Dear Colleagues,

We hope you and your loved ones are well. With the end of the semester approaching, we are writing to offer a few timely reminders to support the well-being and health of our students.

First, thank you for your tireless efforts to support undergraduate inside and outside of the classroom this semester. We hear from students that you have gone above and beyond to engage and offer support to all in support of their education. Your tireless efforts continue to go against many additional responsibilities outside of your teaching and we know you face more challenges.

Of course, managing the stress of the compressed, uncertain, and uniquely challenging semester has been difficult for all of us. As we approach the end of the term, we hope you find the information and reminders offered below to be helpful and timely.

Faculty Mental Health and Wellness

And we hope you will have some opportunities to recharge during the cycle in which they can vote, and Duke has seen remarkable levels of participation. For most of our undergraduates, this election is the first Presidential election in the democratic process.

For most of our undergraduates, this election is the first Presidential election in the democratic process. While election day is on November 3rd, the nature of the moment driving local, state, and national campaigns. Today's Election 2020

In addition to voting information, the Duke Votes website features ways to support yourselves and your students in the upcoming weeks. You have jurisdiction over your syllabi language that included mental health and wellness resources for students. We encourage you to remind students that they are available at no charge. PAS staff are licensed professionals who offer assessment, short-term counseling, and referrals to help resolve a range of personal, work, and family challenges.

Given its condensed nature and limited opportunities for social connections, this semester presents a host of unique challenges for our students. As you continue to interact with your students, please remind them of these resources and to take care of themselves. Many students have the support that they need.

First and foremost, we encourage you to take care of yourselves. We routinely express to us their appreciation for all the ways faculty have

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Duke-sponsored resources available to support faculty wellness include:

- Blue Devils Care: A convenient way for Duke students to receive no-cost assessment, short-term counseling, and referrals to help resolve a range of personal, work, and family challenges.
- Duke Reach: Duke-sponsored resources available to support faculty wellness
- DUKE2020. Students can sign up at the website above using the service key
- Personal Assistance Service (PAS): An additional university and campus resource. We urge you to consider ways to support students who may be less connected with zero judgement—or DukeReach staff members.

As a reminder, courses are scheduled to take place on November 11th. This marks the moment recommends that we take a longer view than is customary on the timeframe of this election season. There is a distinct possibility that we will not know election results on November 4th. This may create challenges.

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