JOIN US. MAKE A DIFFERENCE.

We Stand with You. Enough is Enough. Black Lives Matter. Club Sports at the University of San Francisco is incredibly privileged in the fact that we get to work with a diverse student population, and we will continue to always promote inclusion, diversity and equality for all of our participants and coaches. We affirm that racism and discrimination will not be tolerated in our program.

Over the next few weeks, the Koret Center will use their social media platforms to post educational resources, petitions, ways to donate and links to organizations doing critical anti-racist work. To view our resources and Koret’s full statement, please see their post from June 4th on the Koret Instagram page (@usfkoret).

We remain dedicated and committed to USF’s Social Justice values and Jesuit traditions, and encourage each and every one of you to listen, donate, sign petitions, and join in actions and activities that educate us all on the current state of our nation’s institutionalized racism. Let’s do it together!

Sports Quote of the Day

“You may never know what results come of your actions, but if you do nothing, there will be no results.” - Mahatma Gandhi

Koret Center Closure Update

In an effort to support public health recommendations that are aimed at protecting our community from the spread of COVID-19 and to comply with the City of San Francisco’s shelter-in-place order, the Koret Health and Recreation Center will remain temporarily closed through mid-August.

Club Sports Fall Update

At this time we do not know the reality of what the Fall Semester will look like for the program, however, we are committed and dedicated to having Club Sports available for our students (whether it be in person, virtual or hybrid). Club Sports provide a safe space, an outlet from academics, relationship building, leadership development, camaraderie and support, and most importantly, connection to the University of San Francisco. Our department is doing everything we can to ensure our students can return to activity safely.

Coaches Summer Working Group

This Summer we will be meeting with the Club Sports Coaches every other week to discuss the issues and concerns that you’ll be facing this Fall. We will be discussing risk management, student-athletes, facilities, UHC, COVID-19 protocols, core values and more! Email information@usfca.edu or call (415) 422-2942 for the Zoom link!

Workouts of the Week

Rec Sports Virtual Challenge

Don’t forget to participate in the Rec Sports Virtual Challenge! Check out all of the Koret Group Fitness Classes! *NEW* Core & More and Total Body Conditioning! Email fitness@usfca.edu for the Zoom link!

Closing Remarks

Follow Club Sports (@usfcaclubsports) on Instagram to keep in touch with us! Tag us in your posts or share ideas for our next newsletter with the Rec Sports Manager (jyjavier@usfca.edu). To stay up-to-date with University updates, please visit the Coronavirus Resource Page.