Parent Pride
NEWS FROM LMU-PARENT AND FAMILY PROGRAMS
November 12, 2020

STUDENT SUPPORT
You’re Not Thin, This Is Wellness Online
LMU CARES Online is your place for your student's well-being. Your student’s health and safety is our priority. Take advantage of the online options below to connect them with on-campus resources:

- Virtual Student Experience
- Virtual Psychological Services
- Virtual Academic Support Services
- Lion Family Week

These events are aimed at putting the “social” back in “social justice”, and gather students from various backgrounds to listen to different perspectives on social justice issues.

- Virtual Family Forum: Heritage Series - Ignatian Heritage
- Justice on Tap - Ignatian Heritage

STUDENT LIFE
We’ve Got Your Back: Lion Wellness Online
LMU Student Psychological Services is dedicated to supporting and enhancing the mental and physical well-being of all members of our LMU community. These teams emphasize the three pillars of wellness: academic and career success, physical health to friends and finding balance, it's all there for them. Your support is important in helping to ensure your student's well-being. From mental and physical health to friends and finding balance, LMU CARES Online provides a variety of options for your student to access resources related to their needs.

STUDENT AFFAIRS
Virtual Student Experience
Virtual Student Experience is a hub of all the information your student will need to navigate life outside the classroom. We want students to create their own Student Experience, get involved, meet new people, experience new things, learn, and grow. EXP by using the hub to stay connected, learn more, and interact with other students.

CAMPUS RECREATION
Virtual Fitness Classes
LIVE Virtual Zoom Group Fitness Classes
Does your student miss taking group fitness classes? Are they ready to start burning more calories and building more muscle? Then they should check out the LIVE Virtual Zoom Group Fitness class.

STUDENT ACADEMIC SUCCESS
Virtual Student Success
Virtual Student Success is a tool that allows students to meet with their academic advisor, schedule their classes completely online.

STUDENT WELLNESS
Parent Pride: For Continuing Families
Please Opt in to Parent Pride

STUDENT AND FAMILY PROGRAMS
Lisha Maddox, Director of Student Success
At LMU, we are committed to ensuring that your student has a successful academic experience and that you feel supported through this journey. LMU CARES Online provides a variety of resources so that you can help your student be successful at LMU. My job is to answer all the questions you have about LMU and its services. If you have any questions or concerns, please email us at 310.338.1798 or visit our Parent and Family Programs website to receive our future emails.

Please check your preferences to be sure you get the information you want.

Copyright and Privacy

LUMI.CARES@gmail.com

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