Opportunity to Get Involved and Informed!

- **Pre-Health Fair**: This annual event brings together representatives from various health professions to inform students about career options. It will feature representatives from Oregon Health & Science University (OHSU), Pacific Northwest Gastroenterology Associates, Farmer Family Medicine, Portland VA, and more. Attendees can ask about programs, training, and opportunities in the healthcare field.

- **UPREP**: A collaborative project between the Office of Healthcare Equity student affinity groups and OASIS (Outreach, Advising, Support, and Identity Formation for Students). They aim to pair current medical students with undergraduate mentees from diverse and underrepresented backgrounds.

- **Traditional Scholarships**: The Pre-Medical Student Association at UP is hosting a medical student panel with traditional medical schools to discuss acceptance rates, the selection process, and other factors. The session is scheduled for Thursday, November 28th, 2022, from 6:30-8:00pm PST. Students can attend this session to learn more about the process of applying to medical school.

- **MCAT Practice Exams**: For incoming pre-med students, there are free full-length MCAT practice exams available on the OHSU's Higher Education web page. This opportunity is a great way to prepare for your upcoming exams and gain confidence in your abilities.

- **Upcoming Events**: Students can stay informed about upcoming events and opportunities through the Pre-Health News website.

- **Application Workshops**: The Pre-Medical Student Association at UP will host workshops focusing on topics ranging from AMCAS application, financial aid, writing a personal statement, MCAT prep, interviews, and others. These workshops are designed to help you be a successful medical school applicant.

- **MCAT Prep**: Altius Test Prep is offering 5 free full-length MCAT practice exams to UP students. This is a great opportunity for UP students to practice and prepare for their MCAT exams.

- **Medical Student Panel**: UPREP is offering a medical student panel with traditional medical schools to discuss acceptance rates, the selection process, and other factors. This session is scheduled for Thursday, November 28th, 2022, from 6:30-8:00pm PST. Attendees can learn more about the process of applying to medical school.

- **OASIS**: Offers a one-on-one mentoring program that pairs current medical students with undergraduate mentees from diverse and underrepresented backgrounds. This program is designed to create a more equitable workforce, increase cultural competence, and reduce health disparities.

- **OHSU**: Offers opportunities for ongoing opportunities to engage and connect with other students and professionals in the healthcare field.

- **UPREP**: Offers monthly workshops to underrepresented minority students. These workshops aim to provide students with ongoing opportunities to engage and connect with other students and professionals in the healthcare field.

- **Pay It Forward**: A medical student-run mentorship program at Oregon Health and Science University (OHSU) in Shiley 319. Students interested in participating should contact healthprofessions@up.edu.

- **UPREP Events**: The Pre-Medical Student Association at UP is hosting events throughout the semester. Students can stay informed about upcoming events and opportunities through the Pre-Health News website.