

March 2017 Newsletter



MEET THE 2017 BOARD

Newly Elected Treasurer- Dave Martin
 Newly Elected Secretary- Angela Rasegan
 Newly Elected Board Members-
 Janice Frankovich and Lizette Vasquez

They will be joining our current board members

Board President- Jennifer Botruff

Board Members- Dawn Tomlin, Mat Edick, Amanda Larraga

Self-advocate- Kierin Kerbaw

We do have two open seats on the board currently.

Please consider joining us as we prepare for an exciting and eventful 2017.



SUDS FIRST PLANNING MEETING

February 16, 2017 6:00pm
 CADSA Office
 808 W Lake Lansing Road, Suite 101
 East Lansing, MI | 48823 US

If you are interested in joining the committee please contact the coordinator Amanda Larraga amandajw@gmail.com



It's Uke and Me Music Class

Age: Program for kids 8 and up
 When: Thursdays 6:00-6:45pm, offered 4 times a year for 6 week sessions, first session begins February 23
 Where: The CADSA Office

It's Uke and me is a group where members learn to play the ukulele in a group setting learning chords to accompany new and familiar songs. Class time will include opportunities to create song lyrics for group song writing! This class will be geared to help with fine and gross motor skills, memory, learning sequences, social skills, oral motor and language skills, participation in group skills, and reading skills.



Mom's Night Out- Going to the Movies

February's MNO will be held on February 21st at Celebration Cinema in Lansing! We will be seeing Hidden Figures, and the movie will only be \$5 since it is five dollar Tuesday's at the movies! Please purchase your tickets through the cadsa.org, link coming soon. Please note movies times are posted the week prior so be sure to check back on the website for more details.

Questions, please contact the coordinator Jancice Frankovich by email. Her email is jancicefrankovich@yahoo.com.

Can't wait to see you there!

Lastly, if you would like to host a mom's night out please let CADSA know. You can be the next volunteer for March. We hope to get volunteers 3 or 4 months in advance so we can send out dates to help members plan to attend.



Karate Class

REGISTRATION WILL BE OPENING SOON ON THE CADSA WEBSITE FOR OUR NEW KARATE CLASS THAT BEGINS IN MARCH

When: Monday 5:00pm-6:00pm
 Where: CADSA Office
 808 W Lake Lansing Road, Suite 101
 East Lansing, MI | 48823 US



Playtime Pals

CADSA's young 5s group will be meeting once a month in 2017! This play group is designed to help toddlers and parents build friendships and support one another through this journey.

Please email the coordinator Lizette Vasquez lizette.urbina@gmail.com to volunteer to help in this class.

Current Schedule

- Saturday, February 25, 2017 – 10 am – 11am
- Saturday, March 25, 2017 – 10 am – 11 am
- Saturday, April 22, 2017 – 10 am – 11 am

DANCE CLASS



FUTURE CLASSES WILL BE AT THE CADSA OFFICE

WHEN: 1st FRIDAY of each month
 Time: 6:00pm
 Join us at 6 PM on Friday February 3rd for dance class with Happendance. The class will be at Happendance Exchange Lansing. 1607 E. Kalamazoo St, Lansing, MI 48912.

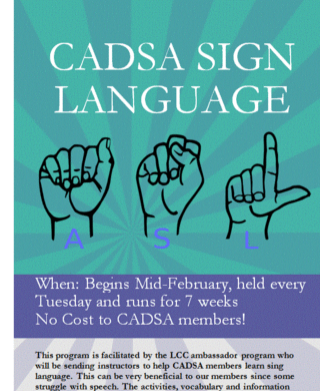
Contact heathervs@happendance.org with any questions!



MSU

HOCKEY TIME

February 18, 2017
 CADSA and Club21Plus will be attending MSU Hockey Game 7:05pm cost \$7
 To get tickets please contact Club21Plus coordinator Angela Rasegan at arasegan42@gmail.com or call 517-376-0446 she will give you a discount code and the link to the CADSA group seats.



Free sign language class!

All ages welcome!
 When: February 21st for 7 weeks
 Time: 6:00pm-7:00pm at the CADSA Office.
 Registration on cadsa.org



Move, Play, Music Class

Age: Program for preschool and early elementary
 When: Thursdays 5:00-5:45pm, offered 4 times a year for 6 week sessions, first session begins February 23
 Where: The CADSA Office
 Please register online-coming soon.
 Join us for a program for members ages preschool and early elementary and their caregivers. This class is designed to enhance language development, play and social skills, pre-literacy skills, memory, fine and gross motor skills and coordination. Children will be following class routines through songs, musical stories, music games, creative movements and instrument play!



REMEMBER TO SIGN UP FOR THE YEARLY CASDA MEMBERSHIP

Members that pay their membership before March 1st will be entered into a drawing to THROW THE FIRST PITCH AT

THE LANSING LUGNUTS GAME ON May 6, 2017.

\$25 yearly membership fees are due January for all members!

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