Dear graduate students,

Congratulations on reaching the halfway point of Fall term! Scour our online resources and opportunities to support your efforts.

Graduate Research Forum Prep
Take advantage of practical and informational sessions leading up to the Graduate Research Forum. Happening on Nov 15.

3MT Intro Workshop
Where: Online. When: Fri, Oct 14 from 10:00-11:30 AM.

3MT Practice Sessions
When: Pick a session: Thursday, Dec. 1, 8 & 15 from 5:00-24:00 PM. Location: Online. How: Join the online Career Center register.

Practice your 3MT presentation on front of an encouraging audience and/or members of the UO's 3MT Editorial/Leadership Team. You can choose to present either in person or virtually. Feel free to R.S.V.P. to 3MT feedback.

Poster Advice
Read power tips from past winners or Enquiry.

Additional Resources
Want more info about the Graduate Research Forum? Here to access additional updates.

Events
gradCONNECT Film Festival
Where: Online. When: Fri, Dec 2 from 5-7 PM. How: Enroll in gradCONNECT. What: Watch short audiovisual creations by UO students, see the filmmakers’ questions and enjoy movies and conversation with peers in a relaxed and welcoming environment.

Grad Cover Letter Writing
When: Weds, TBA 11-12 PM; where: Remote. How: Write a cover letter that’s clear, informative and engaging. Learn how to make your Cover Letters clear, informative and engaging.

SGT Graduate Student Writing Group
Where: Online. When: Fri, Oct 28 - Dec. 9 from 10:30 - 12:30 PM. How: Graduate School of Technology (SGT) writing circle of peers facilitated by Sabrina Sherman, PhD candidate in English Writing Studies.

Individual Coaching for Students in Their Last Year of Dissertation
When: Weds, Thurs, and Fri 11-3 or Th, F 3-7 (please exclude next-day follow-up). How: One-on-one writing sessions for students in their last year of dissertation. To schedule, email Alexa at aweinst6@uoregon.edu

Wellness Q&A
Join the Graduate Student Lounge in Susan Campbell Hall; circle of peers facilitated by Sabrina Sherman, PhD candidate in English Writing Studies.

Grad Writing Circles
Are you looking for ways to connect with peers in a relaxed and welcoming environment? You can choose therapists that match training and how to use your insurance. They also have insurance help team. This team is comprised of staff who are waiting to advertise their services. You can choose therapists that match training preferences, experience, and how you’d like to work with them.

Do you need help with your mental health? There are many options available to you:

Option 1: Call University Counseling Services: 541-346-3227. They may contact the GTFF health insurance support staff for assistance.

Option 2: Call your insurance provider (number on back of insurance card) and ask for a list of providers in your area.

Visit the UO's Osher Center for Health and Wellness Services.

Learn more about the Graduate Research Forum. Here to access additional updates.

Grad Student Spotlight
Michelle Mendoza
Michelle is a 3rd year PhD in Counseling Psychology. She works closely with her faculty advisor, Dr. Chronister, on research focusing on intimate partner violence in Filipino American communities. Michelle and Dr. Chronister recently published in the 3rd Edition American Journal of Community Psychology, a top-tier journal that is highly esteemed in their field. Their research explores the psychological factors that contribute to partner violence in Filipino American communities.

To learn more about Michelle Mendoza and the important work she is doing, be sure to check out her profile. To learn more about her research and the impact it is having on the lives of Filipino American communities, visit her website. You can also follow her on Instagram to stay up to date on all professional developments and important news on her work.

Michelle Mendoza

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