



NEW & NOTEWORTHY HAPPENINGS IN  
OUR VILLAGE



	FIRST CLASS IS ALWAYS FREE!					
	MON	TUES	WED	THURS	FRI	SAT
The Chapel at Tinkers Creek	9:30 AM Stroller Strides		9:30 AM Stroller Strides		9:30 AM Strides 360	
Hudson Montessori School	6:00 PM Stroller Strides	7:00 PM Body Boost				
Virtual Schedule		7:00 PM Body Boost	7:00 PM Strides 360	6:00 PM Stroller Strides (Beachwood/ Shaker Hts)		8:00 AM Body Boost

# Events & Happenings

## Rainbow Dot Painting

Monday, March 7, 10:30 am

Let your your Little practice fine motor skills and make a beautiful mess-free rainbow!



## FREE Stroller Strides Open House

Wednesday, March 16 9:30 am

The Chapel at Tinkers Creek

Interested in trying a class but just haven't gotten around to it? Afraid you'll be the only 'new' mom in class? Have no fear, our Open House is here!

Join other new-to-FIT4MOM moms as well as seasoned mamas for a special Stroller Strides class. Stay after for conversation, coffee, and playtime for the littles. Come see what our FIT4MOM Hudson, Twinsburg, Streetsboro Village is all about! This class is FREE for everyone!

[Stroller Strides Open House](#)

## Fruit Loop Necklace Craft

Friday, March 18, 10:30am

Stay after class to make a yummy  
and fashionable fruit cereal

rainbow necklace!



## Akron Children's Museum Play Date

Thursday, March 24, 9:30

Join us at the Akron Children's Museum to play, create and explore! If you'd like, bring a packed lunch and stay until they close at 1:30.

## Leprechaun Paper Plate Mask

Wednesday, March 23, 10:30

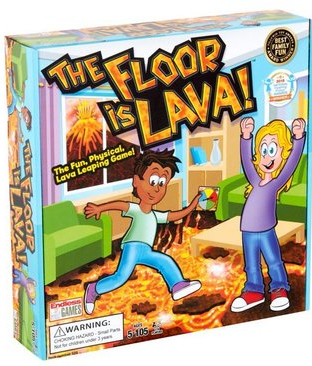
Did you see a leprechaun this year? If not, here's your chance! Help your kiddos become wee little leprechauns with these adorable painted masks!



## The Floor is Lava Playdate

Friday, March 25, 10:30

Let the kiddos run free and burn off some energy as we play The Floor is Lava!



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## Mom's Night Out Dip Party

March 31, 7:00pm

Join us at Caitlin's house for a Dip Party! Bring your favorite dip and cracker/chip/vegetable/fruit/cookie to accompany it! We'll spend the evening snacking, relaxing, chatting, and playing games! A sign up sheet will be available soon so that we can ensure a variety of dips!



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## Mama of the Month

*Meet Heather, our March Mama of the Month*

**How did you meet your husband?**

**Tell us about your family.**

- My husband Dan and I, our daughter Siggy, our golden retriever Saul, and our cat Clover.

**How did you meet your husband?**

-My husband and I actually met on the internet! It was completely random.

**Where are you originally from?**

-I was born in Virginia but I consider Streetsboro my hometown.

**Who is your celebrity crush or celebrity BFF?**



-My celebrity BFF is definitely Jonathan Van Ness.

**If your nickname was your pregnancy craving(s), what would it be?**

-Peanut butter and tomatoes!

**Where is your favorite place to travel?**

-We don't travel like we used to, but I loved Stockholm when we visited.

**What does motherhood mean to you?**

-Motherhood to me means compassion and acceptance above pretty much all else.

**How did you find FIT4MOM? What classes do you currently attend and why do you love them?**

-I first found about fit4mom on Reddit! I was struggling with PPD and searching for activities for new moms and their babies and someone suggested that I check to see if there was a Fit4Mom in my area. My favorite class is Stroller Strides because I love that my daughter gets a playdate at the end, but I have taken most of the classes.

**How has FIT4MOM changed your life?**

-Before FIT4MOM, I had never experienced what it was like to have a sense of community. I've loved getting to know all of the parents involved and their great kids.

**What's one thing you would go back and tell yourself as a new mom?**

-I would tell myself that everything is going to be okay, and not to be so hard on myself.

Questions for kiddos

**How old is Mommy?**

- I don't know. Seven.

**What's something Mommy always says?**

- No. I don't know.

**What is mom really good at?**

- No, I think... I don't know! I don't know, mommy.

**What's mom's favorite thing to do?**

- I don't know.

**What makes you proud of your mom?**

- Mhm. I DON'T KNOW!



***Heather, we are so happy to have you in our Village, and can't wait to watch you continue to crush your goals!***

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**FIND A CLASS**

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