



# Tufts

# UNIVERSITY CHAPLAINCY

E-NEWS 11.23.22



## A Reflection from your University Chaplain

Dear University Chaplaincy friends,

Today, classes pause and the University holiday soon begins. I hope these days bring you time for reflection and connection in the ways you yearn for most. For me, that will mean long walks with my family and ridiculously adorable Labrador. It will mean turning the yellowed pages of my grandmother's pie cookbook, long stained by the butter and flour of seventy years of crust-making sessions from southern Illinois to Somerville. It will mean resting in gratitude for the community that together we get to share and sustain, repair and renew.

It will also include excited anticipation for Giving Tuesday, which takes place on November 29. For several years, the University Chaplaincy has participated in Tufts' Day of Giving to celebrate--and seek ongoing support for--our impactful programs and vibrant communities of practice, spirituality, and belonging. This Giving Tuesday, we are especially welcoming support for CAFE, our award-winning Pre-Orientation Program. I am delighted to share our new video about CAFE above, to introduce more about this special program.

While a portion of the funding for this program comes from Pre-Orientation registration fees, most of the costs are covered by the University Chaplaincy budget. Please join us on Giving Tuesday with a special donation to CAFE!

With gratitude,  
Elyse Nelson Winger  
University Chaplain

## Upcoming Signature Programs



### **Pax et Lux: A Multifaith Winter Celebration**

Thursday, December 8, 7:00 p.m. at Goddard Chapel

Join the University Chaplaincy and the Interfaith Ambassadors for this evening of warm celebration uplifting the themes of peace and light. It will be a night of singing, dancing, and story-telling featuring WuZee, Tufts Choir Singers, Chamber Orchestra, chaplains and student speakers, and more. A reception of warm drinks and treats will follow on the Goddard Chapel steps. We welcome you to join us! No RSVP necessary. Please email program manager [Nora Bond](#) with any questions or accessibility needs.

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## Religious and Philosophical Programs

# Film screening and Dinner conversation

FRIDAY, DECEMBER 2 5:30-7PM

ALUMNI LOUNGE



## IN CELEBRATION OF BLACK CATHOLIC HISTORY MONTH



University Chaplaincy  
Catholic Chaplaincy



### **Screening and Dinner Conversation: Going Home Like A Shooting Star**

Friday, December 2, 5:30 p.m., Alumnae Hall

Join us for our celebration of the life, work and ministry of Sr. Thea Bowman. Sr. Bowman, who died in 1990, is currently being considered for sainthood in the Catholic Church, and the film tells her story. The Catholic Chaplaincy and the Africana Center are thrilled to be able to screen this much anticipated documentary, which just came out last month. The film (56 minutes) will be accompanied by dinner and small group conversation. All are welcome and as always, come as you are.

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**Resources, Scholarships, and Opportunities**



# TUFTS FOOD RESOURCES

## Need Help with Meals?

Learn about:

- Swipe It Forward
- Free Food e-list
- Support During Academic Breaks
- Food Emergency Fund for International Students
- Graduate Student Meal Tickets
- Recipes
- and Much More



Information:

**VISIT**

**[HTTPS://GO.TUFTS.EDU/MEALS](https://go.tufts.edu/meals)**

### Resources for Finding Meals at Tufts

If you are a Tufts student needing aid with food security, please [find more on the Student Life website about resources for ensuring your access to food](#). You can also find more information about the Food Solutions Coalition, which is a group of students, faculty, and staff who are actively working to improve food access for students. You are welcome to reach out to any member of the coalition with suggestions, questions, and ideas (find their contact information on the page linked above).

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## Upcoming Religious Celebrations and Observances

These events are drawn from the multifaith calendar maintained by the Office of Religious and Spiritual Life at Harvard Divinity School. To see more upcoming religious holidays and festivals, please follow the link to the [Harvard Divinity School calendar](#).

### Martyrdom of Guru Tegh Bahadur Ji

Thu., Nov. 24, 2022

Tradition: Sikhism

