To continue receiving our emails, add us to your address book.

A Message from the Vice President of Student Affairs, Dr. Zebulun

September and October. If your student cannot make one of these clinics, call and schedule an appointment!

Here are five great reasons for students to get the flu vaccine at Student Health Services:

1. **Immunization Mandate**
   - If your student is a nursing or education major, they may need proof of flu vaccination.

2. **Prevention**
   - The flu is highly contagious. Getting vaccinated helps protect students from catching the flu.

3. **Regularity**
   - Getting vaccinated is a part of your student's routine health care.

4. **Empowerment**
   - Encourage your student to make a decision about vaccination. Whether your student is a first-year or a returning student, it is never too late to engage in conversation around alcohol and other drug use.

Talking with College Students About Alcohol - This is the first part of a four-part series written by Dr. Joseph P. Cacioppo, a professor at the University of Michigan and the author of numerous books on the topic of substance abuse. The goal of this series is to highlight the complexity of the issue and provide parents with strategies for initiating conversations with their college students about alcohol and other drug use.

As the semester progresses, it is common for stress levels to increase. A highly inclusive environment.

The staff and faculty of WCU are highly invested in working with our students to ensure a safe and empowering environment.

Student Health Services W

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Family Weekend Registration is LIVE!

Visit the University College Services website to contact one of our representatives with any questions, comments, or concerns.

Family Weekend Picnic hosted by the RAM FAM MENTORSHIP Program (October 4-6, 2019)

If you have not completed the online education module, please do so by this deadline to avoid a hold.

Family Weekend Feast

- Pay to reserve your seat at our Family Weekend Feast hosted by the RAM FAM MENTORSHIP Program.

September Outdoor Adventure Trips

- September 2 (no classes)
  - Intro to Standup Paddleboard Trip (beginner) $10
  - Mountain Biking Trip (beginner) $15
- September 3
  - Intro to Standup Paddleboard Trip (beginner) $10
  - Mountain Biking Trip (beginner) $15
- September 6-7 (no classes)
  - Intro to Standup Paddleboard Trip (beginner) $10
  - Mountain Biking Trip (beginner) $15
- September 8-9 (no classes)
  - Intro to Standup Paddleboard Trip (beginner) $10
  - Mountain Biking Trip (beginner) $15
- September 12, 2019
  - Intro to Standup Paddleboard Trip (beginner) $10
  - Mountain Biking Trip (beginner) $15

Register for Family Weekend (October 4-6, 2019) TODAY!

Register for an Outdoor Adventure Trip to the Great Outdoors!

For additional questions, you can also contact our Student Ombuds at 610-436-3356.

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