You’re Not Thin. We’re Just Different.

Loyola Marymount University (LMU) is a Jesuit university located in Southern California. It offers undergraduate and graduate programs in a wide range of fields, including business, arts, sciences, engineering, and education. LMU is known for its strong emphasis on Jesuit values, which include social justice, community service, and leadership. The university is committed to providing a diverse and inclusive environment for all students.

Please Opt-In to Parent Pride

If you’re not already receiving Parent Pride communications, please opt-in to receive updates on LMU Parent and Family Programs. To do so, visit the LMU Parent and Family Programs website or email us at parents@lmu.edu.

Student Psychological Services

LMU Student Psychological Services (SPS) offers confidential counseling and therapeutic services for students, faculty, and staff. These services are designed to help individuals address issues such as stress, anxiety, depression, and relationship problems. In addition to individual counseling, SPS also offers walk-in services, group therapy, and workshops.

Virtual Fitness Classes

Loyola Marymount University offers a variety of virtual fitness classes to help students maintain their physical health and well-being. These classes include yoga, Pilates, and cardio workouts, and are designed to be accessible to students from all backgrounds and fitness levels.

Virtual Student EXP

The Virtual Student EXP is a resource hub for students to access information and resources related to academic, social, and career success. The hub includes information on academic advising, career exploration, and student organizations. Students can also use the hub to connect with other students and faculty.

Faculty and Family Week

Faculty and Family Week is an annual event at LMU that brings together students, faculty, and family members to celebrate academic excellence and achievement. The week features a variety of events, including academic showcases, faculty panels, and family activities.

Lion Family Week

Lion Family Week is an annual event at LMU that brings together students, faculty, and family members to celebrate academic excellence and achievement. The week features a variety of events, including academic showcases, faculty panels, and family activities.

LMU CARES

LMU CARES is a website that connects students to resources and services related to mental health and well-being. The site includes information on counseling and therapy services, stress management, and support groups. Students can also use the site to find resources related to academic and career success.

Lion Online Learning Hub

The Lion Online Learning Hub is a resource hub for students to access information and resources related to online learning. The hub includes information on online course policies, academic advising, and student support services. Students can also use the hub to connect with other students and faculty.

LMU Virtual Spring Game Days

The Virtual Spring Game Days are a series of virtual events that bring together students, faculty, and family members to celebrate academic excellence and achievement. The events feature virtual games, competitions, and social events that are designed to be fun and engaging.

Virtual Fit Friday

Virtual Fit Friday is a weekly event at LMU that features virtual fitness classes and challenges for students to get involved in. The event includes a variety of virtual fitness classes, and is designed to be accessible to students from all backgrounds and fitness levels.

Sign up for our email list to receive updates on LMU Parent and Family Programs. If you have any questions or concerns, please contact the Parent and Family Programs office at 310.338.1798 or email us at parents@lmu.edu.