



# **BLACK LIVES MATTER**

## **JOIN US. MAKE A DIFFERENCE.**

We Stand with You. Enough is Enough. Black Lives Matter. Club Sports at the University of San Francisco is incredibly privileged in the fact that we get to work with a diverse student population, and we will continue to always promote inclusion, diversity and equality for all of our participants and coaches. We affirm that racism and discrimination will not be tolerated in our program.

Over the next few weeks, the Koret Center will use their social media platforms to post educational resources, petitions, ways to donate and links to organizations doing critical anti-racist work. To view our resources and Koret's full statement, please see their post from June 4th on the Koret Instagram page ([@usfkoret](#)).

We remain dedicated and committed to USF's Social Justice values and Jesuit traditions, and encourage each and every one of you to listen, donate, sign petitions, participate in calls to action and actively educate yourself on the

current state of our nation's institutionalized racism. We all have work to do.  
Let's do it together!

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## Sports Quote of the Day

You may never know what results come  
of your actions, but if you do nothing,  
there will be no results.

*Mahatma Gandhi*

"You may never know what results come of your actions, but if you do nothing, there  
will be no results." - *Mahatma Gandhi*

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## Koret Center Closure Update

In an effort to support public health recommendations that are aimed at protecting our community from the spread of COVID-19 and to comply with the City of San Francisco's **shelter-in-place order**, the **Koret Health and Recreation Center** will remain temporarily closed through **mid-August**.

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## Club Sports Fall Update

At this time we do not know the reality of what the Fall Semester will look like for the program, however, we are committed and dedicated to having Club Sports available for our students (whether it be in person, virtual or hybrid). Club Sports provides a safe space, an outlet from academics, relationship building, leadership development, communities of support, and most

importantly, connection to the University of San Francisco. Our department is doing everything it can to ensure our students can return to activity safely.

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## Coaches Summer Working Group

This Summer we will be meeting with the Club Sports Coaches every other week to start the discussion around next school year! In each of the working groups, we will be discussing University updates, risk management, health & safety, new protocols & guidelines, shared ideas, remote opportunities, and more! These working groups will provide a space for Coaches to share ideas, collaborate, and most importantly, think through ways in which we can help support each and every one of you in the Fall.

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## Workouts of the Week



### Rec Sports Summer Virtual Challenge

Don't forget to participate in the **Rec Sports Summer Virtual Challenge!**



### Koret Summer Group Fitness Classes

Check out all of Koret's Group Fitness Classes!

\*NEW- Core & More and Total Body

Conditioning! Email [fitness@usfca.edu](mailto:fitness@usfca.edu) for the Zoom link!

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# Closing Remarks

Follow Club Sports ([@usfcaclubsports](#)) on Instagram to keep in touch with us!  
Tag us in your posts or share ideas for our next newsletter with the Rec Sports Manager ([jjjavier@usfca.edu](mailto:jjjavier@usfca.edu))! To stay up to date with University updates, please visit the [Coronavirus Resource Page](#).

Join the conversation **#USFCA**

  



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