of the film: Directors Gwaai Edenshaw (Haida), Helen Haig-Brown (Tsilhqot'in). Set in Haida Gwaii in October 12 from 7-9pm (with a reception beginning at 6:15pm) in Sturm 124. Below is a brief summary of the film S

The Museum of Anthropology in collaboration with the Indigenous Film and Arts Festival will screening Saturday, Oct. 12, 6:15pm - 9:00pm of Sturm. Food will be served.

In recognition of Domestic Violence Awareness Month this October, Health Promotion is hosting a series of workshops to talk a little bit about relationships - why we have them, how to build them, and how to say goodbye like an adult.

In the series of workshops, topics will include:

- Table Talk: From me to you (October 2, 12:00 - 1:00pm, Ritchie Center, Anderson Academic Commons, Special Events Room 290)
- Define The Relationship - to explore romantic relationships in college, from how we define them, their impact on us, how we navigate them, and how to say goodbye like an adult.
- Taking Action - to explore how we can use our personal power, planning and implementing a public action plan, and more!

All workshops are open to everyone and are attendable as a series or as individual events.

RSVP Here

Getting Grounded Monday, September 30th, 10:00 am - 2:00 pm on Campus Green outside the Hub

Get Grounded with HCC & Campus Life! HCC & Campus Life are hosting Monday, Sept. 30, 10:00am - 2:00pm Getting Grounded Monday, September 30th, 10:00 am - 2:00 pm on Campus Green outside the Hub.

During this event, we will have a variety of fun and informative workshops including:

- Mindful Monday: Guided Meditation (10:30-11:00 & 1:00-1:30) & Yoga (11:30-12:00 & 2:00-2:30)
- Free Mindfulness & Meditation Class with Scranton Yoga
- Free Kickboxing Class
- Free Jewelry Making Workshop
- Free Screen Printing Workshop
- Free Film Screening at COP from 6:30-8:00pm
- Free Popcorn & Pinterest

Some programs have a mandatory advising meeting to be eligible; check each program's Eligibility Requirements section in the online brochure.

Contact:

- Paula.Cole@du.edu
- kate.gladstone@du.edu

You have received this email because you are a student of the University of Denver.