COVID-19 Update
June 10, 2022  •  uoregon.edu

You may be receiving this message on behalf of your University of Oregon (UO).

What You Need to Know
This announcement is being sent only to employees, students, and friends of employees who are members of the University of Oregon (UO) Community Level 5 for COVID-19 in Lane County moved to High. Due to the elevated risk level, the UO recommends individuals wear masks indoors when around other people. For details visit the UO COVID-19 website.

We want to remind you of the personal preventative strategies you can take to reduce your risk of COVID-19 and the campus resources that are available:

- **Social Distancing:** Consider reducing your social gatherings to groups of 10 or fewer when possible.
- **Masking:** Face masks are recommended indoors when around other people. For the current status visit the UO Protect a Neighbor webpage.
- **Wash Your Hands:** Wash your hands fully and frequently. You can find an interactive handwashing tool on the UO COVID-19 website.
- **Stay Home When Sick:** If you have symptoms such as fever, cough, or shortness of breath, stay home and seek medical care.
- **Physical Distance:** Maintain a distance of at least six feet from others.

COVID-19 Testing
The UO is continuing to provide the following COVID-19 resources:

- **KN95 masks:** Available on campus for students and staff.
- **Booster Reporting:** To submit your booster shot.
- **COVID.gov:** For COVID-19 data and community levels.
- **Community Level:** For COVID-19 data and community levels.
- **COVID-19 Testing:** To access COVID-19 testing including how to register for a test, visit the Coronavirus Resources website.

UO Resources
- **UO Resources:** For employees such as the Employee Assistance Program, leave options, and flexible and remote work guidance.
- **Support resources:** Interactive isolation and testing guidance for students affected by COVID-19.
- **COVID-19 leave program:** For employees the UO COVID-19 leave program will be extended through June 30, 2023.
- **MAP:** MAP will remain open to UO students and employees and Lane County community members during the World Athletics Championships Oregon22. For more information about MAP and the current status of MAP visit the Coronavirus Resources website.
- **Free PCR testing:** For UO and Lane County community members. The UO continues to monitor the situation on our campus and in our community. We are working with local public health authorities to inform future decisions and policies.

COVID-19 Data
Community Level: Current COVID-19 Community Levels can be found on COVID.gov and are updated on Thursday evenings. Community levels consider a combination of metrics including new cases and hospital data.

Reminders
Before Traveling: Before becoming eligible and receiving your COVID-19 booster shot, remember to update your vaccine status with the UO. To submit your booster shot:

- **Students:** Log in to the UO Protect a Neighbor portal, visit the "Immunizations" tab. This is the same process used to upload your original vaccination information.
- **Employees:** Fill out this online form and upload a copy of your vaccine card. This is the same process used to verify your initial vaccine status.
- **Students:** Visit the "Immunizations" tab. This is the same process used to verify your initial vaccine status.
- **Employees:** Fill out this online form and upload a copy of your vaccine card. This is the same process used to verify your initial vaccine status.

Exemptions Process: For information on the exemption process visit the "Immunizations" tab on the "COVID-19 Leave Program" website.

Prevention: The best way to prevent illness is to avoid being exposed to the virus. The CDC outlines some general precautions for personal prevention.

Resources
**UO Resources**
- **Health and Safety:**
  - **Guidance:**
  - **Resources:**
- **Human Resources Info:**
- **Testing:**
  - **COVID-19 Testing:**
  - **Additional Resources:**
  - **COVID.gov**
  - **Oregon Health Authority (en Español)**
  - **Lane County Public Health (en Español)**
  - **Multnomah County Public Health (en Español)**
  - **Deschutes County Public Health (en Español)**
  - **Coos County Public Health (en Español)**
  - **Corona Corps**
  - **University of Oregon, 1585 E 13th Avenue, Eugene, OR 97403**

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