

the e list

An Excruciatingly Opinionated Guide to the Connecticut Shoreline

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I've got seventeen around my table for Thanksgiving and I'm feeling (weirdly) calm.

Maybe it was the

chair massage I treated myself to (see below), or the fact that my daughter is already home for the holiday and that makes everything in the world A-OK. Or it could be we've finally got it down to a science. Divide and conquer: my husband does the turkey, stuffing, and ridiculously delicious gravy, and I make all the sides. And it's also because I know family and good friends don't care if I ironed the tablecloth or polished the silver (I didn't). We're just happy to be together on my favorite holiday of the year and we are thankful for that.

Enjoy this list of holiday things to do, plus our annual round-up of the best Black Friday/Small Biz Saturday local deals.

Happy Thanksgiving,
Erica



ICE CARVING COMPETITION & A CAPPELLA CONCERT

DECEMBER 7, 12-4PM

The Shops at Yale.com

Details [➔](#)

Book your appointment
now to be ready for the

holidays!

Refine
BY FARRELL
Suzanne Arcuni Farrell, APRN

mommy & me yoga
WITH TRACEE DOLAN

4 WEEK SERIES
STARTING
NOVEMBER 27TH

Wednesdays 11:30-12:15
Call to book! 203-421-2761
757 Boston Post Rd., Madison, Ct
\$75 for Series of 4 classes
priveswissfitness.com

Privé
Swiss Fitness

LOCAL DEALS FOR
BLACK FRIDAY &
SMALL BIZ SATURDAY

Black Friday & Small Biz Saturday Deals

No need to shop at the mall this weekend! We've gathered local Shoreline shops and services (grouped by town) that are offering wonderful deals for Black Friday & Small Biz Saturday. Print our list and head out to your town or discover another!

Get All the Deals!



Things To Do for the Holidays

Here's our relatively exhaustive list of pop-up boutiques, holiday events, concerts, teas, tree-lightings, strolls, and shops that do it up for the season.

THINGS TO DO FOR THE HOLIDAYS



[Read the List](#)

We think
writers can be
athletes, artists
can be scientists,
and mathematicians
can be actors.

Tour Dates:
December 11

Hopkins
SCHOOL

Events by The Marketplace



THE MARKETPLACE
AT GUILFORD FOOD CENTER
catering@themarketplaceguilford.com (203) 689-5414



Twenty Minute Stress Solution

I've found the answer! Like so many of us who hunch over a computer all day, I hold my tension in my back, shoulders, and neck. And even though I believe in "self-care" (though slightly horrified by the term), I don't get much chance to practice it! Last week, though, I was doubled over...

[Find the Solution](#)



Early Access 25% Off Sale for E List Subscribers!



Stop in today, 11/26/19 through Sunday 12/1/19 and take 25% off ALL CLOTHING, JEWELRY AND SCARVES* in the shop AND an extra 10% off previous markdowns.

**Not included in the sale are Billie Beads, all loungewear & nightwear, bags, hats, and gift items: perfumes, soaps, candles & diffusers.*

Whether you're on the hunt for a festive frock, party pants or a dressy blouse to pair with jeans, we've got lots of new goodies in store to see you through the holiday season, and plenty of fun gifts, too!

[See What's in the Shop Here](#)

Store hours:

Monday - Friday 11 - 6
(closed Thanksgiving Day)

Saturday 10 - 6

Sunday 11 - 4

email us: shop@theelist.com

call us: 860.322.3388

[Shop Online!](#)

Sponsored Story



The Butler's Closet

Did you know? Plastic dry-cleaning bags and dust particles can permanently damage that favorite party dress! You've invested plenty in your wardrobe and fine furnishings. And with proper care, they can last a lifetime. The Butler's Closet is here to help. Thoughtfully designed (with the help of museum conservators) garment bags,

shoe bags, shoe shapers, clothes brushes, and furniture covers provide museum-quality preservation for your cherished possessions. The fabrics are 100%

cotton—free of harmful chemicals with no dye, bleach or sizing. Buy better, buy less, and take great care of your lovely things.

[Browse The Butler's Closet](#)



From The E List Events Calendar

Pre-Loved Fine Jewelry Sale at 21C in Madison, 11/30

Head to Madison for fine jewelry from Tiffany, Roberto Coin, Ippolita, and more at 50% off retail on Shop Small Saturday. [Read more...](#)

Friday Fun Night at The Williams School, 12/6

Take a campus tour with Student Ambassadors, learn about student experiences from a panel discussion, and take mini-classes with the Faculty during this complimentary evening. [Read more...](#)

SHOP & STROLL at the 15th Biennial Holiday House Tour in Historic Essex, 12/7

Get in the holiday spirit on this self-guided walking tour of 6 historic Essex homes, decorated for the season. Peruse the Holiday Boutique for handmade crafts and enjoy refreshments at Santa's Café. [Read more...](#)

WILD: Cider & Game Dinner at Stone Acres Farm, 12/8

Feast on game and cider under a canvas tent in the winter wild at this intimate supper, limited to thirty guests at Stone Acres. [Read more...](#)

Come Warm Up at Liv's Oyster Bar with New Weekday Line Up, thru 12/22

Celebrate the holidays with the New Line Up at Liv's Oyster Bar. Sushi Night on Tuesdays, Oyster Night on Wednesdays, and Mussel night on Thursdays. [Read more...](#)

Holidays at Dina Varano Gallery in Chester, thru 12/31

Gift someone you love a one-of-kind piece this year, designed by Dina made from gold, gemstones, pearls or sterling silver. [Read more...](#)

Looking for more to do? Find holiday concerts, pub crawls, shopping events, and more on The E List events calendar:

[Browse the Calendar](#)

p.s. from Erica

Girls' Night Out in Guilford



Join us for our Girls' Night Out in Guilford on Thursday, December 12th from 5 – 9 pm! Meet The E List team between 5 pm and 6:30 at The Marketplace at Guilford Food Center for wine and beer specials and free hors-d'oeuvres, and to pick up your E List sticker to qualify for discounts.

Then head out to the shops along The Green and take 20% off almost

everything (some exclusions apply) at participating boutiques.

[See Participating Shops & Details](#)

Still looking for recipes?

[Get some of CT's best chefs' favorites here.](#)

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