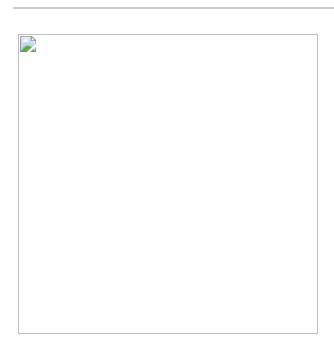


# March 2017 Newsletter



## **MEET THE 2017 BOARD**

Newly Elected Treasurer- Dave Martin

Newly Elected Secretary- Angela Rasegan

Newly Elected Board Members-

Janice Frankovich and Lizette Vasquez

They will be joining our current board members

Board President- Jennifer Botruff

Board Members- Dawn Tomlin, Mat Edick, Amanda Larraga

Self-advocate- Kierin Kerbawy

We do have two open seats on the board currently.



# **Playtime Pals**

CADSA's young 5s group will be meeting once a month in 2017! This play group is designed to help toddlers and parents build friendships and support one another through this journey.

Please email the coordinator Lizette Vasquez <u>lizette.urbina@gmail.com</u> to volunteer to help in this class.

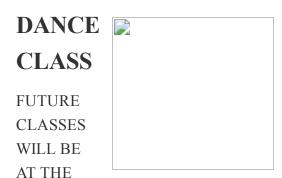
Current Schedule

**CASDA OFFICE** 

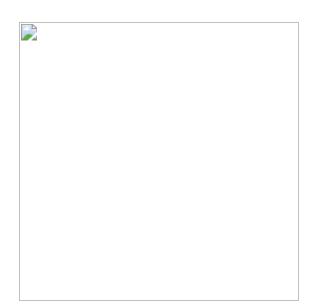
Saturday, February 25, 2017 – 10 am – 11am

Saturday, March 25, 2017 – 10 am – 11 am

Saturday, April 22, 2017 – 10 am – 11 am



Please consider joining us as we prepare for an exciting WHEN: 1st FRIDAY of each month and eventful 2017.



# **SUDS FIRST PLANNING MEETING**

February 16, 2017 6:00pm

**CADSA Office** 

808 W Lake Lansing Road, Suite 101 East Lansing, MI | 48823 US

If you are interested in joining the committee please contact the coordinator Amanda Larraga amandajw@gmail.com



# It's Uke and Me **Music Class**

Age: Program for kids 8

and up

When: Thursdays 6:00-6:45pm, offered 4 times a

year for 6 week sessions, first session

begins February 23

Where: The CADSA Office

It's Uke and me is a group where members learn to play the ukulele in a group setting learning chords to accompany new and familiar songs. Class time will

Time: 6:00pm

Join us at 6 PM on Friday February 3rd for dance class with Happendance. The class will be at Happendance Exchange Lansing. 1607 E. Kalamazoo St, Lansing, MI 48912.

Contact <u>heathervs@happendance.org</u> with any questions!



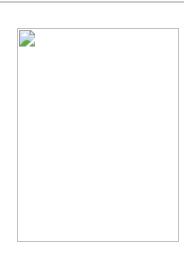
### **MSU**

#### **HOCKEY TIME**

February 18, 2017

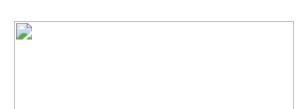
CADSA and Club21Plus will be attending MSU Hockey Game 7:05pm cost \$7

To get tickets please contact Club21Plus coordinator Angela Rasegan at arasegan42@gmail.com or call 517-376-0446 she will give you a discount code and the link to the CADSA group seats.



# Free sign language class!

include opportunities to create song lyrics for group song writing! This class will be goaled to help with fine and gross motor skills, memory, learning sequences, social skills, oral motor and language skills, participation in group skills, and reading skills.



# Mom's Night Out- Going to the Movies

February's MNO will be held on February 21st at Celebration Cinema in Lansing! We will be seeing Hidden Figures, and the movie will only be \$5 since it is five dollar Tuesday's at the movies! Please purchase your tickets through the <u>cadsa.org</u>, link coming soon. Please note movies times are posted the week prior so be sure to check back on the website for more details.

Questions, please contact the coordinator Jancice Frankovich by email. Her email is janicefrankovich@yahoo.com.

Can't wait to see you there!

Lastly, if you would like to host a mom's night out please let CADSA know. You can be the next volunteer for March. We hope to get volunteers 3 or 4 months in advance so we can send out dates to help members plan to attend.



## **Karate Class**

REGISTRATION WILL BE OPENING SOON ON THE CADSA WEBSITE FOR OUR NEW KARATE CLASS THAT BEGINS IN MARCH

All ages welcome!

When: February 21st for 7 weeks

Time: 6:00pm-7:00pm at the CADSA

Office.

Registration on cadsa.org



# Move, Play, Music Class

Age: Program for preschool and early elementary When: Thursdays 5:00-5:45pm, offered 4 times a year for 6 week sessions, first session begins February 23

Where: The CADSA Office Please register onlinecoming soon.

Join us for a program for members ages preschool and early elementary and their caregivers. This class is designed to enhance language development, play and social skills, pre-literacy skills, memory, fine and gross motor skills and coordination. Children will be following class routines through songs, musical stories, music games, creative movements and instrument play!

When: Monday 5:00pm-6:00pm

Where: CADSA Office

808 W Lake Lansing Road, Suite 101

East Lansing, MI | 48823 US



# REMEMBER TO SIGN UP FOR THE YEARLY CASDA MEMBERSHIP

Members that pay their membership before March 1st will be entered into a drawing to THROW THE FIRST PITCH AT

THE LANSING LUGNUTS GAME ON May 6, 2017.

\$25 yearly membership fees are due January for all members!

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#### info@cadsa.org

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