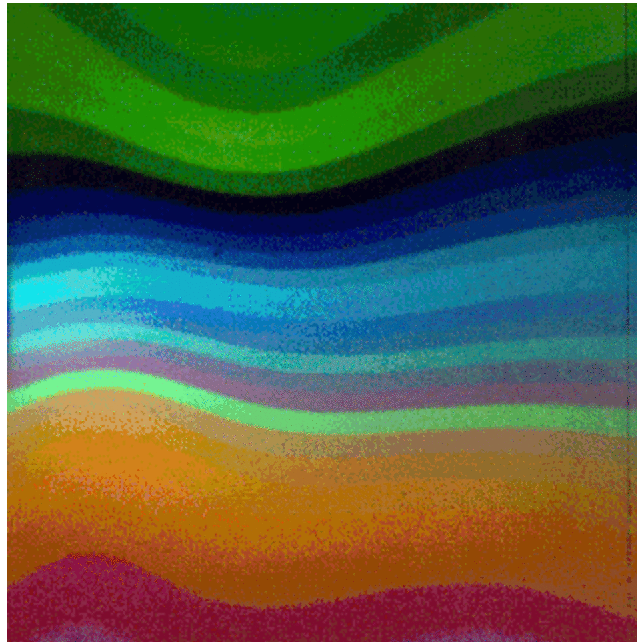


Breakfast @ Tiffany's

*A quarterly newsletter of things we're up to
and things you'll find interesting...since 1998.*

Fall 2018



In this quarterly newsletter, lots of suggestions for what to read, watch, listen, explore and do this fall. Some are very timely in light of everything happening right now. Others are a good reminder of our shared humanity. If you missed our highlights from Character Day you can see them [here](#).

I'm in NYC this week for an event for my recent film "The Unstoppable Manifesto" for Planned Parenthood, which is a [good 3 min film refuel](#) given everything going on. There's also some great art at the link, connected to the project.

Up next: I'm co-hosting my first [retreat](#), which will be about my family's nearly decade-long practice of Technology Shabbats. The retreat will be at [1440 Multiversity](#) the weekend of Nov. 30th - Dec 2nd.

In the next several weeks, there are some great events to attend:

WIRED Magazine's 25th Anniversary event will be Oct 12 & 13th. (I included a new profile below.) Also, the Mill Valley Film Festival is happening right now. Links for these events and a lot of others in different cities below.

I realize this list has people on it from all around the world, but for those of you with young children, please consider looking at and signing the the Wait Til 8th pledge (as in wait til 8th grade to get your kids a smart phone.) France just banned all smart phones in schools until age 15. They're definitely onto something.

And for those of you near me in Marin County, California, there is an important measure to support our public high schools with Measure J. Info on Measure J and Anna Pletcher for District Attorney below. I'm a child of public schools and public university, and Ken and I send our kids to public schools. I believe they're at the core of our democracy.

To making soup, tasting persimmons, preparing for Halloween, watching the colors of the leaves turn, and voting.

Tiffany

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Help Pass Measure J, Marin

Support Anna Pletcher for Marin DA, Marin

Sign the Wait Until 8th pledge, US



WATCH

Future of Manhood

Sell/Buy/Date by Sarah Johes, previews begin in LA, Sept. 27

Oslo at the Marin Theatre Company, Sept. 27 - Oct. 21

Mill Valley Film Festival, Oct. 4-14

Albert Brooks Retrospective at Metrograph in NYC, Oct. 5-10

"The Role of Documentary Film in Gender Equity and Social Impact" at SOCAP 2018, Oct. 26 in SF

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The Death of Truth by Michiko Kakutani

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EXPLORE

Tech Shabbat Workshop Nov. 30 - Dec. 2

Brandless

Women's March Global Platform

Away for the Day

Bay Area Book Festival Goes to the Jaipur Literary Festival, Jan. 22-29

Chicken and Egg Pictures Is Hiring



ART

"Fever Dreams" by Kimberly Brooks at Mt. St. Antonio College, Sept. 27-Dec. 6 in LA

"Brush, Word," Sept. 28-Oct. 26 at Adobe Books in SF

PULSE by Janet Echelman in Philadelphia



THINK

"Later Start Times Will Help Students Get Needed Sleep. But They Aren't Enough" by Vicki Abeles

"France Bans Smartphones in School"

DO



[Wired 25th Anniversary Event, Oct. 12-15 in SF](#)



WIRED UK current issue [interviewed me about my](#)

WIRED is celebrating 25-years starting Friday in SF. Odessa & I are talking Tech Shabbats there and the brilliant Maya Draisin has programmed amazing events throughout. wired.com/25; use code GETWIRED for 25% off!

[thoughts on tech, unplugging and productivity.](#)



Whole Earth Catalog 50th Anniversary Celebration, Oct. 13 in SF

The Whole Earth Catalog had an influence on everything from Apple Computers to Web 2.0 to DIYism to eco-consciousness. Celebrate its 50th anniversary celebration at Fort Mason in SF.



Power Women Summit Nov. 1-2 in LA

This summit features so many amazing speakers including Tarana Burke, Sherry Lansing, Dolores Huerta, Mira Sorvino and more. 50/50 by 2020.

Sharon Waxman who is helming this event always programs fantastic conversations.



Unintended Consequences of Tech Conference, Oct. 29-30 in SF

The annual Unintended Consequences of Technology (UCOT) Forum is a totally unique gathering and absolutely essential for anyone who's concerned about the future of tech. I will be speaking there and look forward to the whole program.



Help Pass Measure J

Marin voters, I hope you'll join me in voting yes on Measure J. This critical measure will ensure the Tam Union high school district has the funds it needs to keep operating.



Support Anna Pletcher for Marin DA

I'll be voting for Anna Pletcher and hope fellow Marin voters will join me. She's the best person for the job.



Sign the Wait Until 8th Pledge

We signed this pledge to wait until the end of 8th grade to give our youngest daughter a smartphone. Now that kids are back in school, I highly recommend you read and sign the pledge and share with fellow parents at your school.

WATCH



Future of Manhood

This two-minute film on the changing meaning of masculinity by Promundo-US is essential viewing.



Sell/Buy/Date by Sarah Jones, previews begin in LA Sept. 27

Sarah Jones's wonderful show is back for another run. Don't miss.



Oslo at the Marin Theatre Company, Sept. 27-Oct. 21

I just saw this new play. It is so incredibly powerful. Highly recommend.



Mill Valley Film Festival, Oct. 4-14

This year's lineup includes some amazing films. I just participated in their women and film initiative led by Zoe Elton called Mind the Gap.



Albert Brooks Retrospective at Metrograph in NYC, Oct. 5-10

Love that there will be a retrospective of my brother-in-law's fantastic film career. Those of you in NYC, highly recommend.



"The Role of Documentary Film in Gender Equity and Social Impact" at SOCAP 2018, Oct. 26 in SF

I'm looking forward to be on this panel with Jennifer Steinman, Laurie Coyle, Valerie Red-Horse Mohl, and Marcia Jamal at the 2018 SOCAP conference.



Napa Film Festival, Nov. 7-11

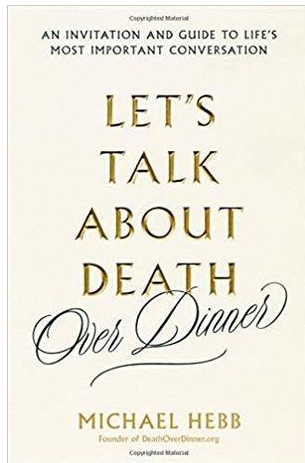
Great films, wine and food all in one. Hope to see you there.



SF Film Awards Night Dec. 3

This gala benefit for the SF Film Festival always terrific. Past honorees include: Kathryn Bigelow, Ellen Burstyn, Frances Ford Coppola, Judy Davis, Guillermo del Toro, Harrison Ford, Richard Gere, Spike Lee, Richard Linklater, Mira Nair, James Schamus and Robin Williams.

READ



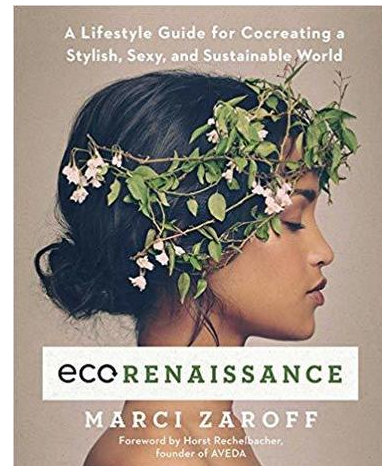
Let's Talk About Death (over Dinner) by Michael Hebb

It's the subject no one wants to discuss, but everybody should. This book help takes the dread out of it. Watch the three-minute companion film [here](#).



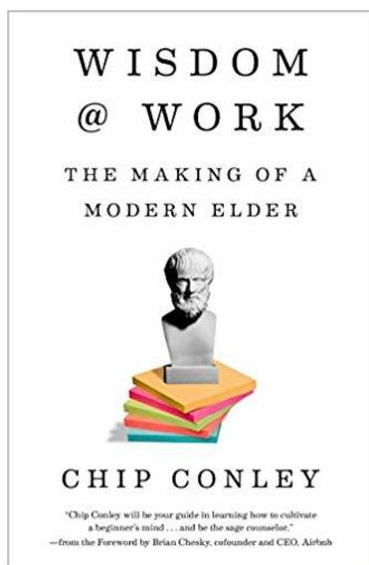
Morla: Design by Jennifer Morla

Support the Indiegogo campaign for this essential collection of design genius Jennifer Morla's work.



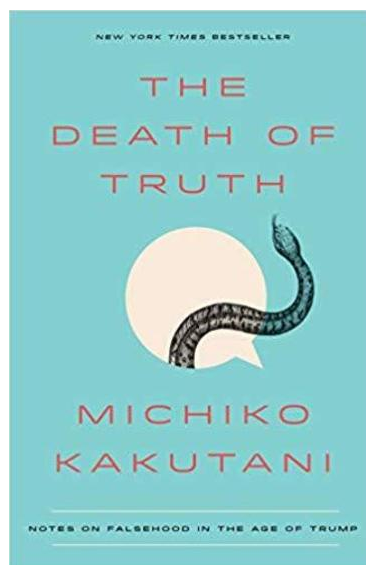
ECorenaissance by Marci Zaroff

The terrific guide to living a beautiful life, sustainably.



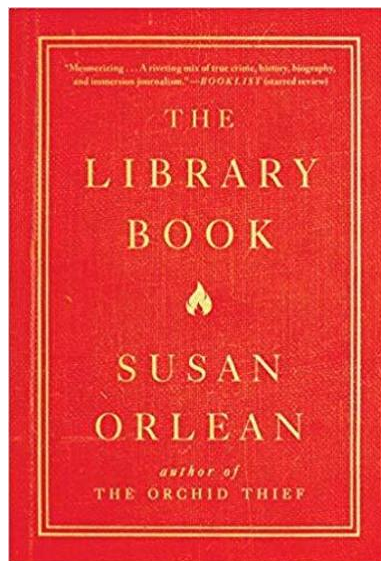
Wisdom@Work: The Making of a Modern Elder by Chip Conley

This smart, useful book will help Gen-Xers (and others) find their way from young upstarts to wise elders.



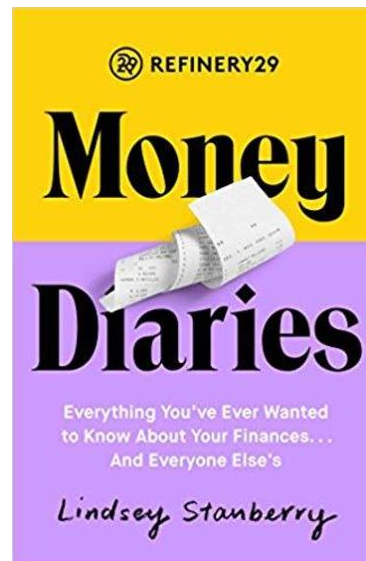
The Death of Truth by Michiko Kakutani

One of the most important and well-written things I've read this year. Required reading.



The Library Book by Susan Orlean

I can't wait to read Susan Orlean's new book about a mysterious 1986 fire.



Refinery29's Money Diaries by Lindsey Stanberry

Here's the book that will help you get your financial house in order.

EXPLORE/EXPERIENCE



Tech Shabbat Workshop Nov. 30- Dec. 2

The best decision Ken and I ever made was to unplug weekly for our Tech Shabbats. We're looking forward to sharing what we've learned about this experience at 1440 Multiversity. We hope you can join us. Sign up [here](#).



Women's March Global Platform

This new online platform brings the energy and organizing potential of the Women's March to the Web.



Away for the Day

The research is clear: students do much better in school when they don't have smartphones in the classroom. AwayfortheDay.org is a great program started by Dr. Delaney Ruston to help schools institute smart smartphone policies.



Brandless

Tina Sharkey's fantastic new company Brandless.com offers great products at fair prices, including non-GMO and organic food, clean beauty, non-toxic cleaning, household goods & more. Stop by their pop-up at 459 W. 14th St. in NYC from Oct. 24 to Nov. 4. Or order online using code "TIFFANY" and they'll donate 10 meals to Feeding America in your honor.



CHICKEN & EGG PICTURES

Chicken & Egg Pictures Is Hiring

Chicken & Egg Pictures is a wonderful nonprofit that has supported me in making films and supports many women nonfiction filmmakers. Join their team!



Bay Area Book Festival Goes to the Jaipur Literary Festival

An amazing opportunity to visit one of the world's most exciting literary festivals in Jaipur, India with friends from the Bay Area Book Festival.

ART



"Brush, Word," Sept. 28-Oct. 26 at Adobe Books in SF

Tamsin Smith's abstract paintings are gorgeous explorations of the intersection of poetry and paint. Don't miss this show with fellow poet-painters Agneta Falk and Mary Julia Kilmenko.



Fever Dreams by Kimberly Brooks at Mt. St. Antonio College, Sept. 27-Dec. 6

I love my sister Kimberly's beautiful paintings. Can't wait to see her new exhibit that just opened in LA.



PULSE by Janet Echelman in Philadelphia

If you're in Philadelphia, be sure to catch Janet's new amazing art installation, on view now.

THINK



"Later Start Times Will Help Students Get Needed Sleep. But They Aren't Enough" by Vicki Abeles

The science is clear: teenagers aren't well-served by early school start times. As Vicki Abeles argues, later starts are just the start. Students need much more.



France Bans Smartphones in School

France is responding to abundant evidence that smartphones in school disrupt students' education. I hope the U.S. will follow suit.



Register to Vote

Midterms are coming up and so are registration cut-off dates, so don't wait. You can register [here](#). And be sure to vote Nov. 6!

"Autumn is a second spring when every leaf is a flower." -- Albert Camus



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