ourselves and bring us together. As we reflect on the year behind us and set intentions for the year ahead, we hope to engage in meaningful conversations that will help us connect with each other and with our faiths, traditions, and ancestors.

For students who identify with or are exploring Africana Spirituality and Hinduism, this retreat is a perfect way to spend two days in celebration of our faiths, traditions, and ancestors while contemplating our contemporary ways of being. We will be joined by guest speakers who will help us through the practices (not just the talking about them). The retreat is on Thursday, January 21 and Friday, January 22.

The Rev. Dr. Martin Luther King, Jr. Symposium will be held on Wednesday, January 27, 12:00 p.m. - 1:00 p.m. ET; Registration required. This event is dedicated to engaging with the State of Israel. Join students from 100+ universities, including Tufts University, and participate in this conference.

Nora Bond, the Ira A. Lipman Professor of Journalism at Columbia University and staff writer for The New York Times, will be the keynote speaker. Bond wrote the book That Summer of '63. Cobb is the Ira A. Lipman Professor of Journalism at Columbia University as well as staff writer for The New York Times. She is the author of That Summer of '63. Cobb is also an expert on the civil rights movement and the life and legacy of Dr. Martin Luther King, Jr. His life and message continue to inspire us today.

Our spiritual, religious and philosophical practices, art, and literature have so much to offer us in this life together. There is always light. Only if we are brave enough to see it.

Greetings from Goddard Chapel, where I am basking in the proverbial glow of today’s ceremony and these truth-full conversations.