Dear Colleagues,

We hope you and your loved ones are safe and well. With the end of the semester approaching, we are writing to offer a few timely reminders about the unique challenges and support available during this uniquely challenging semester.

First, thank you for your tireless efforts to support undergraduate inside and outside of the classroom this semester. We hear students routinely express to us their appreciation for all the ways faculty have gone above and beyond to engage and offer their support in all platforms. We know this comes as you juggle many additional responsibilities outside of your teaching and we share the students’ gratitude for all that you continue to do.

Of course, managing the stress of the compressed, uncertain, and uniquely challenging semester has been difficult for all of us. As we approach the end of the term, we hope you’ll find the information and reminders offered below to be helpful and timely.

Faculty Mental Health and Wellness

Given its constrained nature and limited opportunities for social connections, this semester presents a host of unique challenges for students, faculty, and staff. For your students who have shared your concerns about the challenges they’re facing, Duke offers resources like: the Blue Devils Care for anonymous self-referral to a licensed professional who offers support for a range of mental health needs; or DukeReach, which offers 24/7 peer-to-peer support from trained Wellness Representatives who can provide emotional support and guidance on how to access other resources. For students, Personal Assistance Services (PAS) is available at no charge to provide information to your students, faculty and staff, as well as useful background information to support learning.

In addition to voting information, the Duke Votes website features resources and events during this election season.

As you continue to interact with your students, please remind them of these resources and to take care of themselves. Many students. As you continue to interact with your students, please

For most of our undergraduates, this election is the first Presidential election in which they can vote, and it has been remarkable to see the level of engagement among our students.

We hope this note finds you and your loved ones safe and well. With gratitude,

Mary Pat McMahon
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