



# March 2017 Newsletter



## MEET THE 2017 BOARD

Newly Elected Treasurer- Dave Martin

Newly Elected Secretary- Angela Rasegan

Newly Elected Board Members-

Janice Frankovich and Lizette Vasquez

They will be joining our current board members

Board President- Jennifer Botruff

Board Members- Dawn Tomlin, Mat Edick, Amanda Larraga

Self-advocate- Kierin Kerbawy

We do have two open seats on the board currently.



## Playtime Pals

CADSA's young 5s group will be meeting once a month in 2017! This play group is designed to help toddlers and parents build friendships and support one another through this journey.

Please email the coordinator Lizette Vasquez [lizette.urbina@gmail.com](mailto:lizette.urbina@gmail.com) to volunteer to help in this class.

### Current Schedule

Saturday, February 25, 2017 – 10 am – 11 am

Saturday, March 25, 2017 – 10 am – 11 am

Saturday, April 22, 2017 – 10 am – 11 am

## DANCE CLASS

FUTURE CLASSES

WILL BE AT THE

CASDA OFFICE



Please consider joining us as we prepare for an exciting and eventful 2017.

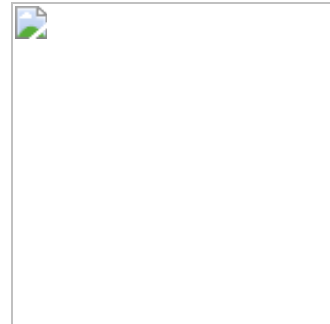
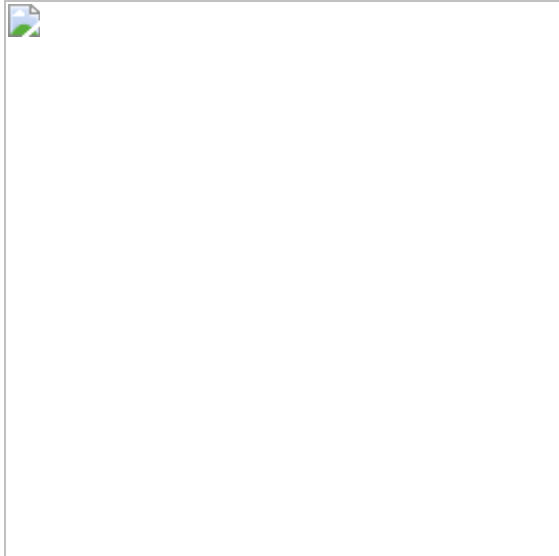
WHEN: 1st FRIDAY of each month

Time: 6:00pm

Join us at 6 PM on Friday February 3rd for dance class with Happendance.

The class will be at Happendance Exchange Lansing. 1607 E. Kalamazoo St, Lansing, MI 48912.

Contact [heathervs@happendance.org](mailto:heathervs@happendance.org) with any questions!



## **SUDS FIRST PLANNING MEETING**

## **MSU**

## **HOCKEY TIME**

February 16, 2017 6:00pm

February 18, 2017

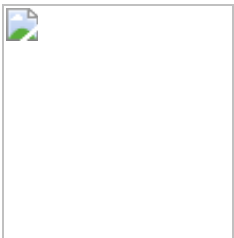
CADSA Office

CADSA and Club21Plus will be attending MSU Hockey Game 7:05pm cost \$7

808 W Lake Lansing Road, Suite 101  
East Lansing, MI | 48823 US

To get tickets please contact Club21Plus coordinator Angela Rasegan at [arasegan42@gmail.com](mailto:arasegan42@gmail.com) or call 517-376-0446 she will give you a discount code and the link to the CADSA group seats.

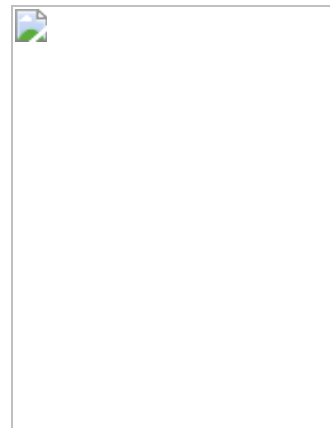
If you are interested in joining the committee please contact the coordinator Amanda Larraga [amandajw@gmail.com](mailto:amandajw@gmail.com)



## **It's Uke and Me Music Class**

Age: Program for kids 8 and up  
When: Thursdays 6:00-6:45pm, offered 4 times a

year for 6 week sessions, first session begins February 23  
Where: The CADSA Office



It's Uke and me is a group where members learn to play the ukulele in a group setting learning chords to accompany new and familiar songs. Class time will

## **Free sign language class!**

include opportunities to create song lyrics for group song writing! This class will be goaled to help with fine and gross motor skills, memory, learning sequences, social skills, oral motor and language skills, participation in group skills, and reading skills.

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## Mom's Night Out- Going to the Movies

February's MNO will be held on February 21st at Celebration Cinema in Lansing! We will be seeing Hidden Figures, and the movie will only be \$5 since it is five dollar Tuesday's at the movies! Please purchase your tickets through the [cadsa.org](http://cadsa.org), link coming soon. Please note movies times are posted the week prior so be sure to check back on the website for more details.

Questions, please contact the coordinator Jancice Frankovich by email. Her email is [janicefrankovich@yahoo.com](mailto:janicefrankovich@yahoo.com).

Can't wait to see you there!

Lastly, if you would like to host a mom's night out please let CADSA know. You can be the next volunteer for March. We hope to get volunteers 3 or 4 months in advance so we can send out dates to help members plan to attend.

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## Karate Class

REGISTRATION WILL BE OPENING SOON ON THE CADSA WEBSITE FOR OUR NEW KARATE CLASS THAT BEGINS IN MARCH

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All ages welcome!

When: February 21st for 7 weeks

Time: 6:00pm-7:00pm at the CADSA Office.

Registration on [cadsa.org](http://cadsa.org)

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## Move, Play, Music Class

Age: Program for preschool and early elementary

When: Thursdays 5:00-5:45pm, offered 4 times a year for 6 week sessions, first session begins February 23

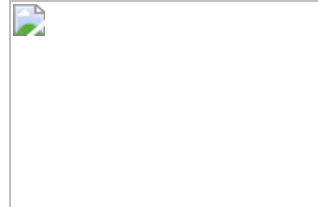
Where: The CADSA Office  
Please register online-coming soon.

Join us for a program for members ages preschool and early elementary and their caregivers. This class is designed to enhance language development, play and social skills, pre-literacy skills, memory, fine and gross motor skills and coordination. Children will be following class routines through songs, musical stories, music games, creative movements and instrument play!

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When: Monday 5:00pm-6:00pm

Where: CADSA Office  
808 W Lake Lansing Road, Suite 101  
East Lansing, MI | 48823 US



**REMEMBER TO SIGN UP FOR  
THE YEARLY CASDA  
MEMBERSHIP**

Members that pay their membership  
before March 1st will be entered into  
a drawing to **THROW THE FIRST  
PITCH AT**

**THE LANSING LUGNUTS GAME  
ON May 6, 2017.**

\$25 yearly membership fees are due  
January for all members!

[info@cadsa.org](mailto:info@cadsa.org)

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