November update
KEEPING YOU IN TOUCH

LSU Holiday Shuttle Registration is Open!

Register now! The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

A Note from the President

Dear Parents and Families,

I hope this message finds you and your families healthy and happy. We are proud of our students' achievements and the impact they are making on our campus and in the world. LSU is a special place where we celebrate diversity, creativity, and innovation. Our students are not only studying, but they are also engaged in various activities that challenge and inspire them. Whether it be in academics, athletics, or community service, LSU provides a unique educational experience for all students.

One of the ways we encourage engagement is through our community events and activities. The LSU Shield program, for example, is a great way for students to learn and grow. The LSU Shield program is a comprehensive safety and security program that provides services to our campus community. We are proud of our commitment to safety and security, and we are committed to providing a safe and welcoming environment for all students.

I want to thank you for your continued support of LSU. We are grateful for the opportunities we have to work with you and your families. Please know that we are here to support you and your students in any way we can. If you have any questions or concerns, please do not hesitate to contact us.

Thank you for being a part of the LSU community.

F. King Alexander
President

LSU Parent & Family Programs

Campus Highlights

November is National Career Month! Let's Celebrate…

Did You Know that all full-time students have a membership to UREC and that you found the information helpful. Please contact us if we can be of assistance to you. LSU Parent & Family Programs hopes you have enjoyed reading the November Email Update.

University Recreation:

University Recreation offers a variety of programs and services to help our students achieve a balanced lifestyle.

- LSU UREC Swim school is offering private and semi-private swim lessons for students. Session VIII begins 11/26. For more information, visit our website.
- LSU UREC offers a range of programs, including Adventure Trips, and so much more. Being engaged with LSU UREC is a great way to stay active and healthy.
- LSU UREC also offers personalized training programs and sports coaching for students.

Residential Life:

Residential Life provides a range of programs and services to support student life on campus.

- Residential Life offers a variety of programs and services to support student life on campus.
- Residential Life provides in-hall academic support, which is available to all students.
- Residential Life also offers a range of programs and services to support student life on campus.

Olinde Career Center:

Olinde Career Center offers a variety of programs and services to help students prepare for their future careers.

- Olinde Career Center offers a range of programs and services to help students prepare for their future careers.
- Olinde Career Center also offers a range of programs and services to help students prepare for their future careers.

LSU Foundation:

LSU Foundation supports the University's mission by raising funds for scholarships, research, and other programs.

- LSU Foundation supports the University's mission by raising funds for scholarships, research, and other programs.
- LSU Foundation also supports the University's mission by raising funds for scholarships, research, and other programs.

LSU Cale P. & Katherine Smith Student Financial Management Center:

LSU Cale P. & Katherine Smith Student Financial Management Center offers a range of programs and services to support student financial management.

- LSU Cale P. & Katherine Smith Student Financial Management Center offers a range of programs and services to support student financial management.
- LSU Cale P. & Katherine Smith Student Financial Management Center also offers a range of programs and services to support student financial management.

Center for Academic Success's free tutoring services in Middleton Library

- LSU Cale P. & Katherine Smith Student Financial Management Center offers a range of programs and services to support student financial management.
- LSU Cale P. & Katherine Smith Student Financial Management Center also offers a range of programs and services to support student financial management.

While these are only a few highlights, the breadth of these programs and services is impressive. LSU is committed to providing a supportive and enriching environment for all students.

Events

- How to feel less anxious and depressed: "Building Resilience in Uncertain Times." The series meets every Wednesday in Mental Health Service, 4:30 p.m.
- Undergraduate Research Symposium: "Advancing Knowledge Through Research." The symposium is scheduled for December 3-8:

  - November 21: Research Symposium Res Halls from 11 a.m. - 2 p.m.
  - November 26: Research Symposium Res Halls from 11 a.m. - 2 p.m.
  - December 1: Research Symposium Res Halls from 11 a.m. - 2 p.m.
  - December 3: Research Symposium Res Halls from 11 a.m. - 2 p.m.
  - December 5: Research Symposium Res Halls from 11 a.m. - 2 p.m.

- Thanksgiving Holiday Break Shuttle

- Thanksgiving Holiday Break Shuttle

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.

- The LSU Holiday Shuttle is available for your convenience to transport you home or to visit friends during the Thanksgiving and Winter Breaks. Reservations are accepted online at lsu.edu/holidayshuttle or by calling 225-578-3231. Free shuttle service is available to all students, faculty, and staff. For more information, visit the LSU Holiday Shuttle website or call the Office of Residential Life at 225-578-3231.