COVID-19 Update

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What You Need to Know

This week the Centers for Disease Control and Prevention (CDC) Community Level for COVID-19 in Lane County moved to High. Due to the elevated risk level, the UO recommends individuals wear masks indoors when around others, per CDC guidance.

In addition, it is recommended that you test if you’ve had a known exposure to COVID-19.

KN95 masks are available on campus to UO students and employees at Map locations. More information about wearing and caring for KN95 masks can be found on the MatWeb site.

We went to remind of the personal preventative strategies you can take to reduce your risk of COVID-19 and the campus resources that are available:

- Wear a mask in public places and when around others.
- Avoid large gatherings.
- Wash your hands often and use hand sanitizer when available.
- Stay home when sick.
- Monitor for symptoms and get tested.
- Get vaccinated and remember to update your vaccine status with the UO. To submit your booster shot Booster Reporting:

  - Employees: Fill out this online form.
  - Students: Log in to the MyUOHealth Portal and upload a copy of your vaccine card. This is the same process used to upload your original vaccination information.

  For information on the exemption process visit the vaccination webpage.

  Additional Resources:
  - COVID.gov
  - Centers for Disease Control and Prevention
  - Oregon Health Authority (en Español)
  - Lane County Public Health (en Español)
  - Multnomah County Public Health (en Español)
  - Washington County Public Health
  - Coral County Public Health
  - Coos County Public Health
  - Deschutes County Public Health
  - Multnomah County Public Health
  - Oregon Health Authority
  - Oregon Health Authority (en Español)
  - Multnomah County Public Health (en Español)
  - Washington County Public Health
  - Coral County Public Health
  - Coos County Public Health

COVID-19 Data

Community Level: Current COVID-19 Community Levels can be found on COVID-19.gov and are updated on Thursday evening. Community levels are considered in combination of metrics including new cases and hospital data.

Reminders

 Booster Reporting: After becoming eligible and receiving your COVID-19 booster shot, remember to update your vaccine status with the UO. To submit your booster shot information:

  - Students: Log in to MyUOHealth Portal.
  - Employees: Fill out the online form and upload a copy of your vaccine card. This is the same process used to verify your vaccine status.

Exemption process: For information on the exemption process visit the students or employees link on the coronavirus.uoregon.edu website.

Prevention: The best way to prevent illness is to avoid being exposed to the virus. The CDC outlines some general recommendations for personal prevention.

Resources

UO Resources

  - Health and Prevention
  - Testing
  - Vaccine Resources Info
  - Family and Visitor Info
  - Coronavirus
  - Resources

Additional Resources

  - COVID.gov
  - Centers for Disease Control and Prevention
  - Oregon Health Authority
  - Lane County Public Health
  - Multnomah County Public Health
  - Washington County Public Health
  - Coral County Public Health
  - Coos County Public Health

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