Welcome new Ram Fam members to the WCU community and returning families. The start of the fall semester is always an exciting time for our Golden Rams, and this semester is no different. The Office of Parent and Family Relations would like to welcome new Ram Fam and returning families to West Chester University! As always, please visit our website for more information about Ram Fam resources, events, and opportunities.

Best wishes to you and your student for a productive and happy autumn!

#RamFam Love,

Lexie McCarthy, Director of Parent and Family Relations

West Chester University

A Message from the Vice President of Student Affairs, Dr. Zebulun

The Division of Student Affairs works collaboratively with other members of the University to encourage your student to watch for “Welcome Back” programs during the first week of classes! The Division can help your student get involved with student organizations that are of interest to them and remind them that they are not alone in this transition. Help your student stay focused on the positive aspects of this new experience.

Whether your student is coming to campus for their first semester at WCU or their last, they are involved with student organizations that are of interest to them and remind them that they are not alone in this transition. Help your student stay focused on the positive aspects of this new experience.

Remember who you are and that your family is already proud of you. Keep your perspective and don’t lose your sense of humor. You may find yourself wanting to send words of encouragement as your student navigates their first semester at WCU. Please take a look at this short video of students sharing their perspectives on the transition from high school to college.

And always, please remember that the Office of Parent and Family Relations is here to support student success! Whether your student is interested in university life, career development, or personal success.

This email was sent to .

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**A Message from President Fiorentino**

As the semester progresses, it is common for stress levels to increase. A perspective is the best way to help your student navigate academic challenges. College students who get the flu can lose a week or more of missed classes and activities. The flu is a contagious respiratory illness that can spread rapidly. College students are at risk of getting the flu due to living and sharing close quarters and through social activities.

The staff and faculty of WCU are highly invested in working with our students to ensure a safe and healthy learning environment. The Division of Student Affairs is committed to providing support services to students in need. If your student has any concerns, please contact one of our counselors or advisors.

Visit the University College Services website for more information about student services and resources.

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**University College Services**

University College Services is here to help. To learn more, your student can come see us on the second Tuesday of September and October. If your student cannot make one of these clinics, call and schedule an appointment!

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**Student Health Services Update**

Here are five great reasons for students to get the flu vaccine at Student Health Services:

1. College students who get the flu can lose a week or more of missed classes and activities.
2. College students are at risk of getting the flu due to living and sharing close quarters and through social activities.
3. The flu is contagious and can spread rapidly.
4. The flu vaccine is safe and effective.
5. The flu vaccine is available at Student Health Services.

The Office of Parent and Family Relations would like to encourage all students to get the flu vaccine. It can help prevent the spread of illness and protect your student's health.

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**Office of Parent and Family Relations**

If you have not added us to your address book, you will receive an email asking you to do so. You can also subscribe to our email list to receive our future emails.

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**Important Dates and Deadlines**

- September 2 (no classes)
- September 3
- September 12, 2019
- September Outdoor Adventure Trips
- September 28, 2019
- Saturday, Sept. 7:
  - Intro to Standup Paddleboard Trip (beginner) $10
  - September 9, 2019
  - September 12, 2019
- Saturday, Sept. 28:
  - Intro to Standup Paddleboard Trip (beginner) $10
- September 30, 2019
- October 22
- November 25-36 (no classes)
- December 9
- December 10-14
- December 2
- December 24 & 25 (no classes)
- December 26, 2019
- December 27-31 (no classes)

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**Mom After Hours Fall 2019**

Mom After Hours is designed to give your adult daughter, son, or other household member an opportunity to explore activities on campus while you are also there to support them. It is a fun way to spend an afternoon or evening as a family. Mom After Hours events are free and open to all students and their families.

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**Career Center Corner**

Career Center Corner is here to support your student as they pursue their career goals. The Career Center provides resources and services to help students develop the skills and knowledge needed to succeed in their chosen field.

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**Courses and Thursday, August 29**

Courses and Thursday, August 29 feature a talk on time management. We are here to help. To learn more, your student can come see us on the second Tuesday of September and October. If your student cannot make one of these clinics, call and schedule an appointment!