By: Janice DeMonsi

Interview with Janice DeMonsi

I graduated with a B.S. in Exercise Science from the University of Arizona in 1987. I went on to graduate school at the University of Hawaii and received my M.S. in Exercise Science in 1990. I then continued my education and pursued a Ph.D. in Exercise Physiology at the University of Arizona, which I completed in 1994. After graduation, I began working at Campus Recreation, where I have been employed for 23 years.

What year did you graduate?
2019

What were the positions you worked while at Campus Rec?
Lifeguard, Fitness Instructor, Swim Instructor, Program Coordinator, Wellness Director, Assistant Director of Health Promotion, Director of Health Promotion, Director of Campus Recreation

How long did you work at Campus Rec?
23 years

What part of the project did you enjoy the most?
Reading the quotes from patrons about the impact the Rec has had on their lives. I also enjoyed when people would stand up and say something about how much we helped them.

What are your favorite things to do at Campus Rec?
I loved all the lifeguards I worked with and still have a number that I stay in touch with - we have a group that goes to California for the summer when I'm there.

What are you aspiring to in the future?
I'm not sure what I want to do in the future, but I'd like to continue working in higher education and helping students.

How do you stay connected with the University of Arizona?
I'm not sure how to stay connected with the University of Arizona, but I'm sure I'll find something in the near future.

What are some great accomplishments of Campus Rec?
We have had a lot of great accomplishments, including: 2019 U of A Wildcat Hockey WCHL Champs AND Cactus Cup Champs, 2019 U of A Synchronized Swimming National Club Champions, and Club Baseball National Champions.

What are some fun activities that you enjoy when you aren't working at the Rec Center?
I enjoy reading books, watching movies, and spending time with my family.

For questions or to suggest a story idea, email: Department of Campus Recreation | The University of Arizona | 1400 E. 6th Street, Tucson, AZ 85721

Stay updated by reading the Campus Rec blog written by our Director, Troy Klabunde.