VOLUNTEER THIS MONTH

HEALTH & WELNESS
Lymphe zug®: Free nighttime lymphatic massage sessions for patients who are ready to engage in a lifelong, self-managed service and curating ongoing support. The Collaborative students serve as mentors to individuals receiving complementary lymphatic sessions to identify high needs and impact the larger population of service sufferers through a service project.

ENVIRONMENTAL Stewardship
City of Omaha Parks Department (Environment): Trail Stewardship | April 27 | 9 AM - 12 PM | mushroom Valley Park | Email
Alexandria Mines Park Neighborhood Association: Spring, Downtown Omaha: May 4, 1:30 PM - 4:30 PM | Baxter Park Falcon Lot 26 | Email

EDUCATIONAL SUPPORT
UNO Commencement: May 26 | 7:30 AM - 12 PM | Joshua Baker Center | Volunteer Application

SPECIAL EVENTS
American Red Cross | Service with a Smile | April 27 | 10 AM - 2 PM | City Hall | Email
Lymphedema Research | Service with a Smile | April 27 | 10 AM - 2 PM | Nebraska Hospital | Email
Health Care Foundation | Service with a Smile | April 27 | 10 AM - 2 PM | Kaiser Permanente | Email
Intercultural Senior Center | Service with a Smile | April 27 | 10 AM - 2 PM | Buchanan St. | Email

UNIVERSITY OF NEBRASKA AT OMAHA
Office of Civic and Social Responsibility | CEC 130
402.554.2872)
coordinator (phone: 402.554.3490 or TTY 402.554.2978) or the director of Accessibility Services Center (phone: 402.554.3490 or TTY 402.554.2978)

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