

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

SHOP

CALENDAR

EAT

DISCOVER

TRAVEL

TOWN GUIDES



I spent the weekend mulling over myriad scary scenarios, but there was a bright spot.

International

Women's Day reminded me of the community of women I've been lucky to surround myself with. I count mostly entrepreneurs among my friends, and we turn to each other for business advice, a sounding board, and often, just a pep talk. Owning a small business can be a lonely endeavor, and I'm incredibly grateful to this group of brainiacs. I'd name you all individually, but I'm afraid I'll forget someone (my addled mind!), but you know who you are, so THANK YOU.

love,
Erica

p.s. This list may give you some inspiration for preparing some yummy pantry meals as we all hunker down at home.



Musical Masterworks



**Celebrate
Beethoven's 250th Anniversary
with the Ehnes Quartet**

**Beethoven:
The Complete String Quartets**

**March 13, 14 & 15
May 1, 2 & 3**

**A different program will be
presented at each concert.**

**First Congregational Church of Old Lyme
2 Ferry Road, Old Lyme, Connecticut**

Fraturdays at 7pm | Saturdays at 5pm | Sundays at 3pm

Click to learn more!
musicalmasterworks.org



Sweet Chili Chicken Thighs by Dorie Greenspan

I've never made a Dorie recipe that I didn't love, and I can't wait to try this one, a combination of all of my favorite flavors!

[Get the Recipe](#)



Shrimp and Andouille Sausage Jambalaya Recipe

I make Jambalaya a bunch of different ways (it's the sort of recipe that can be adjusted to whatever you have on hand), but my favorite version is this one, as I usually have a bag of frozen shrimp and a package of andouille sausage on hand...



Make Jambalaya



Miki's Corned Beef

Once a year I throw a corned beef and a bunch of vegetables in a pot and call it boiled dinner! But I much prefer to go to my friend Miki's house and eat hers. I begged her for her secret and here it is:

Make This

Homemade Bailey's

Here's a homemade version of Bailey's Irish Cream from La Marea. It's out of this world!



[Get the Recipe](#)

Elegance Your Way
Live Comfortably With Style



TIMELESS INTERIORS
— BY Rachel Schenckling —
DESIGN CONSULTANT

Call Today!
203-500-9500

rachel@timelessinteriorsct.com
www.timelessinteriorsct.com

Now Serving the Shoreline Community

We Carry the Best!

Carrier
Turn to the experts

0% FINANCING
for up to 72 months
OR save up to
\$1,350 in rebates*

Ductworks
HEATING & A/C SERVICES

*Offer applies to heating & cooling replacements
LIC # S1-400300, S1-400301, SM11-6943

175 SPRING STREET • SOUTHTON, CT 06489
860.621.6295 • www.ductworkshvac.com

Sponsored Story

TELL ME MORE!

FORBIDDEN BROADWAY
comes to Ivoryton

IVORYTON PLAYHOUSE

MARCH 18TH - APRIL 5TH
CALL 860.767.7381 FOR TICKETS

The Fall Down Funny Roast Of Broadway!

Forbidden Broadway Comes to Ivoryton by Gerard Alessandrini

Ivoryton Playhouse opens the 2020 season with a brand new version of one of off-Broadway's most popular shows - **FORBIDDEN BROADWAY COMES TO IVORYTON**. In this long-running Off-

Broadway musical revue, Broadway's greatest legends meet Broadway's greatest satirist for an endlessly entertaining tribute to theatre's greatest stars and songwriters. Outrageous costumes, hilarious rewrites of songs you know, and dead-on impressions by a stellar cast add to the fun!

Conceived, written and directed by Gerard Alessandrini, the show has been rewritten more than a dozen times over the years. This fast and furious musical comedy eviscerates the oldies but goodies – Annie, Oklahoma, Fiddler, Les Mis and many more – and then skewers some of Broadway's newest arrivals, as well as favorites Bernadette Peters, Hugh Jackman, Liza Minelli, and Lin Manuel!

Whether you're a seasoned theatre-goer or new to Broadway, FORBIDDEN BROADWAY COMES TO IVORYTON is your one-stop ticket to non-stop laughs!

March 18th - April 5th, 2020

Call our box office **860.767.7318** or visit www.ivorytonplayhouse.org for more info.

BUY TICKETS

From The E List Events Calendar

Niantic/East Lyme Restaurant Week 2020, thru 3/16

You're invited to explore the local cuisine with deals and special menus for every palate. [Read more...](#)

Looking for something to do? Find bulb and plant sales, pub crawls, wellness events, and more on The E List events calendar:

BROWSE THE CALENDAR

p.s. from Erica

To The E List Community,

We're BACK!

We're reopening up the shop this week with beautiful new Spring arrivals from favorite designers.

We had intended to open with a big bash, but that is seeming less and less like a good idea. Instead, we hope you visit our cozy shop and enjoy personal attention and reliable advice from our team of fashion pros.

As always, we're encouraging you to buy less but better, and in the era of fast fashion, it seems the way to go. Luckily, we depend mainly on American manufacturers, so our supply chain is safe and supports the American economy. Most of our vendors are small like us, and equally concerned about what the future will bring for their company and their employees.

Believe me, I've been up nights conjuring up scary scenarios for local business here on the Shoreline like ours. In the short term, it makes sense to feel prepared. Stock up your pantry with lentils, beans, and frozen veggies (I have, and it made me feel so much better) just in case. But we do have to keep living our lives, too. And most local businesses are going to feel the pinch of fewer customers.

So this may sound strange, but I encourage you to buy a few things from your favorite shops. Cheer yourself up with a new blouse or bag. Stock your gift closet a bit. Frequent your favorite pastry shops, florists, and farm stands. Avoid the big box stores if you can for any number of good reasons. It will help keep your friends and neighbors employed and the local economy robust despite the uncertainty that surrounds us.

Our shop is a small and happy haven. We've received lovely linen jackets and Spring-weight cashmere sweaters, everyone's favorite Avenue Montaigne pants, plenty of easy tees and perfect fitting jeans, sweet summery dresses, and a selection of our coveted Natalie Martin silks.

We'll be open this Thursday through Sunday, and starting next week, Wednesday through Sunday.

If you'd prefer not to come into the shop, we're happy to serve you through our

online shop. If you need more information about a garment, we can walk you through our offerings with a phone call and put together a capsule wardrobe that you'll live in.

And if you'd like a private shopping appointment, we are happy to offer that, too. Just email me, and we can open the shop at 10 am for an hour of personalized attention on Wednesday, Thursday, or Friday before our usual opening at 11 am.

Email me: erica@theelist.com

We are all in this together.

Love, Erica

I've pulled a collection together of everything you'll need for a Spring Into Summer Capsule Wardrobe from our best selling designers.





In case you missed it:

We shared tater tots and caviar for brunch plus a roundup of swimsuits and sandals on last week's list.

[Read the List](#)

CONNECT



[ABOUT ERICA](#) / [ASK ERICA](#) / [OUR WEBSITE](#) / [ADVERTISE](#)

Don't miss a list, sign up here:

[SUBSCRIBE](#)

VISIT OUR CLOTHING SHOP!

1 North Main Street
Chester, CT
860.322.3388

SHARE



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

P.O Box 5

Old Lyme, CT | 06371 US

This email was sent to .

To continue receiving our emails, add us to your address book.

emma®

[Subscribe](#) to our email list.