A Reflection from our University Chaplain

This is the season of dance concerts and spring sports, of musicals and a cappella performances; of academic conferences and community retreats. A quick scan of the Tufts events calendar or Jumbo Digest makes clear: this is a place of incredible engagement and learning.

I love the energizing reports from students about a course that is completely fascinating. I hear the happy chatter of friends walking across the Green. I revel in the daily wisdom and creativity of colleagues and students alike.

I also know the weariness of unrelenting Covid-19. I get the exhausting stress brought on by midterms. I see the packed schedules we keep and the unrelenting expectations we harbor. And I feel our grief. Amidst a war in Ukraine that is causing unspeakable suffering, on a planet whose climate is forever altered by human choices, in communities where anti-Blackness, anti-Asian racism, misogyny, and injustice of too many kinds continue to threaten the intended flourishing of all.

How do we keep telling the truth about it all, the joy and wonder, the grief and despair? One of the truth-tellers in my life is the Benedictine writer Joan Chittister. In *A Monastery Almanac*, she writes:

“There are simply some divine cravings in life – the liberation of the poor, the equality of women, the humanity of the entire human race – that are worth striving for, living for, dying for, finished or unfinished, for as long as it takes to achieve them. No single campaign will do the trick. No one speech will change the climate…It will take a million lives dedicated to the long haul and heaped on top of one another.”

And she continues:
"If we are to persevere for the long haul, we must not overdrive our souls. We must immerse ourselves in good music, good reading, great beauty and peace so that everything good in us can rise again..."

Sustaining our passion for our disciplines; remaining committed to our deepest values; building communities that are joyful and just—this is long haul work, too. May we tend to our souls every step of the way so that everything that is good in each of us can keep arising, again and again.

What cravings in life do you believe are worth striving for? What great music, art, literature, beauty beckons you?

With gratitude for our Tufts community,

Reverend Elyse Nelson Winger
University Chaplain

Upcoming Signature Programs

Wendell Phillips Speaker Auditions

Come support the four finalists
Wednesday, March 16 12pm at Goddard Chapel
is intended to deliver a message to inspire the graduating class and all who are gathered to reflect on how a Tufts education, and specifically the experiences of the graduating senior class, might help make the world a better place through constructive civic engagement. The award is given annually to a senior who demonstrates both marked ability as a speaker and a high sense of public responsibility. Everyone in the Tufts community is invited to attend.

**Russell Lecture on Spiritual Life & Solomont Speaker Series: Valarie Kaur**  
**Monday, March 28, 4:30 – 6:00 p.m., Breed Memorial Hall**

This year for the annual Russell Lecture on Spiritual Life, and as a Solomont Speaker Series event, we are welcoming civil rights leader, lawyer, award-winning filmmaker, educator, best-selling author and Sikh American woman warrior Valarie Kaur to Tufts. She will speak to us about Revolutionary Love - the way of being that allows us to be present for, care for, and fully respect ourselves and others. This event is generously sponsored by The Office of the President, the Chief Diversity Officers, the Generous Listening and Dialogue Center at Tisch College and the Arthur Vining Davis Foundations Interfaith Civic Studies Grant.You can read more about the event here on our website, and you can register for the event here.

Register for Russell Lecture

**Religious and Philosophical Programs**
American Sutra with Duncan Ryuken Williams

Wednesday, March 9, 7:00 p.m., Virtual Event

Dr. Duncan Ryuken Williams will be sharing his research on the Buddhist practices of Japanese-Americans at internment camps during World War II. *America Sutra*, the book based on his research, just won the 2022 Grawemeyer Award for Religion. Duncan is a scholar-practitioner and a Zen priest. Join us to hear his experience at the camps firsthand. This event is co-sponsored by the Department of Religion. You can join the Zoom here.
Join us on Zoom for the first of a series to explore three universal themes that flow across the sacred texts of Islam, Buddhism, and Hinduism. Each session we will explore a unique theme and participants are invited to share a text on that theme and a discussion prompt for the group. We will spend approximately 15 minutes on each text. Open to all campuses, students, staff and faculty. Please RSVP here and indicate if you are interested in sharing a text and a brief reflection on it (this is entirely optional). If you have any questions please reach out to Muslim Chaplain Najiba Akbar.

Fifth Annual Interfaith Field Trip to Downtown Boston
Friday, March 11, 12:00-3:00 p.m., meet outside Upper Campus Center at 12:00 p.m. or at St. Paul's Cathedral, 138 Tremont St, Boston, at 1:00 p.m.

Come experience interfaith partnership in action. For over 15 years, St. Paul's Episcopal Cathedral has hosted a Muslim congregation every Friday for Jumu'ah Prayers. Protestant Chaplain Dan Bell and Muslim Chaplain Najiba Akbar are hosting a field trip to the cathedral, located just across from the Park Street T stop. We will join the Muslim congregation for Jumu'ah Prayers. Muslim and Christian faith leaders will then meet with us for lunch and conversation. Students from all religious/philosophical backgrounds are welcome to participate. This event is being sponsored by the Protestant Chaplaincy, Muslim Chaplaincy, and the Episcopal Cathedral of St. Paul. Please email Protestant Chaplain Dan Bell or Muslim Chaplain Najiba Akbar for more information. You can register here.
Constantine's Sword: No War is Holy
Friday, March 11, 6:00 p.m.-8:00 p.m., Olin 007

The Protestant and Catholic communities are gathering to watch and discuss Constantine's Sword, a documentary that explores Christianity's troubled history with Judaism. Join us as we reflect together and consider how we can live differently today. Dinner from Sugar and Spice will be provided. Students from all religious/philosophical backgrounds are welcome to participate. This event is being sponsored by the Catholic Chaplaincy and Protestant Chaplaincy.
Food & Faith: A People's Supper

Monday, March 14

Join us for dinner, conversation and community about ritual and cultural foods across traditions

6:00 to 7:15 PM
100 Rabb Room, Barnum Hall

Dinner will be provided.
Sponsored by Interfaith Student Council, COFFEE Interfaith Student Coalition, and The Palmier

Please RSVP by 12 pm on Monday.

Reach out to Shelby Carpenter with any questions.
In conversation with Nissim Black
Tuesday, March 15, 8:00 p.m., 220 Packard Avenue

Meet the rapper combining Jewish faith with music to spread an inspirational message. Nissim will join us live and in person to share his personal journey, followed by a musical performance. The Feigenbaum Lecture is an annual lecture in memory of Susan Feigenbaum organized by and hosted at Tufts Hillel in partnership with Tufts University Judaic Studies. It features a scholar or practitioner who can address the relevance of Jewish spirituality in our contemporary world. Per Nissim's team: "Nissim Black has been a gangsta rapper, a gang member, and a faith seeker. But it is his current incarnation that is here to stay: an African American Hasidic Jew who brings sharp beats and hook-filled rhymes to the masses." You can find out more here, or you can find out more here.

Partner Programs
The Mental Health Reps are a group of health-minded undergraduates who serve as peer educators and liaisons between Counseling and Mental Health Services and Tufts students. They will receive training and have opportunities to design and present workshops, plan events, and help promote and deliver mental health promotion wellness programming. The Mental Health Reps will receive a stipend for their work. You do not have to study a health-related field to join this group, nor do you need to have lived experience with mental illness.

CMHS encourages all undergraduate Tufts students to apply. They are looking for a diverse group of students who have an interest in mental and emotional health and who have skills to offer the group – such as creative and computer skills, or marketing and communication skills, among others. Becoming a Mental Health Rep is a fantastic opportunity to develop leadership and professional skills and gain experience in health education and promotion. You can apply and learn more here. If you have any other questions, you can reach out to Erica Schonman. Applications will be reviewed on a rolling basis.
Tufts Table: Climate Change: Where is the Urgency?

Tuesday, March 15, 11:00 a.m. - 12:00 p.m., Cabot 702 and on Zoom

Bridging Differences, Global Tufts Month, and The Fletcher School invite you to join us for Tufts Table on Climate Change: Where is the Urgency? Introduction by Fletcher Dean Rachel Kyte. The goal of Tufts Table is to establish connections among diverse members of the university while sharing perspectives on subjects that are significant to our community. Lunch will be served for those joining in person. Please join in person or on Zoom. Register here for Tufts Table.
Creating your Climate Narrative
Friday, March 11, 1:30 p.m. - 3:00 p.m., Rabb Room, Barnum Hall

Join senior A&S student Audrey Carver for an interactive workshop on using art to combat the climate crisis. Audrey will share how she communicates climate science through her work before leading participants through a story-telling practice to create their own climate narratives. Participants will learn from one another about the ways in which climate change is impacting our Tufts community and how we can utilize art as a call for action. All are welcome and no previous art experience is necessary. This event is hosted by Tisch College and the Environmental Studies Program. You can register here.
Diverse Hair & Beauty Products in the Bookstore Survey

The Division of Student Diversity and Inclusion is collecting information about your use of the Tufts University bookstore and the personal care/beauty products that are currently available. Please fill out this survey to help us collect data to potentially add certain products that are needed for folks within the community.

Resources, Scholarships, and Opportunities

U.S. Bureau of Reclamation Resource Assistant Internship
Applications due Monday, March 14

The Latinx Center is excited to inform you of a Paid Summer Remote Internship opportunity with the U.S. Bureau of Reclamation Resource Assistant Internship Program. Intermediate level Spanish reading, writing, and
speaking is a requirement for this position. The Hispanic Access Foundation’s MANO Project offers enriching internship experiences nationwide for Latinx college students and upcoming professionals of color who are passionate about the outdoors, geography, community engagement, public lands, cultural resources, and natural resources. You can learn more about MANO Project and submit applications here.

Massachusetts Historical Society Undergraduate Library Residency Program
Applications due by 11:59 p.m., ET, Tuesday, March 15

Do you collect stories about your family's history? Have you ever wondered about the evolution of your neighbourhood over time? Have you enjoyed helping your kids with social studies assignments for school? Do you enjoy historical documentaries, television series set in the past, or reading historical fiction? Have you ever wondered about the historical roots of present-day injustice? A career in public history might be for you. The Massachusetts Historical Society seeks applicants for the inaugural year of its Undergraduate Library Residency program. Students will be hired for the 2022-2023 academic year, work 10-14 hours a week, and make $18 per hour. You can find more information and application details here.

Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the Harvard Divinity School calendar.

**Nineteen Day Fast**
Tue., Mar. 1 – Sat., Mar. 19, 2022
Tradition: Baha’i
A designated 19-day period of fasting each year immediately before the Bahá’í New Year. The fasting is seen as a period of spiritual preparation and regeneration for the new year ahead.

**Great Lent**
Mon., Mar. 7 – Sat., Apr. 23, 2022
Tradition: Christianity-Orthodox
In Orthodox churches, the first day of Lent marks the beginning of the Great Fast, the final six weeks of a 10-week period leading up to Holy Week and Easter (Pascha). In the churches that follow the Gregorian calendar, Lent is a six-week observance (40 days excluding Sundays) beginning with Ash Wednesday and culminating in Holy Week. It is a time of repentance and sacrifice in preparation for Easter.

**Ghambar Hamaspathmaedem**
Tradition: Zoroastrianism
Celebrates the creation of human beings and honors the souls of the deceased.

**Purim (Feast of Lots)**
Wed., Mar. 16, 2022
Tradition: Judaism
Celebrates the rescue of the Jews of ancient Persia from a plot to destroy them as related in the Book of Esther, which is read at this time. Purim is a joyous holiday, celebrated by wearing of costumes, giving gifts to friends, giving to the poor, and socializing. Preceded by the Fast of Esther, Purim is a day of feasting. Begins at sundown.

**Laylat al-Bara’ah**  
Thu., Mar. 17, 2022  
Tradition: Islam  
 Begins at sundown. On this night, God approaches the Earth to call humanity and to grant forgiveness of sins. Observed on the 14th day of the lunar month of Sha’ban.

**Holi**  
Fri., Mar. 18, 2022  
Tradition: Hinduism  
A joyous spring Hindu festival that is dedicated to Krishna in some parts of India; in other parts of India, it is dedicated to Kama, the God of Pleasure. People throw colored water or colored powder in celebration.

**Ostara**  
Sat., Mar. 19, 2022  
Tradition: Wicca/Paganism  
Vernal Equinox, celebrating the equivalence of light and dark and the arrival of Spring.

**Naw Ruz**  
Sun., Mar. 20, 2022  
Tradition: Baha’i  
The seventh greatest festival, “New Day” is the first day of the Zoroastrian/Persian and Baha’i New Year. It falls on the spring equinox and symbolizes the renewal of the world after the winter. For Zoroastrians, Naw Ruz also celebrates the creation of fire that is symbolic of Asha, or righteousness. It is also the day on which Zarathustra received his revelation.

**Naw Ruz**  
Mon., Mar. 21, 2022  
Tradition: Zoroastrianism  
The seventh greatest festival, “New Day” is the first day of the Zoroastrian/Persian and Baha’i New Year. It falls on the spring equinox and symbolizes the renewal of the world after the winter. For Zoroastrians, Naw Ruz also celebrates the creation of fire that is symbolic of Asha, or righteousness. It is also the day on which Zarathustra received his revelation.

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**Support the University Chaplaincy**

Supporting dynamic programs at Tufts University in religious, spiritual, ethical, and cultural life is easy and vital to our work. To donate, please click on the button below. Thank you for your generosity.

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**ABOUT US**

The University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.
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