

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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It's going to be a great week! First up, looking forward to seeing lots of you tomorrow at our Spring Girls' Night in

Essex! Join us with a gaggle or come by yourself; it's ALWAYS a great time! Details below. Secondly, Sunday is my favorite holiday of the year: Mother's Day! I take it quite seriously, and I'm heading to NYC for brunch with my baby. I've been sharing an apartment with my daughter in Brooklyn and try to get down there a week or so a month. We call it an "experiment in intergenerational living" (it would make great TV)! I feel incredibly lucky to spend this time with Bobbie and am so proud of the adult she has become. Wishing all moms the best Mother's Day.

Love,  
Erica

GIVE YOUR  
EYELIDS A LIFT!

UPNEEQ®

A ONCE DAILY DROP!



BEFORE



AFTER

*Refine* BY FARRELL  
Suzanne Arcuni Farrell, APRN

LEARN MORE



STONINGTON  
*Vineyards*

SAVE THE DATE FOR OUR ANNUAL

**KICK OFF  
to SUMMER!**

*May 21st – 22nd!*

11AM - 5PM

[PURCHASE TICKETS](#)

*Think  
Spring*

**SLATE**

MADISON, CT



## Girls' Night Out in Essex

**Girls' Night Out THIS WEDNESDAY, May 4th, 5 - 8pm.**  
Join us for a festive night in Essex! Just show up at the Griswold Inn Wine Bar to grab your sticker (and enjoy a 1/2 price glass of wine) to qualify for 20% off in participating shops. This event is free!



Visit our remodeled showroom

**SUB-ZERO** **WOLF**



 Page Hardware  
& Appliance Co.

**salonpure**

MOTHER'S DAY GIFT CARD SALE!

FOR EVERY \$100.00 GIFT CARD,  
RECEIVE AN ADDITIONAL \$20 FREE!



# 30 Things To Do in May



Get out your calendar! We've rounded up lots of fun happenings in May!



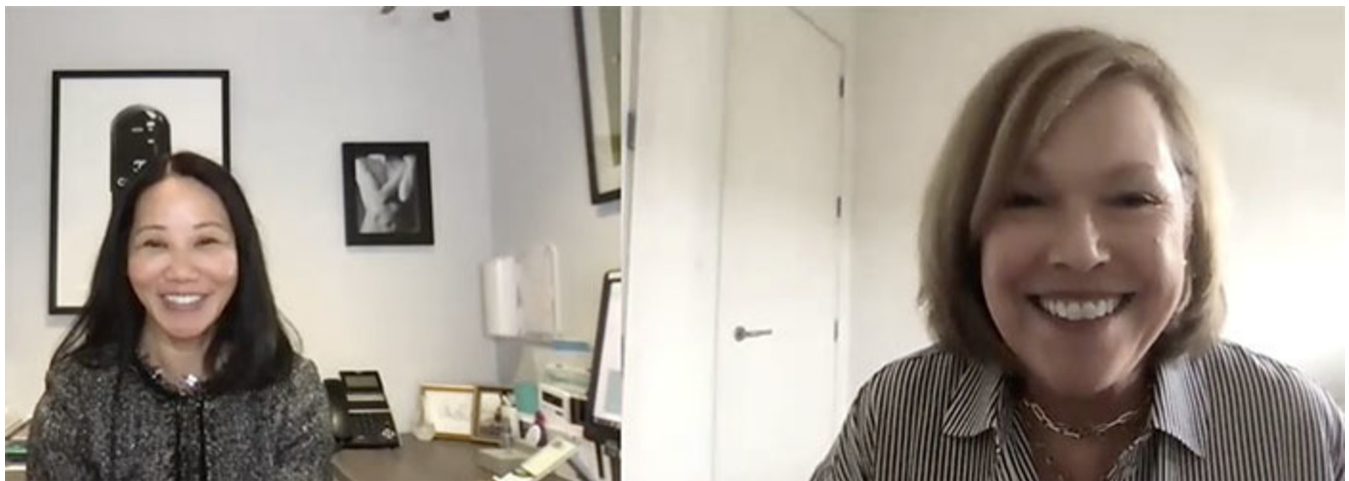
## Celebrations on the Shore!

Here's a happy local business! Celebrations on The Shore creates balloon extravaganzas for any and all parties, soirees, and events. From garlands



and hoops to arches and centerpieces, there's nothing more cheerful than their big bunches...

[More Balloons!](#)



## The Latest in Medical Aesthetics: An Interview with Dr. Deborah Pan

I caught up with Dr. Pan from Esana Plastic Surgery and Med Spa last week to discuss what's coming down the pike in new aesthetic treatments and the latest technologies.

[Watch The Interview](#)



## Spotted! Water Street Jewelers, Guilford and Madison

Sometimes we like to shop for ourselves for Mother's Day and ogling the gems and baubles at Water Street is a fine place to start (or drop a hint!). I loved this well-priced and award-winning collection by designer Dean Davidson: 22k overlay on brass inlaid with labradorite and moonstones.

[See More Jewels](#)

## Sponsored Story



### **Cabaret at Goodspeed Musicals Begins Next Week!**

Goodspeed is back with a full slate of musicals for 2022!

Kicking off the season will be Cabaret, Kander and Ebb's legendary musical about British nightclub singer Sally Bowles, American writer Cliff Bradshaw, and the decadence of 1929 Berlin. With mounting fear and uncertainty outside, the bawdy Emcee lures you into the world of the Kit Kat Club where your troubles are left at the

door. Featuring the treasured songs "Maybe This Time," "Don't Tell Mama" and "Cabaret," this Tony Award-winning masterpiece will dazzle on the Goodspeed stage for the very first time!

May 13 - July 3 at The Goodspeed in East Haddam.

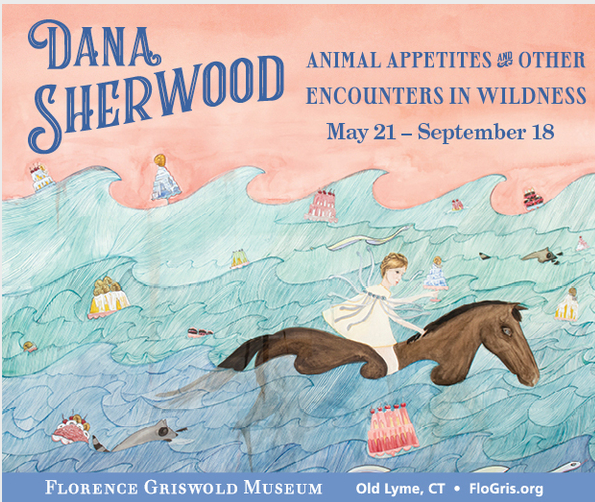
Tickets and info at [goodspeed.org](https://goodspeed.org) or call 860.873.8668.

[Get Tickets](#)

**From The E List Events Calendar**

**Featured Event**





**Opening May 21:  
"Dana Sherwood: Animal  
Appetites and Other  
Encounters in Wildness."**

Visitors will tour the Florence Griswold Museum's galleries, grounds, and historic house, exploring relationships between wild nature and domestic culture, cross-

species communication, and the feminine experience. In her first solo museum exhibition, Dana Sherwood exhibits films, sculpture, and oil and watercolor paintings, offering viewers a confection of fantasy and whimsy as an appetizer to the seriousness of the issues she presents. Through September 18.

[Visit florencegriswoldmuseum.org](http://florencegriswoldmuseum.org)

**Landscape Lighting Seminar With Tidewater Lighting & Design, 5/7**

Come learn how to select, install and illuminate your yard. [Read more...](#)

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**Madison Lyric Stage Presents The Seven Deadly Sins and Curlew River, 5/12 - 5/15**

Head to Madison Lyric Stage's brand-new deluxe tent on the grounds of the Deacon John Grave House for the first show of the season. [Read more...](#)

**Featured Event**

**Window Art Stroll & Contest**

Enjoy a self-guided outdoor art stroll in historic downtown New Haven from May 7-30 in the Broadway, Chapel, and Whitney-Audubon districts!





Features 30 windows painted by local artists, with art installations on Saturday, May 7.

NEW this year, a Spring Outdoor Art Sale with live jazz music on Broadway Island is on Saturdays, May 14 & 21 from 11am-3pm.

[Visit theshopsatyale.com](http://theshopsatyale.com)

### **Mother's Day Weekend at the NBMAA, 5/6 - 5/8**

Celebrate Mother's Day at the New Britain Museum of American Art with a variety of programs, events, and special offers all weekend long. [Read more...](#)

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### **ECPAA Jazz Festival, 6/4**

Don't miss the chance to see a handful of professional acts, spanning jazz standards to funk and blues, entertain crowds at an outdoor one-day festival. [Read more...](#)

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### **Gardens by the Sea, 6/10 - 6/11**

Enjoy an easy walking tour of nine rarely seen gardens in Stonington Borough. [Read more...](#)

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### **The Vintage Market at Chester Fairgrounds, 6/25 - 6/26**

Mark your calendars for this year's Vintage Market at the Chester Fairgrounds. For merchants, find out more about having a booth. [Read more...](#)

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Looking for more to do? Find workshops, theater, concerts, and more on The E List Calendar:

[BROWSE THE CALENDAR](#)

Get the word out to our 25K readers about your Spring happenings! [Add your event listing here.](#)

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