**NASHMAN CENTER PROGRAMS**

**ChangeGivers Bootcamp**

Imaginative November 2021 – 12:00pm-2:00pm, we will be hosting our second ChangeGivers Bootcamp, a two-day intensive workshop led by Charlene Brown from Project of Public Interest and more than 50 past weekly attendees. This is a unique opportunity to join us and learn how to make a difference in the community. The event is free to attend, but space is limited. Sign up now!

**Mindful Minute**

Mindfulness and meditation techniques. Students will learn about the basics of mindfulness and meditation as powerful tools for managing stress. November 19th - 6:30pm ET

**You Voted, What Now?**

You voted, what now? Joining close to 50+ Mentoring and Out of School Time programs within Maryland and Washington D.C. for 25 years, the GW community has stepped forward to support our partners. For 25 years, the GW community has stepped forward to support our partners. This year due to COVID-19 restrictions, we are unable to collect and distribute physical gifts, so we have now turned to bringing campaigns to our partners’ support of Thread, Big Brother Big Sister of Central Maryland, Community Youth Advance, Best Kids, Maryland MENTOR has initiated the “500 Virtual Mentor Recruitment Challenge” campaign with the

**You Get More Joy Out of Giving Joy to Others, You Should Put a Good Deal of Thought into the Happiness that You are Also to Give.” — Eleanor Roosevelt**

**COMMUNITY OPPORTUNITIES**

**Full Time Job at DC Central Kitchen**

Apply to be the Donor Relations Coordinator at DC Central Kitchen! Full Time Job At DC Central Kitchen

**500 Virtual Mentor Challenge**

www.GWLead.org/500 has teamed up with the “500 Virtual Mentor Recruitment Challenge” campaign with the support of Thread, Big Brother Big Sister of Central Maryland, Community Youth Advance. How do you know that your program is making a difference? How do you know that your program is making a difference? How do you know that your program is making a difference? This campaign will provide mentoring programs with the opportunity to promote their program and**

**apply to be the Donor Relations Coordinator at DC Central Kitchen!**

**HELP US IMPROVE NASHMAN NEWS**

Have a story, opportunity, or event you want to share? Apply Now.

**COMING UP!**

**Get a Gift**

HELP US IMPROVE NASHMAN NEWS

GWPromotions@gmail.com | Deborah Crowder, 202-994-9900

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