Dear Tufts Community,

As we approach the end of the academic year, all sorts of feelings might arise. Some of you are feeling ready to be done with classes and finals; you just want it to be summer already! Others of you are feeling stressed about all the things that need to happen this time of year, and those who are graduating may be feeling a mixture of all the above.

As much as we might want our lives to remain as they are, they never do. Life involves change. Each day, week, month, and year is unique, and while we might hope that the future will always be sunny, we also know that change is a part of that sunny day.

For some of you, the reality of imminent change can feel very hard and even sad. Catholic author Joyce Rupp writes that “As much as we might want our lives to remain as they are, they never do. Life involves change. Each day, week, month, and year is unique, and while we might hope that the future will always be sunny, we also know that change is a part of that sunny day.”

For others, the end of the year feels exciting. For those of you who are graduating, this is truly a time of life transformation. Although the stress of finals and the worries of the future might be overwhelming, it is important to stay grounded in who you are and let love lead the way ahead, wherever the path may take you.

In every changing moment, stay grounded in who you are and let love lead the way ahead, wherever the path may take you. We are here to support one another in the midst of those transitions, whether they are joyful, painful, or a little bit of both.

For information about ordering your regalia, please visit https://store.tufts.edu. If you cannot go to the bookstore, you may reserve your regalia via email, to be picked up and paid for when you return.

Please join us as we celebrate the last day of classes at the Interfaith Student Council, COFFEE, and the Palmier. This event will include Brunch and conversation: Friday, April 28 in Alumnae Hall, 9:30am - 11:00am. Keynote address: Thursday, April 27 in Alumnae Hall, 5:30 pm - 7:30pm. Unpacking White Christian Nationalism Series with Dr. Anthea Butler.

Although this year’s Senior and Young Alumni Awards Night has passed, we encourage you to make plans to attend next year’s Senior and Young Alumni Awards Night. In the meantime, you can learn more about the University Chaplaincy by clicking here.

We look forward to seeing you at these events.

Sincerely,

[Signature]