



Check out our new "Know The Signs" ads (with a twist)

Our new ads are designed to show examples of some often-unnoticed forms of relationship abuse: controlling money, invading privacy, constant criticism, and breaking stuff. **Our ads speak directly to people who are using abusive behaviors**, who may recognize their own actions in the scenarios provided - to encourage these individuals to self-reflect and reach out for help if they think they might be using abusive behaviors in their relationship(s).



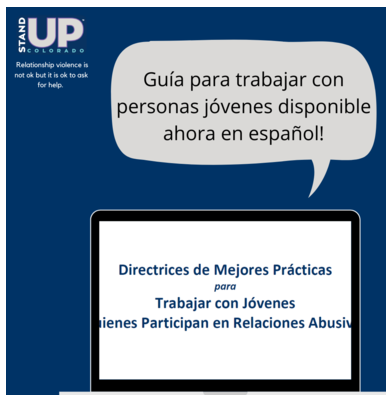
Please watch and share!

The concept and storyline of these ads were developed by Stand Up Colorado staff. The animation was created by a Colorado resident doing community service as part of their sentence for a domestic violence related offense. We share this as part of our ongoing efforts to create a society that no longer tolerates relationship violence and views behavior change as both possible and necessary.



"Happiest Season" Review

Last month our staff discussed the 2020 Hulu movie "Happiest Season." In our review we talk about accountability, the shortcomings of movie magic, and how romcoms need to stop saying that pushing boundaries equals "romance."



Guía de Mejores Prácticas

Colaboramos con una variedad de organizaciones comunitarias, agencias estatales e individuos para desarrollar las directrices de mejores prácticas para profesionales que trabajan con jóvenes que utilizan comportamientos abusivos en sus



On Breaking Up

Would your partner be afraid to break up with you? If so, this could be a sign that you're using abusive behaviors. Making your partner afraid in order to make them stay with you isn't ok, but it is ok to ask for help to change your behaviors.

relaciones. Y ahora, tenemos [la](#)
[guía en español!](#)

Follow [our Instagram page](#) to learn
more about healthy relationships.

Donate

Relationship violence is not ok. It is ok to ask for help.
Stand Up Colorado is a project of Violence Free Colorado.

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