SANSUM DIABETES RESEARCH INSTITUTE

December 2021 Newsletter

Our Work Continues

As 2021 comes to a close, we know you have many opportunities for giving. We are hopeful that Sansum Diabetes Research Institute will be one of the nonprofits at the top of your list. Our life-saving work for the diabetes community exists because of our generous community of donors.

We thank you in advance for partnering with SDRI to make a difference both globally and locally.

Donate today!

A Diabetes Study in Pregnant Women

- It is important for pregnant women with diabetes to control their blood sugar because good blood sugar control lowers the risk of pregnancy issues
- You can take control of your diabetes by monitoring blood glucose closely.
- The Dexcom Pregnancy Study will evaluate whether a Continuous Glucose Monitoring device (CGM) is safe to use during pregnancy.

You may be able to join this if you are:

- Pregnant
- Have a diagnosis of Gestational, Type 1, or Type 2 Diabetes
- Willing to wear the study devices for up to 10 days

To learn more,
Contact: 805.699.1636 / nshelton@sansum.org

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Learn More at ClinicalTrials.gov

New publication

The Mil Familias team is pleased to announce the publication of this new manuscript, bringing the team's total to 10 so far in 2021: Aram M, Smallman R, Fields S, Larez A, Glantz N, Kerr D. Ethnicity, age and education influence perceptions of vegetables healthiness and macronutrient

content. Nutrition and Health. Published online 1 November 2021. https://doi.org/10.1177/02601060211051195.

New closed-loop clinical trial for pregnant women with type 1 diabetes

If you have type 1 diabetes and are using an insulin pump, currently pregnant, and would like to participate in a closed-loop trial, please contact Mei Mei Church, NP, at mchurch@sansum.org for more information.

Learn More at ClinicalTrials.gov

Recruitment for type 2 diabetes research

We are recruiting participants for a variety of opportunities focused on type 2 diabetes, especially but not solely among Latino/Hispanic populations.

- The Mil Familias program is addressing the social determinants of T2D, limited access to diabetes self-care technologies, and underrepresentation of Hispanic/Latino individuals as researchers and research participants.
- Another study based on the concept of Food as Medicine and incorporate produce prescriptions to increase access to healthy food and support T2D prevention and management.

Please contact us in English or Spanish at milfamilias@sansum.org or 805-335-0309 to get involved or refer potential participants.

Give a planned gift today!

Would You Like to Save on Your Taxes? Consider the many ways you can enjoy tax and income benefits and help further the mission you care about.

Gift of Cash or Property: If you are looking for a way to support our cause this year, a gift of cash or your property may be the easiest gift you can make.

Charitable Bequest: We appreciate your support of our work. Maybe you are not able to make a gift right now but would like to help our organization in the future. The way to make a future gift is through a bequest made in your will or trust.

Make a Future Gift Now!
We would be pleased to send you our helpful guide on planning your will or trust. You will want to contact your attorney about how to include a bequest in your estate plan. Once your

bequest is made, please let us know so that we can recognize and thank you.

Contact: Teri Creath, Planned Giving Manager 805-419-1338 or tcreath@sansum.org.

SANSUM DIABETES RESEARCH INSTITUTE

Sansum Diabetes Research Institute is dedicated to improving the lives of people impacted by diabetes through research, education, and care.

Support SDRI

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