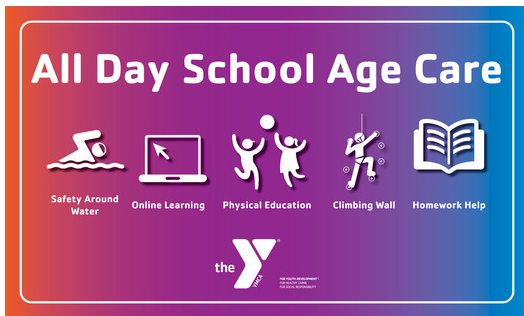




Member Updates

We are so grateful for YOU! Thanks for being a Y member and riding this roller-coaster of a year with us. We appreciate it tremendously. We're continuing to add additional programs and continue our stringent cleaning and sanitizing procedures. See below for what's happening at your Y this month.



All Day Childcare

Don't panic about child care during the day while school is in a virtual format. Bring your kids to the Y for a structured, safe, enriching day. There will be designated homework time, physical activity, and supervised online learning. We've been providing child care for decades--let us take care of your family! We also have preschool and after school options.

[Register Now](#)

More in-person classes!

Active Older Adults can now do in-person classes three times a week! Participate in SilverSneakers Classic Mondays, Tuesdays, and Thursdays at 10 a.m. Zoom option still available five days a week.

We also added Wednesday mornings for pickleball. 9:30-11:30 MWF.





Fall Sports!

Soccer, flag football, and volleyball all OUTSIDE at Leah Gonzales Fields. Bring some normalcy back into your kids' lives. Let them learn new skills and meet teammates that turn into friends. The season starts after Labor Day. Play on!

[Sign up](#)

Escape 5k Trail Run

The mountains are calling! Escape to YMCA Camp Jackson for a 3-mile trail run/hike, filled with twists, turns, and over 1,000 feet in elevation gain! Bring your friends and family along to get the ultimate tour of Camp Jackson. After the run enjoy post-race yoga creekside, under the pavilion (included with race registration). Prizes will be available for overall 1st and 2nd place, for male and female.



*COVID restrictions and precautions will be in place for this race including, but not

limited to: wearing a mask before and after the race and social distancing at all times. If you are experiencing any COVID symptoms prior to the race,

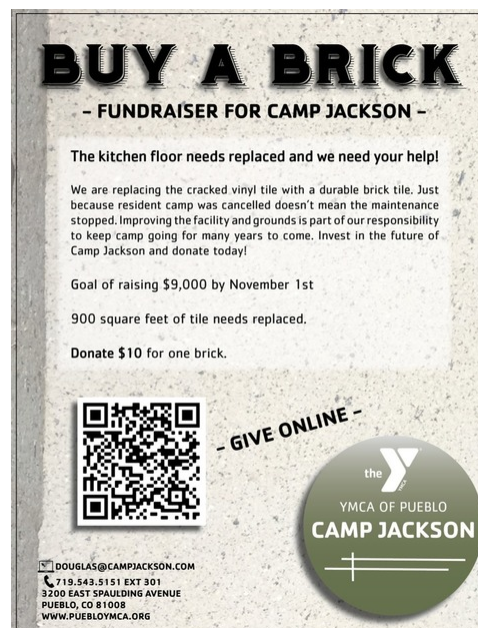
please refrain from participating in the Escape Trail Run. Refunds will be issued only if race is cancelled for any reason.

[Register](#)

Camp Jackson needs help

Hundreds of kids did not get to experience the magical wonder of a week in the mountains at camp this summer. We had to be one of many that delivered disappointing news. We never want to have to do that again. Even though we didn't host resident camp this year the maintenance doesn't stop. The tile in the kitchen is falling apart and needs to be replaced. For \$10 you can 'buy a brick' to help us restore the kitchen floor. Your support relieves some of the uncertainty of holding camp in the future.

[Donate Now](#)



Friendly Reminders:

Face Covering Extended through 9/15/20

- Governor Polis' State Executive Order requires face coverings. We are working with the local Public Health Department to adjust to the most recent mandate.
- To read the full Executive Order, click [here](#).

Hours

- Monday-Friday 5 a.m.-1 p.m. and 4-7 p.m.
- Saturday 7 a.m. to 12 p.m.
- Sunday Closed

Reservations for Group Exercise Only

- We have limited space to ensure social distancing [\[Make Reservation\]](#)
- Check out the schedule [here](#).

General

- Sign the [updated waiver online](#). You only have to do this the first time you come back in.
- Bring your own water bottle, towel, basketball, volleyball and/or yoga mat
- Please stay home if you are feeling unwell
- Respect social distancing rules
- Wipe down equipment before and after use. Please use our labeled hampers to discard dirty rags.

We appreciate your cooperation. ☐

Our policies are subject to change if we see a need to reintroduce or adjust any of the rules. Safety is our number one priority and the rules we have in place are for your safety and as well as ours.

Thank you for your enthusiasm and patience throughout these phases! For the full list of new rules go to <https://puebloymca.org/welcome-back>

Membership Questions

To update or change your membership status please email membership@puebloymca.org



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