



May 2020 Newsletter



Spring Greetings

We know this has been a difficult time and we hope you are staying safe. We also know so many families are hurting and our hearts go out to them. We are grateful to all front-line responders, essential workers, community partners who continue to support families creatively, teachers, and parents and caregivers who are juggling so many roles and getting it done because they are AMAZING. Please use the information below for yourself and share with others who may need it.

Prevention During Covid-19: NJ Parent & Caregiver Guide

Prevent Child Abuse
New Jersey



[Download English version here](#)

[Download Spanish version here](#)

May Events

Sundays - [Managing Home Instruction for Students with Special Needs](#)

Mondays - [YCS Virtual Parent Support Group in Spanish](#)

Wednesdays - [YCS Virtual Parent Support Group in English](#)

Wednesdays - [West and Central Village Food Pantry](#)

Various Dates - [Hope for New Mothers Virtual Support Groups](#)

9th - [Free Online Adult Yoga Session](#)

10th - **MOTHER'S DAY** - [Celebrating all moms and mother-figures today and every day!](#)

14th - [Connecting Families Collaborative meeting via Zoom](#)

15th - [Moving Forward Together \(for childcare providers participating in Grow NJ Kids only\)](#)

28th - [Paid Family Leave Focus Group opportunity](#)

30th - [Paid Family Leave Focus Group opportunity](#)

Coming in June

Tuesdays in June: [Free Online Lamaze Series](#)

Coronavirus Resources & Programs

[ACNJ COVID-19 Resources](#)

[Chat with an Expert: Preparándose para el Parto Durante el COVID-19 \(Preparing for childbirth during COVID-19\)](#)

[Greater Newark Health Care Coalition COVID-19 Resources](#)

[NJ DCF updated hotlines and helplines](#)

[NJ Division of the Deaf and Hard of Hearing COVID-19 Resource Info](#)

[WIC substitutes - English / Spanish](#)

Ongoing Resources & Programs (please contact directly to ask about any changes due to Coronavirus restrictions)

[Autism Assessment and Treatment Services at YCS](#)

[Catastrophic Illness in Children Relief Fund](#)

[Census Fact Sheet](#)

[East Orange Child & Adolescent Psychiatry Services \(CAPS\)](#)

[Families First Discovery Pass Program - English flyer](#)

[Families First Discovery Pass Program - Spanish flyer](#)

[Greater Newark Health Care Coalition Patient Education Materials](#)

[Hunger Free America - English](#)

[Hunger Free America - Spanish](#)

[Imagine: A Center for Coping with Loss](#)

[Isaiah House Community Creche Expansion Program](#)

[La Casa Early Head Start - English flyer](#)

[La Casa Early Head Start - Spanish flyer](#)

[NJ FamilyCare website](#)

[NJ Kinship Navigator Program \(English\)](#)

[NJ Kinship Navigator Program \(Spanish\)](#)

[NJ ResourceNet Brochure](#)

[Sister to Sister Community Doulas](#)

[Tobacco-Free Ride Pledge](#)

If you would like your upcoming event included in our monthly newsletter, please send it to us before the 1st of the month!

Just learning about what we do at EPPC?

[Check out our short new videos on YouTube!](#)

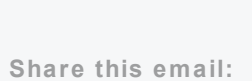
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