Dear Colleagues,

We support you and your loved ones as we work through the end of the semester approaching, as we are writing to offer a few timely reminders.

First, thank you for your tireless efforts to support undergraduates inside and outside of the classroom this semester. We hear from students and colleagues alike that support resources have been gone above and beyond to engage and retain their support in all platforms, which has become so much more important as we navigate this uncertain time. We are grateful for all of your hard work.

Of course, managing the stress of the compressed, uncertain, and uniquely challenging semester has been difficult for all of us. As we approach the end of the term, we hope you will find the information and reminders offered below to be helpful and timely.

### Faculty Wellness and Resources

- **The Personal Assistance Service (PAS)** is available at no charge to provide information to your students, faculty and staff.
- **Duke Reach** is a confidential listening service with trained representatives available 24/7.
- **Blue Devils Care** is a confidential calls-to-action with additional resources available.
- **Duke-sponsored resources available to support faculty wellness include:**
  - DukeReach: A 24/7 confidential listening service with trained representatives available.
  - Blue Devils Care: A confidential calls-to-action with additional resources available.
  - Personal Assistance Service (PAS): Available at no charge to provide information to your students, faculty and staff.

- **Duke Votes** is the Duke University voting website.
- **DukeVote365** is a series of video brief live presentations to help contextualize the 2020 election.
- **Duke Student Mental Health and Wellness**

### Student Wellness and Resources

Given its constrained nature and limited opportunities for social connection, this semester presents a true test of our students, each of whom have shared their experiences of the pandemic that resulted in them being isolated. We appreciate your efforts, gone to extraordinary lengths to support our students' intellectual, emotional, and physical wellbeing. We truly appreciate your eorts, and we hope you will have some opportunities to recharge during the cycle in which they can vote, and Duke has seen remarkable levels of participation.

For most of our undergraduates, this election is the first Presidential election in which they will vote, and it has been overwhelming for them to take part in a meaningful way.

### Additional resources include:

- **TalkNow (24/7, talk about anything)**
- **Scheduled Counseling.**
- **Peer for You responders—who are here to chat in 24-48 (business) hours:**
- **Duke-sponsored resources available to support faculty wellness include:**
  - DukeReach: A 24/7 confidential listening service with trained representatives available.
  - Blue Devils Care: A confidential calls-to-action with additional resources available.
  - Personal Assistance Service (PAS): Available at no charge to provide information to your students, faculty and staff.

### Duke endowed resources available to support faculty-wellness include:

- **The Assistance Advisory (AAU):** The Assistant Advisory is a resource for the Assistant Faculty and Staff who are interested in learning more about Duke's mission and the policies and procedures that govern the institution.
- **Human Resources (HR):** The Human Resources team provides support to faculty and staff in areas such as benefits, payroll, workplace safety, and more.
- **Duke Lawyers (DL):** The Duke Lawyers team provides legal support to Duke faculty and staff.
- **Duke Technicians (DT):** The Duke Technicians team provides technical support to Duke faculty and staff.
- **Duke Volunteers (DV):** The Duke Volunteers team provides volunteer support to Duke faculty and staff.

### Election-related resources

- **Duke Votes** is the Duke University voting website.
- **DukeVote365** is a series of video brief live presentations to help contextualize the 2020 election.
- **Duke Student Mental Health and Wellness**

### Resources for Faculty, Students, and the Election

- **Duke Student Mental Health and Wellness**

### Duke-sponsored resources available to support faculty wellness include:

- **TalkNow (24/7, talk about anything)**
- **Scheduled Counseling.**
- **Peer for You responders—who are here to chat in 24-48 (business) hours:**
- **Duke-sponsored resources available to support faculty wellness include:**
  - DukeReach: A 24/7 confidential listening service with trained representatives available.
  - Blue Devils Care: A confidential calls-to-action with additional resources available.
  - Personal Assistance Service (PAS): Available at no charge to provide information to your students, faculty and staff.

As a reminder, classes are scheduled to take place on November 10th, the day on which the moment requires that we take a longer look at our own needs in the context of the election process. This is a true opportunity that we will not get again in the next century.

First, vote if you are able. The DukeVotes website includes information for students, faculty, and staff, as well as online voting options on the election day. If you are not able to vote with your students, please don’t forget that any voter eligible to vote in Durham County can vote in the Duke support for a friend or family member.

Second, encourage your students to vote. If you are not able to vote with your students, please don’t forget that any voter eligible to vote in Durham County can vote in the Duke support for a friend or family member.

Third, consider providing information to your students about the election process. This can include information about registering to vote, voting in-person, or voting by mail.

As we look forward to the end of the semester, we hope you will find the information and reminders offered below to be helpful and timely.

With gratitude,

Mary Pat McMahon
VPUE Gary Bennett

The Office of Undergraduate Education

Duke University