



## May 2021 News & Events



## **Mother's Day Thoughts**

by Shamra Baez

Happy Mother's Day, moms! I hope you are all appropriately honored this month. It's been nearly 22 years since I became a mother and my list of identities: daughter, sister, wife, grew to include "mom." My first two daughters, born 17 months apart, changed the way I view myself. My third daughter changed my world. Read More

For more family stories, please visit our Parent to Parent page:

**Parent to Parent** 

#### A Note from Parent to Parent

Happy Mother's Day to all the Moms, Grandmas, Aunts and special ladies in our lives. You are doing a tremendous job with your children. It's not an easy task but the joy it brings far outweighs the hard times. This past year, you have had to endure more than you ever dreamed of and as a special needs mom it seemed that you had to really hold together a growing list of duties. I want to say how proud I am of you. You did it! It may have not looked pretty at times and seemed so overwhelming but you survived and so did your kiddos. You are resilient, strong, powerful and inspiring.

Our staff is available for help with DDA and SSI applications, understanding IEPs, and other paperwork you may need help with. Give us a call to set up an appointment.

Angie and Ysabel P2P Coordinators

### **Father's Network Interest Survey**

Fathers, are you interested in having a Father's Network/Group in Walla Walla?

Take the Interest Survey

## Walk with ME (Mamas Especiales)

#### Monday thru Friday, 7:00 am

Meet at Murr Park (Fern & Abbott) for a stroll around the park. Enjoy fresh air and companionship. Covid-19 precautions for current stage must be followed.

## Better Together: Adult Social Club (Private Watch Party - Wonder Woman)



May 11, at 6:30 pm at Cinemark Admission fee \$5, limited to 20 participants. RSVP here

\*

## **Better Together: Youth Social Club**

May 4, 3:45 to 5:15 pm

Outdoor meeting at the Center for Children & Families.

Limited to 11 participants. RSVP here

# Life Care Planning with Jared Hawkins & Parent Panel

#### May 12, Zoom meeting at 6:30 pm

Hear from Jared Hawkins, lawyer and Dad, about creating a will, as well as a parent panel on do-it-yourself guardianships, paid guardianships, power of attorney options, and self determination.

RSVP for Life Planning

# **Caregiver Support Meeting - Housing Options with Shannon Bergevin**

May 19, Zoom meeting at 6:30 pm

Learn about a community housing option for our community that Shannon has been working on.

**RSVP for Housing Options** 



# May 15 - Open Swim for People with Disabilities & Their Families

Session 1: 3:30 to 4:30 pm

Session 2: 4:30 to 5:30 pm

Must Register **here** to participate.

May 23 - Parents Day Out

2:00 to 5:00 pm Details & Registration here.

Walla Walla Public Schools Summer



# **Program**Registration in May

FREE. Math & reading focus, fun activities, food & transportation provided. **Details here.** 

Deadline to Register for Whiffle Ball: May 20

# COME ON OUT AND PLAY WHIFFLE BALL with Coach Amy

For all ages

Thursdays in June, 6:00 PM-7:30 PM
Garrison Middle School Field

\$10.00 per person

Each player will need to bring their own water, and a mask must be worn at all times.

Please register on our website at wwvdn.org with shirt size no later than May 20th.

Thursdays in June (3, 10, 17, 24)

**Register for Whiffle Ball** 

## 2021 WWVDN Annual Survey

Your input determines how to best serve families in the Walla Walla Valley region.



Take the 2021 WWVDN Survey

## **Monthly Activities & Events**

See Calendar of Events

#### **Mamas Especiales**

Fridays, May 7, 14, 21 & 28 - 1:00 pm Spanish Speaking Support Group

#### **Columbia County P2P Meeting**

May 21 - 5:30 pm (Dayton City Park)

#### **Autism Family/Caregiver Meeting**

May 27 - 6:00 pm (Center for Children & Families)



The Washington State Developmental Disabilities Council (DDC) is looking for new members to fill open positions.

#### Who can serve as a DDC member?

- · People with intellectual/developmental disabilities (I/DD)
- · Family members or guardians of people with I/DD

#### What does the DDC do?

The DDC mission is to advocate, promote and implement polices and practices over the life course to create pathways to meaningful, integrated and productive lives for people with I/DD. The DDC does this by:

- ⇒ Collaborating and coordinating with public and private organizations
- ⇒ Developing effective leaders and advocates
- Advocating for new and better policies, programs, and practices

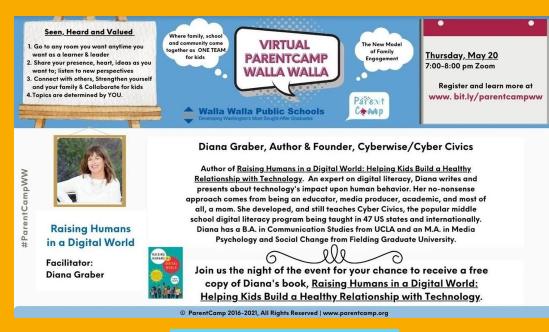
#### How do you apply to become a DDC member?

- Visit: <a href="https://www.governor.wa.gov/boards-commissions">https://www.governor.wa.gov/boards-commissions</a>
- · Click "Apply to serve on a board or commission"
- · Select "Developmental Disabilities Council" from the first drop-down menu
- · Complete the application and click "submit"
- People from all racial/ethnic and geographic communities are encouraged to apply.
- Each term is three years and members can be reappointed for a second term.
- All member expenses are paid for by the DDC— including travel, meals, lodging, respite care, and other accommodations.

For more information, please contact the DDC office at 1-800-634-4472 or Linda West at <a href="mailto:linda.west@ddc.wa.gov">linda.west@ddc.wa.gov</a> or

Jeremy Norden-Paul at jeremy.norden-paul@ddc.wa.gov

#### Apply to Join the Council



Virtual Parent Camp

May 20, 7:00 to 8:00 on Zoom

# VACCINE CLINICS







# UPCOMING SECOND-DOSE CLINICS: WEDNESDAY, APRIL 28 THURSDAY, MAY 6 SATURDAY, MAY 8 WEDNESDAY, MAY 12 SUNDAY, MAY 16

# Online events and opportunities throughout the state:

**May 11 - Telling Your Story With A Purpose** 

May 12 - Life Care Planning (ARC Spokane)

May 15 - Dads Virtual Conference

**Dating Skills Series** 

**Special Education Legal Clinic** 

Details

#### Share this email:







Manage your preferences | Opt out using TrueRemove<sup>™</sup>

Got this as a forward?  $\pmb{\text{Sign up}}$  to receive our future emails.

View this email online.

P.O. Box 1918 Walla Walla, WA | 99362 United States

This email was sent to .

To continue receiving our emails, add us to your address book.

Subscribe to our email list.