



January 2022 News

A Note From Parent to Parent

Another year has flown by! Our families have adjusted to the "new normal" of masking wearing, social distancing, zoom, vaccines, etc. One thing I can say is that you are all resilient. I am sure you are all as sick of all of this as I am, but we still carry on. As the new year approaches, I hope for new opportunities in our network and within your individual families. May the new year bring each and every one of you a year of health, happiness and growth. You truly mean a lot to me as friends and family of the disability network and I have enjoyed working with and for you this year and hope to have a great year in 2022.

Sincerely,
Angie and Ysabel



Dalia

by Maribel Ruiz

My name is Maribel Ruiz. My daughter is Dalia. She was diagnosed with infantile spasms at 4 months of age. Everything was fine during my pregnancy and also when she was born until she was 4 months old.

[Read More](#)

Challenger Basketball Begins!

5-6 pm Youth (7-18 yrs)

6-7 pm Adults (18 + yrs)

Fridays: Jan 7 to Feb 11

Cost: Free - funded by the generosity of Blue Mountain Church members.



Edison Elementary
School Gym

[Register](#)

2021: Year in Review Event Photos

[See 2021 Photos](#)

Monthly Activities

Mamas Especiales

- Walk with M.E. (Monday thru Friday) starts Jan 18 - 7:00 am
- Virtual Fridays: Jan 7, 14, 21 & 28 - 1:00 pm
- Meet at the Center for Children & Families - Jan 18 - 6:00 pm

Columbia County P2P Meeting

- Jan 21 - 5:30 pm

Social Clubs

- Youth Brushes & Brix: Jan 11 - 4:30 pm (bring \$10 for supplies)
- Adult (18 and over) Bowling: Jan 18 - 2:00 pm (bring \$10 to bowl)

P2P No Host Dinner

- Jan 19 - 6:00 pm

[See Calendar of Events](#)

Transition Workshop Series

Do you have a child who is 15-21 years old? Are you wondering about their future once they graduate and complete the Transition Program?

This workshop series is for you.

Meet in person or virtually over zoom at 6:30 pm on these dates:

Jan 12 & 26

Feb 9 & 23

Mar 9 & 30 (Transition Expo)

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