



Your one-stop-shop for pre-health news and updates!



Are you Taking an Entrance Exam This Year?!

MCAT? DAT? GRE? PCAT? OAT?

If you are taking any entrance exam in the next year please [email Becca](#) and let her know the date you register for and the test you are taking so we can add you to the Pre-Health Testing Calendar! We want to cheer you on as you study and help you find other people who are working towards the same goals to connect with this year. We also want to celebrate with you when you're done - and we don't know when you're taking these tests unless you let us know!

Off Campus Highlights

- **The Summer Health Professions Education Program (SHPEP)** is back! SHPEP is a free six-week summer enrichment program focused on improving access to information and resources for college students interested in the health professions; furthermore, participating students will be awarded a stipend. [The 2021 application is now open!](#)
- Here is the link to the recording of [Western University of Health Science's Physical Therapy Program Info Session](#). This is Oregon's newest PT program!
- Have you considered taking a gap-year to increase your experience in the medical field while you apply to medical or physician assistant school? Or do you want to know if a gap-year is right for you? [Join our Zoom panel presentation on Wednesday, November 18th at 7:00pm with former ReConnect Fellows](#) and learn all about this unique gap-year program in rural healthcare
- **Looking for Virtual Shadowing opportunities?** Check out this new resource - [Pre-Health Shadowing](#)
- **Casa de Esperanza** provides residential care to children birth through six years old who are in crisis due to abuse, neglect, or the effects of HIV. Care is provided in our residential neighborhood by our Hands of Hope House Parents. Our House Parents, most of whom are recent college



graduates, join us for a year of service- a twelve-month full-time post-graduation service year. We provide on-site housing (House Parents live with the children they are caring for) and House Parents join us from all over the United States to be part of our [internship program](#).

- **The Pacific University, Oregon School of Occupational Therapy** is excited to announce a wonderful opportunity to further explore a career in Occupational Therapy and our 3-year OTD program! [We would like to invite you to our Virtual Open House event Wednesday, November 18, 2020 at 6:00pm to 8:00pm PST.](#) For potential applicants, this is a great opportunity to learn more about our program, meet your admissions counselor, interact with current students, faculty and staff, and ask any questions you may have!
 - [Project Horseshoe Farm](#) offers Community Health Fellowship programs in Alabama and California. Alumni consistently express how transformative their Fellowship experience has been, and Fellows go to some of the top medical schools, graduate programs, and nonprofit organizations across the U.S. **Our first application deadline is November 15th, 2020.**
 - **November 14th - 19th is National Health Professions Week!** If you are considering a future in the health professions, HPW is your one-stop-shop to explore over 20 career options. Registrants receive access to a personalized website with curated, on-demand content introducing the participating health professions, as well as access to exclusive live events featuring opportunities for one-on-one career advice. [HPW is a free event for all participants.](#)
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Alumni Spotlight

Erin Faloon is currently an M1 at Creighton University School of Medicine. Like many UP alumni, Erin chose to take a gap year after graduating in 2019. During that time, she spent a year living in Honduras and working with Nuestros Pequeños Hermanos (NPH), an organization that supports the rights of children and people with disabilities. In addition to living on the NPH "ranch" and helping to care for children who live there, she also work in the community outreach department.

Although Erin originally planned to go to medical school directly after graduating from UP, she decided to defer for a year to gain experience working with underserved populations in resource-limited settings. Through her position in the community outreach department, she had the opportunity to know and serve families living in cities and villages surrounding the ranch. She coordinate our nutrition program for babies 6 months – 3 years, coordinate food donations to the Comedor (an NPH sponsored soup kitchen), provide tutoring services at the Comedor, assist in coordination of scholarship program (meetings, workshops, tutoring, etc), conduct house visits to check in with families in our various programs, and assist in the development of an under-construction family center.

Erin left Honduras in June but will certainly continue to do great things and impact the lives of many more in the future. We wish Erin all the best in medical school and with her future as a physician.

[Read more about Erin here!](#)



Test Prep Question of the Day

This week's test prep question comes from the MCAT:

A woman is at a restaurant and orders a spicy entrée. After the first bite, she experiences burning in her mouth and becomes concerned that her food is too hot for her. The next few bites are similarly

uncomfortable, but after a while the spiciness seems to subside somewhat, and by the end of the meal, she doesn't notice the spice level. The end of the meal experience is best described as:

- A. adaptation.
- B. signal detection.
- C. a difference threshold.
- D. pain perception.

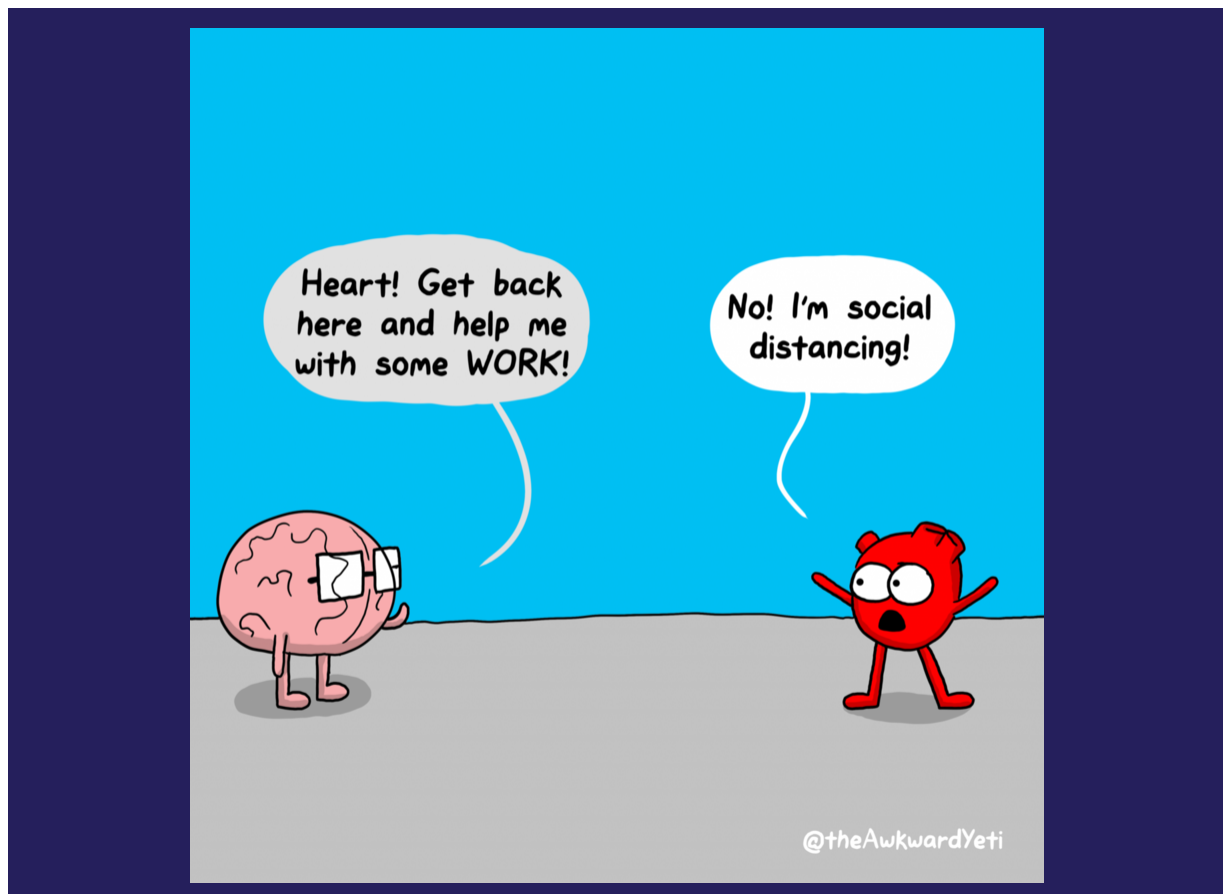
Answer is at the very bottom of the Newsletter!

Questions? Concerns? Need an Advising Appointment? Contact Us!

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DAT Question Answer: A

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