

# COVID-19 Update

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## What You Need to Know

This week the Centers for Disease Control and Prevention's (CDC) <u>Community Level</u> for COVID-19 in Lane County moved to High. Due to the elevated risk level, the UO recommends individuals wear masks indoors when around other people, per <u>CDC guidance</u>. In addition, it is recommended that you get tested if you've had a known exposure to COVID-19.

KN95 masks are available on campus to UO students and employees at <u>these locations</u>. More information about wearing and caring for KN95 masks can be found on this <u>safety</u> <u>sheet</u>.

We want to remind you of the personal preventative strategies you can take to reduce your risk of COVID-19 and the campus resources that are available:

- Be up to date on COVID-19 vaccines.
- Monitor for symptoms and stay home if sick.
- Consider wearing a mask while indoors and near others.
- Wash your hands fully and frequently.
- Get tested. <u>Free PCR testing</u> is available on campus through the UO's Monitoring and Assessment Program (MAP). <u>Free home tests</u> are available through the CDC.

The UO is continuing to provide the following COVID-19 resources:

- KN95 masks on campus for UO students and staff.
- <u>COVID-19 testing</u> for UO and Lane County community members.
- Corona Corps resources, support, and guidance for students affected by COVID-19.
- <u>Interactive isolation and testing guidance</u> for students and employees about next steps if they have symptoms, test positive, or have been exposed to COVID-19.
- <u>Support resources</u> for employees such as the Employee Assistance Program, leave options, and flexible and remote work guidance.
- For employees the <u>UO COVID-19 leave program</u> will be extended through June 30, 2023. Eligible employees will have their current balance restored on July 1 2022.

The UO continues to monitor the situation on our campus and in our community. We are working with local public health authorities to inform future decisions and policies.

Find additional information and resources on the <u>Coronavirus Resources website</u> or <u>COVID.gov</u>.

**COVID-19 Testing Summer Schedule:** As of June 21, MAP is moving from McArthur Court to <u>Chiles Hall</u> and will have a new schedule. Tests will be capped at 350/day including walk-in and symptomatic patients. Make your appointment early to ensure your appointment time and date preference. There will be a tent outside for symptomatic testers. Masks continue to be required at MAP testing sites, including in line outside.

Starting June 21, Summer Hours:

- Monday/Wednesday: 8:00 a.m.-3:30 p.m.
- Tuesday/Thursday: 10:30 a.m.-6:00 p.m.
- Friday: 8:00 a.m.-12:00 p.m.
- Symptomatic and walk-in testing ends 30 minutes prior to closing or when the daily cap is reached. Arrive as early in the day as possible.

MAP will remain open to UO students and employees and Lane County community members during the World Athletics Championships Oregon22. For more information about COVID-19 testing including how to register for a test, visit the <u>Coronavirus Resources</u> website.

**Travel and Event Testing:** Need a COVID-19 test result for travel or entry to an event? MAP is not recommended for travel or event testing as results can take 2-4 business days. Lane County Public Health provides a list of additional <u>testing sites</u> in our community. Remember to check with the testing site to make sure it meets your test needs and timeframe.

# **COVID-19 Data**

**Community Level:** Current COVID-19 Community Levels can be found on <u>COVID.gov</u> and are updated on Thursday evenings. Community levels consider a combination of metrics including new cases and hospital data.

### Reminders

**Booster Reporting:** After becoming eligible and receiving your COVID-19 booster shot, remember to update your vaccine status with the UO. To submit your booster shot information:

- Students: Log in to the <u>MyUOHealth Portal</u>. Visit the "Immunizations" tab. This is the same process used to upload your original vaccination information.
- Employees: Fill out this <u>online form</u> and upload a copy of your vaccine card. This is the same form used to verify your initial vaccine status.

Exemption process: For information on the exemption process visit the <u>student</u> or <u>employee</u> vaccination webpage.

**Prevention:** The best way to prevent illness is to avoid being exposed to the virus. The CDC outlines some general <u>precautions</u> for personal prevention.

### Resources

**UO Resources** 

- Health and Prevention
- <u>Testing</u>
- Human Resources Info
- Faculty and Instructor Info
- <u>Corona Corps</u>
- <u>Multi-day Events</u>

#### **Additional Resources**

- <u>COVID.gov</u>
- Oregon Health Authority [en Español]
- Lane County Public Health [en Español]
- Centers for Disease Control and Prevention [en Español]
- Protect yourself and others [en Español]
- Multnomah County Public Health
- Deschutes County Public Health
- Coos County Public Health

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