



Parent & Family Programs

August update

KEEPING YOU IN TOUCH



LSU Family Weekend Registration Opens Soon!

All families of LSU students are invited to join us for LSU Family Weekend, which will be held September 23-25. Priority registration for Family Association members will open on Thursday, August 18 at 9:00 AM CDT. An email will be sent to all Family Association members on this date explaining the registration process.

Visit lsu.edu/join to get more information about LSU Family Association and join today to take advantage of this exclusive priority registration. The deadline to join the LSU Family Association and receive access to priority registration is August 12.

Family Weekend registration will open for all family members on Thursday, August 25. Details about the Family Weekend schedule, costs, and lodging suggestions will be added to lsu.edu/familyweekend soon.

FIRST+ YEAR FIRST+ AID

First-Year First Aid - August 12-14

Have some last-minute business to handle before saying goodbye to your Tiger? First-Year First Aid is an event for students and their families to stop by the first floor of the Union during Move-In to take care of any needs and get your questions answered.

You'll have the chance to speak with Parent & Family Programs, Campus Federal Credit Union, Disability Services, Financial Aid & Scholarships, LSU Dining, Parking & Transportation Services, the Student Health Center, Tiger Card Office, Transition & Student Success, and UPS Store. [Click here](#) to view the hours, locations, and offices that will be available on each move-in day.



Attention Families of First-Year Tigers

Welcome Week serves as the final part of your student's orientation to LSU and signifies the start of the fall semester. During Welcome Week, your Tiger will become acclimated to campus and gain tips and tools to prepare them for their first day of class on Monday, August 22. Attendance is mandatory for all members of the Class of 2026. Visit lsu.edu/welcomeweek for the most up-to-date information about this very impactful program.

A NOTE FROM THE VICE PRESIDENT

Dear LSU families,

We look forward to welcoming the LSU Class of 2026 to campus for [Move-in](#) this weekend. Whether your student is among the newest

Upcoming Dates & Events

[Click on underlined events for more info](#)

August 12: [Summer Commencement](#)

August 12: [Deadline to Join the Family Association to receive](#)

additions to the Tiger family or they are counting down to graduation, the entire LSU faculty and staff community stand ready to assist them as they pursue their academic and career goals. Also, regardless of where your student is in their LSU journey, we are eager to establish or continue our relationship with *you* as partners in their success.



We know a solid partnership with you is critical to your student's LSU experience. Family support matters—but not so much support that students are not empowered to stand on their own. While their journey to independence might not be complete, we hope we can work together to transition them to a mindset of interdependence, where they become their own best advocates, navigate complexity, make important decisions, and take responsibility for their success. Your support is vital during this transition time, but it might look different than in the past. If you have concerns about their health or safety, please contact us directly and as soon as possible. We will work with you to connect them to the appropriate resources. However, as they handle roommate conflicts, forge relationships with professors, learn from conduct situations, or navigate other facets of the university experience, we encourage you to empower them to take the lead. This will allow them to create invaluable interpersonal skills. We also hope you will frequently remind them what is in their control to solve. We are ready, willing, and able to support them as they develop this skill set.

Finally, I wanted to provide you with a [pdf version](#) of the book “Becoming a Learner.” This is a quick read, but it is a treasure trove of wisdom about making the most of one's college experience. This book serves as the framework for our [Welcome Week](#) experience (August 14-21) and for multiple experiences your student will encounter during the year.

We couldn't be more excited for the beginning of a new academic year—and we are so glad you and your student are members of the LSU family.

Geaux Tigers!
Jeremiah Shinn, Ph.D.
Vice President for Student Affairs

[Family Weekend priority registration](#)

August 12-14: [Move-In Days for On-Campus Residents](#)

August 12-14: [First-Year First Aid](#)

August 13: Fall 2022 Meal Plans begin and dining halls open

August 13: UREC fall membership access begins

August 14: [Deadline to Register for Fraternity \(IFC\) Recruitment](#)

August 14-21: [Welcome Week for First-Year Students](#)

August 16: [UREC All Access](#), 8 p.m.-midnight

August 17-21: [Sorority \(PHC\) Formal Recruitment](#)

August 17-22: [Fraternity \(IFC\) Formal Recruitment](#)

August 17: [On-Campus Job Fair](#), 1:30-3:30 p.m.

August 17: [Deadline to Submit Letter to My Tiger](#)

August 18: Family Weekend Priority Registration opens for Family Association members, 9 a.m.

August 18: [Undergraduate Research Information Fair](#), 1-3 p.m.



"Letter to My Tiger" is an opportunity for parents and families to write something that will inspire and encourage your incoming Tiger as they navigate the transition to life at LSU.

Letters will be printed and delivered by the LSU Family Association during the first two weeks of classes. Learn more and submit your letter [here](#). The deadline for submissions is **August 17**.

FIRST DAY OF SCHOOL PICS



Encourage your Tiger to stop Free Speech Plaza in front of the LSU Student Union on August 22 or 23 to get their "First Day of School" picture taken. All pictures will be posted to our [LSU Parent & Family Programs Facebook page](#).

Monday, August 22 - 10 a.m.-1 p.m.

Tuesday, August 23 - 12-3 p.m.

August 18: [Tiger Family Talks: Staying Involved in Your Tiger's College Experience](#), 6 p.m.

August 19-21: [Rising Sophomores and Above Moving into Apartments](#)

August 19: Fall Fee Bill Payment Due, 4 p.m.

August 19: [Silent Disco at UREC](#), 8-11 p.m.

August 19: [TAF Premium Seating Application Deadline](#)

August 22: Classes Begin, 7:30 a.m.

August 22: First Day of School Pictures, 10 a.m.-1 p.m.

August 23: First Day of School Pictures, 12-3 p.m.

August 23-24: [Involvement Fest](#), 3-6 p.m.

August 24: [Tiger Family Talks: Staying Involved in Your Tiger's College Experience](#), 7 p.m.

August 25: [Family Weekend registration opens for all LSU Families](#), 9 a.m.

August 25: [NPHC \(Fraternity and Sorority\) Greek Code](#)

August 29-30: [LSU Ambassadors Interest Meeting](#), 6-7 p.m. and 7-8 p.m.

August 30: Final date for dropping courses

WORDS OF WISDOM

Upperclassmen Tiger Families are invited to share your Words of Wisdom with new Tiger families. [Fill out this short form](#) to share what you wish you would have known as your student began school at LSU.

Each upcoming Wednesday, we will be sharing these tips on our [LSU Parent & Family Programs Facebook page](#).

Here's a preview of some of the advice that Laticia Khalif, mom of an LSU grad from Alpharetta, GA shared:

"Be happy for your New Tiger. This is not a time to be sad. Rather, reflect back on your collegiate years, the lasting friendships you made, and the wonderful memories you still cherish. Then, be grateful that your child has the same opportunity to experience all of that (and more) as well. Be there for your Tiger, but let them learn to navigate their own life, make their own mistakes, and then figure out how to succeed on their journey that is destined only for them."

SUMMER COMMENCEMENT



Summer Commencement will be held tomorrow, August 12. Congratulations to all of our August LSU Graduates and their families! For more information, visit lsu.edu/commencement.

JOIN TODAY

LSU | Family Association

DONATE HERE

LSU | Family Association

without receiving a grade of "W", 4:30 p.m.

August 30: [Tiger Family Talks: What do I do now that my Tiger is away?](#), 6 p.m.

August 31: Final date for adding courses for credit and making section changes, 4:30 p.m.

August 31: [Tiger Year One](#), 6-8 p.m.

September 5: Labor Day Holiday

September 8: [Tiger Year One](#), 6-8 p.m.

September 9: [Last day to add or change a meal plan](#)

To view the 2022-2023 Academic Calendar, please [click here](#).

ASK YOUR TIGER

- What are three things you plan on doing differently this semester? (Related to: social life, academics, health, etc.)
- What organizations do you hope to join this year?

For our Incoming Tigers:

- What are you most excited about as you begin your college experience?

- What are your goals for the fall semester?

CAMPUS HIGHLIGHTS

101 Things to Do: Both lifelong and new Baton Rouge residents can find something to do on campus and around Baton Rouge on our 101 Things to Do list. From campus traditions, to what might become your new favorite spot in Baton Rouge, we encourage all tigers to [check out the list here](#).

LSU Ambassadors: LSU Ambassadors is an organization that aids and represents the University by serving students and families. Students interested in encouraging and promoting spirit and unity among LSU and Baton Rouge communities can attend one of the following [interest meetings](#) on Monday, August 29th and Tuesday, August 30th. There will be two sessions on each day held in 130 Howe Russell from 6-7 p.m. and 7-8 p.m. These are informal meetings to give prospective members an idea about our organization's purpose and the selections process to becoming an LSU Ambassador. We hope to see your Tiger there!

Bursar Operations: Fall 2022 Fee Bills are available on MyLSU and can be viewed through MyLSU > Registration Services. The Fall 2022 registration payment due date is August 19 to avoid classes being purged. For students that select the Deferred Payment Plan for Fall 2022, the first payment will be due October 1st. Payments are considered late after Monday, October 10th.

Center for Academic Success: Spark Your Success at LSU! Is your student prepared for the Fall semester? The Center for Academic Success offers free academic and learning support services for LSU students, including academic coaching, Supplemental Instruction, tutoring, workshops, and online resources. Have your student take charge of their learning this semester! Check out our website for more information. lsu.edu/cas

LSU Dining: Meal plans begin August 13. Haven't purchased yours yet? No worries. You have until September 9 to purchase your meal plan. Purchase your meal plan through your myLSU account today!

LSU Discover: Discover Research at LSU! Tigers from all majors and all years are invited to attend the annual Undergraduate Research Information Fair on Thursday, Aug. 18th, 1:00-3:00 p.m. in the Student Union Ballroom. [Click here to learn more!](#)

LSU Food Pantry: The LSU Food Pantry provides supplemental food to students who may experience hunger or food insecurity. It is open Monday through Friday and is available to all currently enrolled students. Orders are placed online and students choose a pickup time. The pantry is also always looking for volunteers. Visit lsu.edu/foodpantry.

Free Scantrons and Bluebooks: LSU Student Government (SG) provides several free (yes, free!) academic resources to all students. These include free testing materials such as scantrons and bluebooks, as well as free printing. All of this is available in room 150 on the

first floor of the Student Union. Please let your Tiger know to stop by to utilize these resources and to find out what else SG has to offer!

Freshman Leadership Council: Is your freshman interested in being a leader, finding their niche, and making new friends on campus? Freshman Leadership Council (FLC) provides incoming freshmen with opportunities to learn more about leadership through the lens of LSU Student Government. FLC members are paired with upperclassmen Small Group Leaders who mentor members to step up and lead on campus, while helping to make the most of their first-year experience. Through FLC, members develop and practice their understanding of leadership, community, and service during their first year. Follow @lsu_sg on Instagram for more FLC information and important application updates! Finally, Freshmen can apply for FLC on Tigerlink [here](#).

Involvement Fest: Joining an organization yields resume-worthy experiences, establishes networking skills, and provides students the chance to find their place on campus! At Involvement Fest,, students can browse and learn about student organizations on campus. Students get the chance to talk with other student leaders and build a stronger campus community. Involvement Fest will be held Tuesday, August 23 and Wednesday, August 24 from 3-6 p.m. on Tower Drive by the LSU Student Union.

Is Your Tiger Looking For A Way To Get Connected? Tigerlink is the hub for involvement on campus. Students can explore the over 400 student organizations and clubs, volunteer and leadership opportunities, and on-campus events. Tigerlink is accessible by [website](#) or the app, which students can download by searching for LSU TigerLink on the [Apple Store](#) or [Google Play](#).

Leadership Opportunities: Tiger Year One is a one-day leadership exploration program designed to introduce students to LSU. The program is built to encourage students to thrive during their time at LSU. Upcoming sessions: Wednesday, August 31 , 6-8 p.m. and Thursday, September 8, 2022, 6-8 p.m. [RSVP here](#).

Mailing Services: The UPS Store housed in the LSU Student Union is here for all your Tiger's mailing and shipping needs. All students living on campus should have received their LSU Box number assignment via their LSU email. All USPS mail and non-perishable courier delivered packages (Amazon, UPS, FedEx, etc.) should be shipped to this box using this address format:

Student's Full Name
101 LSU Student Union
LSU Box (insert box number here)
Baton Rouge, LA 70803

When the student receives mail or packages, they will be alerted via email to come to the UPS Store in the Union to pick it up. Please be aware that USPS tracking shows delivery to Baton Rouge, not to the UPS Store. It can take an extra 1-2 days to reach our campus store.

LSU Olinde Career Center: Take full advantage of this exciting time with your student! Starting or returning to college can be fun and exciting, but also a bit intimidating. Parents and families can start the conversation now by asking important questions about major and

career exploration [[...read more](#)].

Student Employment: As your Tigers come back to campus this month, LSU's Student Employment Office wants your help in reminding students to bring important documents needed for working on or off-campus. All student employees must provide [acceptable documentation](#) to their employers to show their identity and authorization to work. If your Tiger is still looking for a job on campus, we are here to help! Students are encouraged to check [Handshake](#) for employment opportunities, but they can also email stuemployment@lsu.edu with any questions. We also encourage them to attend the On-Campus Job Fair on August 17th (have your Tiger log in to [Handshake](#) for more information)!

Student Health Center: Help your Tiger navigate their health care at LSU and encourage them to join a virtual Insurance Forum hosted by the Student Health Center. They will learn about the free and insurance-billed services available to them on campus. [Sign up for the next Insurance Forum here.](#)

Student Support Services: Is your first-generation student receiving the support they need? Encourage them to apply to [Student Support Services](#)! We are a federal grant that serves first-generation students, income-eligible, and students with disabilities. The priority deadline for the fall 2022 cohort has passed. Applications will open on October 1 for the spring 2023 cohort. Students can express interest by filling out our [application now](#) and eligible students will be contacted for an interview in late fall. Questions? Email sss@lsu.edu.

Tiger Athletic Foundation: Is your student looking to work in a roaring environment while earning a competitive hourly rate? Tiger Athletic Foundation is actively seeking friendly and energetic individuals to work as part-time, seasonal employees in our air-conditioned club and suite areas for all home football games! Saturday Nights in Death Valley are only a few weeks away, so please encourage them to [apply today!](#)

Tiger Athletic Foundation (TAF) President's Cup: The Tiger Athletic Foundation will host the [2022 President's Cup presented by Capital One Bank](#) on Friday, October 21 at University Club in Baton Rouge. The annual golf scramble directly benefits LSU Men's and Women's Golf. Please register with the link below. Exclusive auction items and experiences are ready for bidding now at desktop.livesourceapp.com.

University College - Center for Freshman Year (UCFY): Check out our August Newsletter [here!](#)

University Recreation (UREC): Student access to UREC begins August 13. All full time students have access to UREC beginning August 13, 2022. Encourage your Tiger to come to UREC and learn about the multiple ways to get moving.

LSU UREC All Access: On Tuesday, August 16 from 8 p.m. – midnight, [UREC All Access](#) will be rockin' campus during Welcome Week. Free food, t-shirt giveaways, raffle, tons of activities and an outdoor concert will help kick off the academic year with a bang. Pass along the schedule and map to your Tiger so they don't miss one of the hottest campus parties of the year!

UREC GroupX Classes | No Registration Required: New this year, UREC will no longer require registration for GroupX classes at UREC. Tigers simply need to just [find the class and time](#) they want to participate, and show up. With over 40 class times offered each week, there is something for everyone at every fitness level.

Volunteer Opportunities: Volunteer LSU is a university initiative that offers students regular opportunities to serve their community. Students can learn more about Volunteer LSU at lsu.edu/volunteerlsu.

Welcome Week: Student Government (SG)-sponsored events:

Silent Disco - Join Student Government and hundreds of other freshmen for a fun, unique night full of partying, food, giveaways, and of course music. On Friday, August 19th from 8-11 p.m. at the UREC, Student Government will be hosting a Silent Disco in which students wear specially designed wireless glowing headphones and listen as two DJ's battle for your attention. Who will win? Which station will you tune into?

The Amazing Race: SG Edition is a perfect opportunity to learn how you can get involved in one of the largest student organizations on campus. In this choose-your-adventure, you will get to see some of the spaces that house Student Government and get to hear from some of our branch heads about what each branch does and how to get involved!



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Visiting your student this fall? Stay on campus at [The Cook Hotel](#) and experience our elevated accommodations, complimentary breakfast, full-service bar, ample parking, and more. Members of the Family Association receive 10% off the best available rate when they present their membership card at check-in. *Offer subject to availability and blackout dates.

FOLLOW US ON SOCIAL MEDIA



LSU Parent & Family Programs hopes you have enjoyed reading the August email update and that you found the information helpful. Please contact us if we can be of assistance to you and your family.

Geaux Tigers!

Lindsay McCrory Kelly
Manager, Parent & Family Programs
479 LSU Student Union
Baton Rouge, LA 70803
225-578-1173

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