

# the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP

CALENDAR

EAT

DISCOVER

TRAVEL

TOWN GUIDES



I spent the weekend mulling over myriad scary scenarios, but there was a bright spot.

International

Women's Day reminded me of the community of women I've been lucky to surround myself with. I count mostly entrepreneurs among my friends, and we turn to each other for business advice, a sounding board, and often, just a pep talk. Owning a small business can be a lonely endeavor, and I'm incredibly grateful to this group of brainiacs. I'd name you all individually, but I'm afraid I'll forget someone (my addled mind!), but you know who you are, so THANK YOU.

love,  
Erica

p.s. This list may give you some inspiration for preparing some yummy pantry meals as we all hunker down at home.



## Musical Masterworks



**Celebrate  
Beethoven's 250th Anniversary  
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***Beethoven:  
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Photo by: Ellen Silverman

## Sweet Chili Chicken Thighs by Dorie Greenspan

I've never made a Dorie recipe that I didn't love, and I can't wait to try this one, a combination of all of my favorite flavors!

[Get the Recipe](#)

The day you've both been  
**dreaming**  
*of.*

Be present in  
these moments...  
we'll button up the rest!

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**Aoife O'Donovan**  
**'Songs & Strings'**  
**March 11**

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old saybrook  
[thekate.org](http://thekate.org)

I make Jambalaya a bunch of different ways (it's the sort of recipe that can be adjusted to whatever you have on hand), but my favorite version is this one, as I usually have a bag of frozen shrimp and a package of andouille sausage on hand...



**Make Jambalaya**



## Miki's Corned Beef

Once a year I throw a corned beef and a bunch of vegetables in a pot and call it boiled dinner! But I much prefer to go to my friend Miki's house and eat hers. I begged her for her secret and here it is:

Make This

## Homemade Bailey's

Here's a homemade version of Bailey's Irish Cream from La Marea. It's out of this world!



Get the Recipe

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### Sponsored Story

## The Fall Down Funny Roast Of Broadway!

### Forbidden Broadway Comes to Ivoryton by Gerard Alessandrini

Ivoryton Playhouse opens the 2020 season with a brand new version of one of off-Broadway's most popular shows - FORBIDDEN BROADWAY COMES TO IVORYTON. In this long-running Off-Broadway musical revue, Broadway's greatest legends meet Broadway's greatest artists for a one-of-a-kind entertaining tribute to

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theatre's greatest stars and songwriters. Outrageous costumes, hilarious rewrites of songs you know, and dead-on impressions by a stellar cast add to the fun!

Conceived, written and directed by Gerard Alessandrini, the show has been rewritten more than a dozen times over the years. This fast and furious musical comedy eviscerates the oldies but

goodies – Annie, Oklahoma, Fiddler, Les Mis and many more – and then skewers some of Broadway's newest arrivals, as well as favorites Bernadette Peters, Hugh Jackman, Liza Minelli, and Lin Manuel!

Whether you're a seasoned theatre-goer or new to Broadway, FORBIDDEN BROADWAY COMES TO IVORYTON is your one-stop ticket to non-stop laughs!

**March 18th - April 5th, 2020**

Call our box office **860.767.7318** or visit [www.ivorytonplayhouse.org](http://www.ivorytonplayhouse.org) for more info.

**BUY TICKETS**

## From The E List Events Calendar

### Niantic/East Lyme Restaurant Week 2020, thru 3/16

You're invited to explore the local cuisine with deals and special menus for every palate. [Read more...](#)

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**Looking for something to do? Find bulb and plant sales, pub crawls, wellness events, and more on The E List events calendar:**

## p.s. from Erica

**To The E List Community,**

We're BACK!

We're reopening up the shop this week with beautiful new Spring arrivals from favorite designers.

We had intended to open with a big bash, but that is seeming less and less like a good idea. Instead, we hope you visit our cozy shop and enjoy personal attention and reliable advice from our team of fashion pros.

As always, we're encouraging you to buy less but better, and in the era of fast fashion, it seems the way to go. Luckily, we depend mainly on American manufacturers, so our supply chain is safe and supports the American economy. Most of our vendors are small like us, and equally concerned about what the future will bring for their company and their employees.

Believe me, I've been up nights conjuring up scary scenarios for local business here on the Shoreline like ours. In the short term, it makes sense to feel prepared. Stock up your pantry with lentils, beans, and frozen veggies (I have, and it made me feel so much better) just in case. But we do have to keep living our lives, too. And most local businesses are going to feel the pinch of fewer customers.

So this may sound strange, but I encourage you to buy a few things from your favorite shops. Cheer yourself up with a new blouse or bag. Stock your gift closet a bit. Frequent your favorite pastry shops, florists, and farm stands. Avoid the big box stores if you can for any number of good reasons. It will help keep your friends and neighbors employed and the local economy robust despite the uncertainty that surrounds us.

Our shop is a small and happy haven. We've received lovely linen jackets and Spring-weight cashmere sweaters. everyone's favorite Avenue Montaigne pants.

plenty of easy tees and perfect fitting jeans, sweet summery dresses, and a selection of our coveted Natalie Martin silks.

We'll be open this Thursday through Sunday, and starting next week, Wednesday through Sunday.

If you'd prefer not to come into the shop, we're happy to serve you through our online shop. If you need more information about a garment, we can walk you through our offerings with a phone call and put together a capsule wardrobe that you'll live in.

And if you'd like a private shopping appointment, we are happy to offer that, too. Just email me, and we can open the shop at 10 am for an hour of personalized attention on Wednesday, Thursday, or Friday before our usual opening at 11 am. Email me: [erica@theelist.com](mailto:erica@theelist.com)

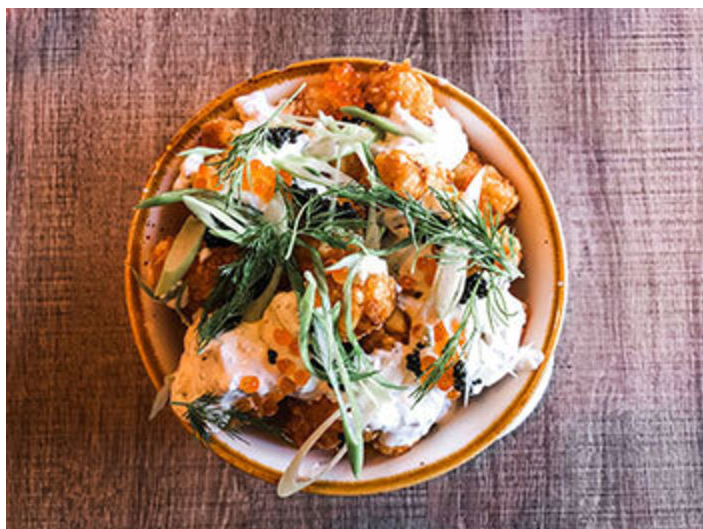
We are all in this together.  
Love, Erica

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**I've pulled a collection together of everything you'll need for a Spring Into Summer Capsule Wardrobe from our best selling designers.**



[See the Capsule Details Here](#)



**In case you missed it:**

We shared tater tots and caviar for brunch plus a roundup of swimsuits and sandals on last week's list.

[Read the List](#)

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