

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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A couple of weeks ago, when we planned this newsletter, we weren't yet overly concerned about coronavirus in

the U.S., "community spread," and runs on hand sanitizer. I'm nothing if not prepared, so I filled the larder this weekend and spent more at the grocery store than I have since Hurricane Sandy. A handful of shoppers and I picked over a basket of travel-sized Purell, all that remained in the store (and apparently in town, as one woman had already scoped out Stop & Shop and Walmart). So it seems a bit of a disconnect to be sharing our annual round-up of swimwear and sandals. But we must go about our business, and this happens to be ours. We are planning a vacation in April but waiting it out for the moment, but that copper number below has my name on it. I'll be all set for summer, and hopefully, by that time, this nightmare will be over.

Love, Erica

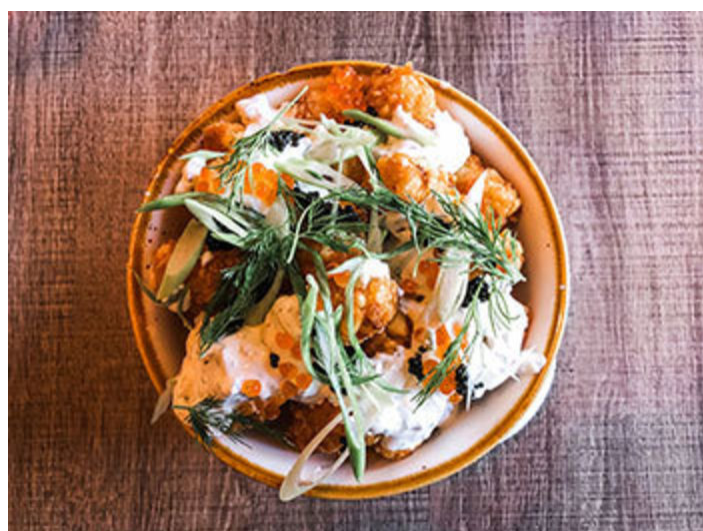


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p.s. An intelligent piece about preparation is linked below.



Brunch at Tavern on State, New Haven

I pulled a sly trick on my husband last week. He's not a fan of brunch, but I am, so I made a reservation at Tavern on State in New Haven for 2pm. I figured I could almost pass it off as dinner. And guess what? It worked...

[See More Pix](#)



A Round-Up of The Best White Sandals



White sandals are looking fresh for spring, even in some retro styles! And, of course, they go with everything.

[See Our Picks](#)

Ella
WHERE SHE SHOPS

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1 MAIN STREET CHESTER

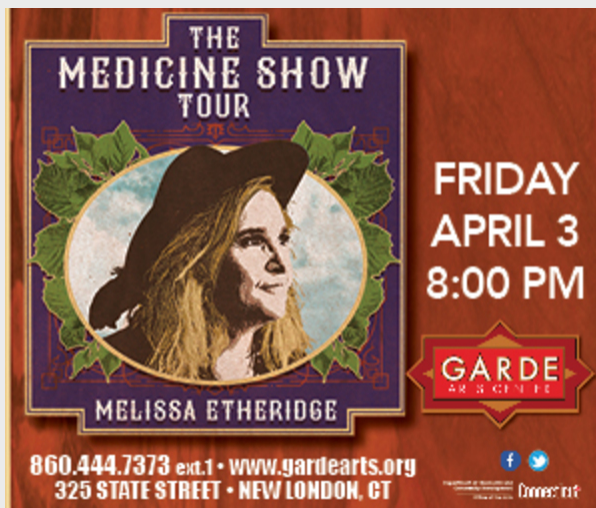


The Best One-Piece Swimsuits



This year's subtle deep colors (which look lovely without a tan), plus ever-popular snakeskin and animal prints might get me out of my basic black bathing suit bubble.

See the Suits!



Sponsored Story



Happy Birthday, Beethoven!

Put on your party hats! This year marks the 250th anniversary of the birth of Ludwig van Beethoven. To celebrate this important milestone, Musical Masterworks is presenting the complete cycle of Beethoven's String Quartets over two extended weekends in March and May, performed by the amazing Ehnes Quartet.

Encompassing a total of 18 different pieces, this body of work is considered to be one of the most pivotal and profound artistic achievements in the history of mankind. Beethoven's String Quartets represent the arc of an extraordinary life and of a groundbreaking compositional career.

The cycle, performed in six concerts, will be a powerful and monumental journey for audience members and performers alike, as Beethoven's masterpieces spring vividly to life in the intimate and acoustically exquisite First Congregational Church of Old Lyme.

General Concert Admission: \$40 | Student: \$5 | Beethoven Subscriptions available.

March 13, 14 & 15 | May 1, 2 & 3

Fridays at 7pm | Saturdays at 5pm | Sundays at 3pm

From The E List Events Calendar

Mystic Restaurant Week, thru 3/8

Hurry to Mystic to take advantage of daily specials, happy hour bites, cocktails, prix fixe menus and more. [Read more...](#)

Guilford Restaurant Week, 3/5 - 3/11

Join the restaurants in Guilford for an entire week of culinary bliss with a wide variety of cuisine, prix fixe menus, and special offers. [Read more...](#)

Liquid Art Cocktail + Gallery Party at Guilford Art Center, 3/6

Boost your spirits with a fun, festive and delicious art-filled evening, featuring live jazz, food, a silent auction & local libations from some of Connecticut's newest breweries and distilleries. [Read more...](#)

Big Hair & Big Air Ski & Snowboard Competition at Powder Ridge, 3/14

Raid your closet, dress up in your best retro garb, then take your big hair and get some air on the slopes. Prizes for the best costumes. [Read more...](#)

Oyster Club's 9th Annual Pig & Oyster Dinner, 3/15

Join Oyster Club in downtown Mystic for one of their most celebrated dinners of the year. [Read more...](#)

Niantic/East Lyme Restaurant Week 2020, 3/9 - 3/16

You're invited to explore the local cuisine with deals and special menus for every palate. [Read more...](#)

Looking for more to do? Find art shows, yoga classes, local theater, and more on The E List events calendar:

[Browse the Calendar](#)

p.s. from Erica

[A thoughtful article from Scientific American: Preparing for Coronavirus](#)

SPRING REOPENING!

We are so excited to show you our Spring collections! We will be re-opening our Chester shop on March 13th with fresh new arrivals from Avenue Montaigne, Hartford, Xirena, Minnie Rose, Natalie Martin, ATM, Jumper, and much more!



[Shop Online!](#)



In case you missed it:

A French bistro in East Hampton, a co-working space in Chester, and a nautically inspired lifestyle shop in Essex on last week's list.

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