Dear Students,

To continue receiving our emails, add us to your address book.

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Counseling & Testing Center
(608) 785-8073
website or contact us at the number below:

Counseling & Testing is located on the 2nd floor of the Student Center. Eligible students that have paid the counseling segregated fee are eligible for services provided by our licensed clinicians or trainees. Our licensed staff includes Licensed Professional Counselors, Social Workers, and Psychologists. Counseling services include individual, couples, and family therapy, as well as a variety of workshops. Students who find themselves in crisis may utilize our Urgent Care Services.

More information about Violence Prevention services can be found on our website or by contacting the Student Life: Wellness Center.

Students will receive a hold on their WINGS account prior to the beginning of Fall semester. All new incoming first-years will receive a link to their UWL email address when it is available. Please check your email regularly for important updates.

Check out these videos for some advice from your Eagle Guides:

The Recreational Sports Department (Rec Sports) is an engaging community that embraces your active lifestyle and provides opportunities to make friends, build confidence, and have fun! Students can enjoy recreational activities such as intramural sports, club sports, and open gym. Fitness and Recreational Services are available to assist students this Fall 2020! Currently, we are providing COVID-19 testing for students with symptoms. Students may call 608-785-8960 to make an appointment or 608-785-8977 with any questions or concerns. We have extra precautions in place to help maintain a safe and healthy environment for our students, staff, and visitors. Please call ahead for all appointments as we are working to prevent the spread of COVID-19 Pandemic. Please call 608-785-8977 to learn more about the many opportunities Rec Sports provides for students.

Student Health Center:

Same day Acute Care
Immunizations & Tuberculosis Screening
Physical Exams with required paperwork
Prescription Pick Up
Mental Health

Some visits have moved to virtual:

In person services:

Physical Exams with required paperwork
Mental Health

Contact us at uwlstudentlife@uwlax.edu, faceook.com/UWLStudentLife, twitter.com/UWLStudentLife, or @UWLPeerHealth

Information about how to support your overall health and wellness is available on our website: studentlife@uwlax.edu

The students are excited and ready to return and for a successful semester. We're eager to welcome students back, but we're not excited about the virus. To this end, anticipate a few necessary expectations upon your arrival. Students will be required to wear a mask in all campus buildings. Please remember that as we work to prevent the spread of COVID-19, you are required to wear a mask in all campus buildings. Until then, please wear your mask properly and safely. Lastly, I encourage you to report to someone on campus if you show any symptoms or learn of anyone exhibiting COVID-19 symptoms. Your symptoms may be a sign of the virus. The most common symptoms are fever, cough, shortness of breath, or difficulty breathing. However, it is possible for someone to be sick without any symptoms. If you do have symptoms, please stay home and call your healthcare provider. We must all wear a mask, stay home if you are sick, and keep our patients safe. To this end, anticipate a few necessary expectations upon your arrival.

Your list of questions is likely much longer and varied, I'm sure. It is important to keep everyone healthy and safe. For example, will campus life be the same? Will there be an in-person class? How will I interact with other students? How is my academic coursework going to work? Are there any student activities happening this year? Can I still visit the student union? How is counseling going to work? What about the library? How do I navigate classes beginning? Alcohol Edu for College is due by August 15th. You must complete this course to attend classes. If you have not completed it yet, please do so immediately. COVID-19, you are required to wear a mask in all campus buildings. Please remember that as we work to prevent the spread of COVID-19, you are required to wear a mask in all campus buildings. Until then, please wear your mask properly and safely. Lastly, I encourage you to report to someone on campus if you show any symptoms or learn of anyone exhibiting COVID-19 symptoms. Your symptoms may be a sign of the virus. The most common symptoms are fever, cough, shortness of breath, or difficulty breathing. However, it is possible for someone to be sick without any symptoms. If you do have symptoms, please stay home and call your healthcare provider. We"