



Clinical Supervision Research Collaborative

SPANNING DISCIPLINES • BRIDGING BORDERS
BUILDING A GLOBAL COMMUNITY

CSRC Collaborator Newsletter

August 2023

Share your recent clinical supervision research publications!

Over the next few months in the CSRC newsletter, we will be featuring recent clinical supervision research studies authored by CSRC members.

CSRC members are invited to share their recent publications of empirical work for upcoming newsletters!

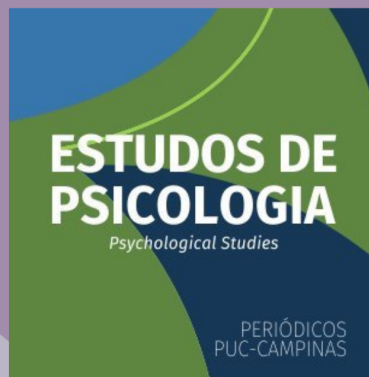
Just email a brief blurb (no more than 150 words) of the study, along with a copy of the article, to DiAnne at borders@uncg.edu. *In the blurb, please summarize the **goal and main findings** of the study and state **clear and specific implications for supervision researchers, practitioners, and/or educators**.* Finally, include the article DOI and indicate whether the full article is available to CSRC members through ResearchGate, open access, or another source.

Note. By submitting your article to share in the newsletters, you are also agreeing for your write-up to be shared on our CSRC social media accounts. English summaries of non-English research publications are welcome!

Collaborator Research Highlight

**Profile of Cognitive Behavioral Therapy Clinical Supervisors
Profile in Brazil**

Janáína Barletta, Brazil



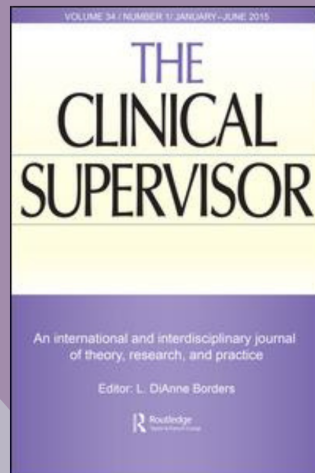
This research aimed to identify the profile of Cognitive Behavioral Therapy supervisors in Brazil and to know their training to exercise this professional activity. A nationwide online survey was conducted with 180 Cognitive Behavioral Therapy supervisors, 73.8% of whom were female, with a mean age of 40.3 years (SD = 1 0.03). Among the main results, the intense academic training, training for psychotherapeutic practice and time of clinical experience (12.6 years, SD = 7.64) and supervised experience (7.4 years, SD = 7.26) stand out. Only 27.8% of the participants indicated having received specific training for supervisors and there was a lack of indications of training resources for remote supervision. This is considered the first research to outline the profile of Cognitive Behavioral Therapy supervisors in Brazil, expanding the vision on this professional activity.

Barletta, J. B., Araújo, R. M. D., & Neufeld, C. B. (2023). Survey of cognitive behavioral therapy clinical supervisors profile in Brazil. *Estudos de Psicologia (Campinas)*, 40. <https://doi.org/10.1590/1982-0275202340e210072en>.

The article is available in [English](#) and [Portuguese](#) versions.

The Seven-Eyed Model of Supervision Practice

Aisling McMahon, Ireland



Many theoretical models have been developed to guide supervision practice (as many as 52 models identified in one review) but empirical studies of supervision models are rare. A popular model is the Seven-Eyed model (particularly in Ireland and the UK), and we carried out a six-month observational study with five supervisory dyads in an Irish, transdisciplinary youth mental health service to analyse practice through the seven lenses of this model. This study offered empirical support for the model's relevance for supervisory work, as well as elaborating and illustrating aspects of the model in practice. Some supervision dialogues were shared which contribute to our understanding of the complexity of working at the personal-professional boundary, particularly in workplace, transdisciplinary supervision involving dual roles. The Seven-Eyed model was also found to be valuable for identifying areas of supervisory work that needed development, indicating its usefulness in supervision training or metasupervision practice.

McMahon, A., Jennings, C., & O'Brien, G. (2022). A naturalistic, observational study of the Seven-Eyed model of supervision. *The Clinical Supervisor*, 41(1), 47-69. <https://doi.org/10.1080/07325223.2021.2022060>

The article is also available on [ResearchGate](#).

Stay Connected

Upcoming Events:



CSRC Graduate Student Special Interest Community Meeting

September 20, 2023 7PM-8PM (EST) via Zoom

Are you a graduate student looking to connect with other collaborators in the CSRC community? Join us for our upcoming September welcome meeting! If you are interested in attending, register [here](#). Registered CSRC members and guests will receive Zoom information prior to the meeting.

In Case You Missed It...

***The Clinical Supervisor*: Feature on Collaborations in Clinical Supervision**

A special section in the June 2023 issue of *The Clinical Supervisor* features articles on collaborations in clinical supervision, including several articles written by CSRC Members. [Check it out here!](#)

Webinars

Recordings of April and May CSRC webinars are now available on the CSRC website to view at your convenience. Learn about evidence-based practices in providing supervision (April webinar), and tips for obtaining external funding for clinical supervision research from CSRC members in three countries (May webinar). [You can watch these most recent webinars here](#), in addition to all previously recorded webinars.

Blogs

[Read blog posts](#) written by CSRC Collaborators, advisory board members, and founders. Interested in writing a blog post? Email us at info@csrcollaborative.org for guidelines.

Clinical Supervision Connection Podcast

Did you know the CSRC has a podcast focused on clinical supervision across disciplines and the globe? Catch up on [previous episodes](#) on our website.

CSRC Collaborators, feel free to share this newsletter with a clinical supervision colleague.

A Note from the Team:

Just as all Clinical Supervisory relationships have an eventual end, Megan Whitbeck's time as the CSRC Social Media Coordinator ended this August. Megan recently graduated from the Counseling and Counselor Education Doctoral Program at The University of North Carolina at Greensboro (US) and will soon begin her role as an Assistant Professor of Counseling and Human Services with the University of Scranton.

Reflecting on her time working with the CSRC, Megan shares, "I have thoroughly enjoyed engaging with the

international community of clinical supervisors across disciplines. It has been a true privilege to learn from and share the incredible work that CSRC Collaborators engage in daily. As a Clinical Supervisor myself, I have learned so much about the impact high quality supervision can have on not only our clinicians, but the people and communities our helpers serve. Thank you for commenting, liking, sharing, and celebrating the global supervision community, and stay tuned for more wonderful supervision content!”

As one chapter closes, a new one begins. The CSRC is excited to welcome Katherine Medlin, a Clinical Mental Health Counseling Master’s student at the University of North Carolina at Greensboro (US), who is the incoming CSRC Social Media Coordinator. Katherine shares, “I am very excited to be a part of this expansive, international community of clinical supervisors. I look forward to learning from the work of all the CSRC Collaborators that make this community special! ”

We hope that you continue to follow our social media pages to learn about upcoming events, see what our Collaborators are up to, and resources available to members!

Did a Collaborator send this newsletter to you? You can join the CSRC for free at our website.

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